



Diamond Bar RECREATION Guide

SUMMER

COVID-19 Important Notice

As of the printing of this guide, the City is closely monitoring the active public health threat posed by the novel coronavirus (COVID-19) and following social distancing guidelines from the CDC and L.A. County Department of Public Health to help slow the spread of this virus. As a result, some of the meetings, events, programs or activities listed in this guide may be affected – either canceled, rescheduled or modified. For the most up-to-date information on temporary changes to City operations and programs due to COVID-19, visit www.diamondbarca.gov/covid19 or call City Hall at (909) 839-7000.

Events, Programs & Activities, Summer 2020

Also inside, the April 2020 Connection Newsletter

SPECIAL EVENTS

Concerts in the Park

Wednesdays, June 17 – August 5 • 6:30–8 p.m.

Sycamore Canyon Park • 22930 Golden Springs Road

In addition to live musical performances, each concert features children activities, information booths, and giveaways. Bring your own picnic dinner and non-alcoholic beverages or purchase food and snacks from the onsite food vendor or truck.



Diamond Bar Night Out

Intended to strengthen neighborhood spirit and increase crime prevention awareness, Diamond Bar Night Out is a great opportunity to meet and talk with local public safety personnel, check out a display of various first responder vehicles, equipment and apparatus, and obtain free KidPrint fingerprinting ID cards.

Patriotic Concert

Wednesday, July 1 • 6-8:30 p.m.

Sycamore Canyon Park
22930 Golden Springs Road

To celebrate Independence Day, the City is hosting a special concert. Live entertainment will begin with The Darden Sisters followed by the LASD band who will perform patriotic show. Festivities will also include children's games and crafts, face painting, crazy hair styling, strolling historical figures, and information booths with giveaways.

Performance Date	Band Name	Music Style
June 17	Bumptown	Disco, Old School
June 24	Kelly Boyz	Country, Rock, Pop
July 1	Dardan Sisters & LASD Band	Patriotic Music
July 8	The U2 Experience	U2 Tribute
July 15	Stone Soul	Motown
July 22	Upstream	Caribbean
July 29	'80s All Stars	'80s Hits
August 5	Cold Duck Diamond Bar Night Out	R&B / Variety



The fun continues at sundown, immediately following each concert, with a family-friendly "PG" rated movie.

Movies "Under the Stars"

Wednesdays, June 17 – August 5 (no movie July 1)
Sycamore Canyon Park
22930 Golden Springs Road

Date	Title
June 17	Frozen 2
June 24	Pets 2
July 8	Mighty Ducks
July 15	Angry Birds 2
July 22	Addams Family (2019)
July 29	Ugly Dolls
August 5	Toy Story 4

THINGS TO NOTE:

Continuous and complimentary shuttle service to event site from parking areas will be available beginning an hour prior to the start and until the end of these events. Refer to posted signs for designated parking areas.

For the safety and comfort of event-goers and pets alike, no pets of any kind are permitted at City special events unless otherwise indicated. Registered service animals are exempt from this policy. MORE INFO: Call (909) 839-7070 or visit www.DiamondBarCa.gov/specialevents.



City Council Meetings

April 7 and 21, starting at 6:30 p.m.
AQMD Auditorium, 21810 Copley Drive

City Heritage Exhibit

April 17, 12-4p.m.(preview)
April 18, 10 a.m.-3 p.m.
City Hall, 21810 Copley Drive

Presentation on City Finances

April 23, 6:30-7:30 p.m.
City Hall, 21810 Copley Drive

Planning Commission Meeting

April 14 and 28, starting at 6:30 p.m.
City Hall, 21810 Copley Drive

Wildfire Preparedness Presentation

April 28, 6:30-7:30 p.m.
Diamond Bar Center, 1600 Grand Avenue

State of the City Address

April 29, starting at 6 p.m.
Diamond Bar Center, 1600 Grand Avenue

Street Sweeping

April 1-3, 13-17 and 27-30

More Info: diamondbarca.gov/calendar

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Sheriff's Station Launches New Wellness Check Program



The Walnut/Diamond Bar Sheriff's Station is launching a new program that will expand the role of its Volunteers on Patrol (VOPs) to include wellness checks on the community's older residents and those with disabilities.

Caring About Neighbors (CAN) as the program is called involves VOPs making regular phone calls and monthly visits to seniors and individuals with disabilities, particularly those who live alone, to assure their physical, mental and social well-being.

Participation requires completion of a form that can be obtained by visiting the Walnut/Diamond Bar Sheriff's Station at 21695 E. Valley Boulevard in Walnut or calling (909) 595-2264.

Community Presentation on City Finances

The current state of City finances and its long-term fiscal outlook will be the topic of an important community presentation the City is planning to hold in May, June and July.

Among other things, this presentation will cover how public funds are distributed to pay for the various city operations, services and projects, and why separate in-depth analyses by both the City and the California State Auditor indicate fiscal challenges lie ahead for Diamond Bar. A question-and-answer session will follow the presentation.

To give community members more opportunities to attend, City staff will repeat the presentation on the following dates and times:

Saturday, May 16, 9:30-10:30 a.m.

Thursday, June 25, 6:30-7:30 p.m.

Saturday, July 25, 9:30-10:30 a.m.

All presentations are open to the public and will take place in the Windmill Community Room inside City Hall, located at 21810 Copley Drive. For more information, call (909) 839-7000 or visit www.diamondbarca.gov/localmeasure.

Information Regarding City Operations and Services During COVID-19 Outbreak

A number of City services are available online or by phone

As of the printing of this publication, the City is continuously monitoring the COVID-19 outbreak and complying with the guidelines set by federal and state health officials to minimize the spread of this novel coronavirus in the community. To this end, the following modifications to City operations are in place:

■ General Services / Inquiries

All City facilities are closed to the public, and therefore all services requiring in-person visits are temporarily suspended or available electronically via the City website. Most City staff, however, is working remotely and available to provide services and answer questions by phone and email.

City Hall (909) 839-7000

Diamond Bar Center and Heritage Park (909) 839-7070

■ Community Development

A number of permits required for residential or commercial construction projects can be processed or started via an online or electronic form available on the City website. Code enforcement issues can also be reported online.

Neighborhood Improvement (909) 839-7030

Building and Safety (909) 839-7020

Planning Projects (909) 839-7030 / planning@diamondbarca.gov

Code Enforcement Issues diamondbarca.gov/report

■ Public Works

Essential road, traffic signal and sidewalk maintenance will continue to be provided to ensure the safe and efficient movement of pedestrian and vehicular traffic. Road or traffic-related issues such as malfunctioning traffic signals, potholes, and uneven sidewalks can be reported by phone or online.

Engineering (909) 839-7040

Maintenance (909) 839-7060 / diamondbarca.gov/report

■ Transportation Services

Residents with disabilities and those 60 and older can apply online for Diamond Ride, the City's subsidized transportation program, to help with local shopping and medical trips. Residents who travel using Metrolink or Foothill Transit can apply online to get a 20 percent subsidy on transit passes.

Diamond Ride (909) 839-7050

Transit Pass Sales (909) 839-7050

■ Parks and Recreation

All City events and recreation classes planned for the remainder of April will be canceled or rescheduled to a future date. Playgrounds, sports courts, the skate park in Peterson Park, and the dog park at Pantera Park are closed, however, open areas, parks trails, and outdoor restrooms are open, and their maintenance and upkeep will continue.

Parks and Trails Maintenance (909) 839-7060 / diamondbarca.gov/report

For the latest information on how COVID-19 is affecting City operations, visit the City website or follow the City on social media.

www.DiamondBarCA.gov/covid19

facebook.com/CityofDiamondBarCA

twitter.com/DiamondBarCity

instagram.com/cityofdiamondbar

Reminder to Complete Census Questionnaire



The U.S. Census Bureau's decennial effort to count every individual living in the country is officially underway.

If you have not completed a Census questionnaire for your household, you should do so before the end of the month. After April 30, the Census Bureau will begin contacting all households who have not responded.

If you did not receive, or misplaced, the letter that arrived in the mail last month with instructions and a unique identification code, you can still complete the Census questionnaire by calling (800) 923-8282 or visiting <https://2020census.gov> and using your street address as identification.

State of the City Address 2020

Join neighbors, elected officials and City staff at this year's State of the City Address taking place Wednesday, April 29 at the Diamond Bar Center, located at 1600 Grand Avenue.

The Address will be delivered by Mayor Steve Tye and provide an overview of recent accomplishments, current challenges, and projects underway or in the planning stages.

Admission is free and open to the public. Doors open at 6 p.m. for light refreshments, and the presentation begins promptly at 6:30 p.m. For more information, contact the City's Public Information Division at (909) 839-7055 or info@diamondbarca.gov.

Wildfire Preparedness Presentation

Community members are encouraged to attend a presentation on Tuesday, April 28 from 6:30 to 7:30 p.m. at the Diamond Bar Center to learn about the threat wildfires pose to Diamond Bar, how to protect properties from drifting embers and encroaching fire, and what to plan for and expect during an evacuation.

Following the presentation, City staff and personnel from Los Angeles County fire and sheriff's departments will be available for one-on-one conversations.

This is the first of three public-safety related presentations the City is hosting this year as part of its Let's Talk Public Safety program. For more information, visit www.diamondbarca.gov/ltps or call City Hall at (909) 839-7000.

School Readiness!

A fun stimulating program for three, four, and five-year olds designed to prepare children socially and academically to succeed in kindergarten. Through this structured recreation-based program your child will learn about sharing and following directions, as well as kindergarten readiness skills such as using a pencil, learning letters, numbers and counting, and recognizing colors and shapes. Classes are ongoing with every session offering new lessons.

Summer Session “Outdoor Explorers”

Registration is ongoing until class capacity is reached.

3-4 Year Old Class:

Participants learn to separate from their parents and improve social growth and self-esteem. Special care is taken to introduce them to sharing and cooperative play and to experience the joy of music, art projects, and group activities. In addition to socialization skills, the children are introduced to early learning such as numbers, letters, colors, shapes, and patterns.

Days: Tuesday & Thursday
Time: 9 am to 12:30 pm
Cost: Res \$385 / NR \$390
AC: 2721-1

Registration Dates:

Monday, April 20 - Diamond Bar residents • Monday, May 4 - Open registration
Space is limited, so register early! Registration will be taken on a first-come, first serve basis.

Session Dates: Monday, June 1 to Friday, August 14
No Class: Friday, July 3
11-Week Session
Heritage Park, 2900 S. Brea Canyon Rd

4-5 Year Old Class:

Participants grow and learn together and improve social growth and self-esteem. In addition to motor skills and social development. This program places emphasis on Kindergarten preparedness by teaching them letter recognition, beginning math concepts, and calendar skills. Learning is accomplished through music, exercise, stories, games, community awareness, and art projects.

Days: Monday, Wednesday, & Friday
Time: 9 am to 12:30 pm
Cost: Res \$560 / NR \$565
AC: 2722-1

Fall Session

“Harvest Time”

Registration is ongoing until class capacity is reached.

3-4 Year Old Class:

Days: Tuesday and Thursday
Time: 9 am to 12:30 pm
Cost: Res \$385 NR \$390
AC: 3726-1

Registration Dates:

Monday, July 6 - Diamond Bar residents
Monday, July 20 - Open registration
Space is limited, so register early! Registration will be taken on a first-come, first serve basis.

4-5 Year Old Class:

Days: Monday, Wednesday, and Friday
Time: 9 am to 12:30 pm
Cost: Res \$560 NR \$565
AC: 3727-1

Session Dates: Monday, August 24 to Friday, November 6
No Class: Monday, September 7
11-Week Session
Heritage Park, 2900 S. Brea Canyon Rd

Save the Date! Holiday Mini Session

The Mini Session will begin on Monday, November 9 – December 18, 2020
No class Thanksgiving week, November 23-27

Registration Dates:
Monday, July 6 -
Diamond Bar residents
Monday, July 20 -
Open registration

Two Ways to Register:

ONLINE: www.diamondbarca.gov/recregistration
IN PERSON: Diamond Bar Center, 1600 Grand Ave

Registration Information:

Payment in full due at the time of registration. Age requirement must be met by first day of class. Visit www.diamondbarca.gov/recregistration or call (909) 839-7070 for more information.

Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

Kidz Love Soccer Weather Hotline: 888.372.5803

PARENT & ME SOCCER

Parents and their toddlers will hit the field to enjoy the world's most popular game and a variety of age-appropriate activities aimed at developing young participants' socialization and large motor skills. Jersey included.

Instructor Kidz Love Soccer

Location Heritage Park, Field

Wks 5 **Res** \$101 **NR** \$106

Age 2-3½

AC 2001-1 6/10-7/8 W 6:30-7 pm

AC 2001-2 7/22-8/19 W 6:30-7 pm

TOT/PRE SOCCER

Little tykes will enjoy running and kicking as they learn soccer basics and build self-esteem in a nurturing, age-appropriate environment. Shin guards are required after the first meeting. Jersey included.

Instructor Kidz Love Soccer

Location Heritage Park, Field

Wks 5 **Res** \$101 **NR** \$106

Age 3½-5

AC 2002-1 6/10-7/8 W 5:45-6:20 pm

AC 2002-2 7/22-8/19 W 5:45-6:20 pm

PARENT & ME MULTI-SPORT

An introduction to basketball, tee-ball while and soccer while learning the benefits of sportsmanship, sharing, and teamwork. Team T-shirt included.

Instructor TriFyft Sports

Location Maple Hill Park

Wks 8 **Res** \$119 **NR** \$124

Age 1½ -2

AC 2003-1 6/20-8/15 Sa 10:30-11 am

Age 2-3

AC 2004-1 6/20-8/15 Sa 10:30-11 am

No Class 7/4

MULTI-SPORT

An introduction to basketball, tee-ball and soccer while learning the benefits of sportsmanship, sharing, and teamwork. Team T-shirt included.

Instructor TriFyft Sports

Location Maple Hill Park

Wks 8 **Res** \$119 **NR** \$124

Age 3-5

AC 2005-1 6/20-8/15 Sa 9-9:45 am

No Class 7/4

BASKETBALL SKILLZ

Have a great time playing basketball and making new friends while learning the benefits of sportsmanship, sharing and teamwork.

Instructor TriFyft Sports

Location Maple Hill Park, Basketball Courts

Wks 8 **Res** \$119 **NR** \$124

Age 3-5

AC 2007-1 6/17-8/5 W 5-5:45 pm

SOCCER SKILLS TRAINING WITH B.E.S.T.

Enjoy this energetic and highly active program that will encourage and advance players of all skill levels through dribbling, kicking, throw-ins, goalie drills, and more. Please bring an age appropriate soccer ball with your name on it and water.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 16 months-2

AC 2172-1 5/31-7/12 Sun 9:50-10:35 am

AC 2172-2 7/19-8/23 Sun 9:50-10:35 am

No Class 7/5

4-SPORT MULTI-SPORT BY B.E.S.T. SPORTS

Players will learn basic skills and build strength and endurance through fun energetic drills in softball, basketball, soccer and track & field. Please bring an age-appropriate soccer ball for the first week. Please provide your own baseball hitting tee later in the session.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 2-4

AC 2160-1 5/31-7/12 Sun 9-9:45 am

AC 2160-2 7/19-8/23 Sun 9-9:45 am

No Class 7/5

BASEBALL & SOFTBALL TRAINING BY B.E.S.T. SPORTS

Little sluggers of all skill levels will learn basics in: fielding, throwing, hitting, base recognition, sliding and more. A glove is not mandatory for kids under 4. Please provide your own baseball hitting tee. This is a non-parent participation class.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 2-4

AC 2163-1 5/30-7/11 Sa 10:40-11:25 am

AC 2163-2 7/18-8/22 Sa 10:40-11:25 am

AC 2165-1 5/31-7/12 Sun 11:30 am-12:15 pm

AC 2165-2 7/19-8/23 Sun 11:30 am-12:15 pm

No Class 7/4, 7/5

Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. For more information, visit www.TennisAnyone.info. Rainout line: (909) 625-2060.

PEE WEE TENNIS SEMI-PRIVATE ACADEMY

Young tennis enthusiasts will learn forehand, backhand, volley and serve. This semi-private class is a max of four students per coach. Your child will have fun joining in games like Popcorn Machine, Walk the Tennis Dog, and Alley Rally. All make-ups must be made within the session. Bring one unopened can of tennis balls to the first-class meeting. Visit www.tennisanyone.info for more details.

Instructor Tennis Anyone

Location Ronald Reagan Park, Tennis Courts

Wks 4 **Days/Time** Tu & Th - 4:45-5:30 pm

Age 3-6

AC 2013-1 5/26-6/18 1 day **Res** \$79 **NR** \$84

AC 2013-2 6/23-7/16 1 day **Res** \$79 **NR** \$84

AC 2014-1 5/26-6/18 2 day **Res** \$135 **NR** \$139

AC 2014-2 6/23-7/16 2 day **Res** \$135 **NR** \$139

Wks 5

AC 2013-3 7/21-8/20 1 day **Res** \$99 **NR** \$104

AC 2014-3 7/21-8/20 2 day **Res** \$169 **NR** \$174

PARENT AND ME JIU JITSU

Practice Jiu Jitsu and learn how to be a better listener with the help of parents. Brazilian Jiu Jitsu is considered a martial art, a sport and a self-defense strategy that can help improve fitness and build character. \$75 material fee payable at first class for a uniform.

Instructor Renato Migliaccio

Location Sampa Brazilian Jiu Jitsu School
355 South Lemon Ave. Unit L, Walnut 91789

Wks 6 **Res** \$99 **NR** \$104

Age 3-4

AC 2037-1 5/30-7/11 Sa 11:30-12:15 pm

No Class 7/4

TOTS ENRICHMENT

BOUNCING BABIES LAP PLAYTIME – NEW!



Engage your baby or toddler in early literacy through stories, songs, rhymes, and puppets! Little ones will enjoy learning concepts like shapes, colors, animals and vehicles in this parent and me program.

Instructor Amber Morrell

Location DBC, Pine Room

Wks 4 **Res** \$45 **NR** \$50

Age 0-3

AC 2192-1 6/8-6/29 M 10-10:30 am

AC 2192-2 7/13-8/3 M 10-10:30 am

PARENT & ME: DANCE & MOVEMENT – NEW!

Get your little one up and moving with creative dance steps through songs, stories and play. Your little one will enjoy playing with fun props while improving motor skills. Dance, interactivities, rhythm, song, and socializing equal a really fun morning!

Instructor Crystal Shum

Location DBC, Sycamore Room

Wks 4 **Res** \$50 **NR** \$55

Age 2-3 ½

AC 2134-1 6/9-7/14 Tu 9:15-10 am

AC 2134-2 7/28-8/18 Tu 9:15-10 am

No Class 6/16, 7/7

PARENT & ME: TIPPY TOES BALLET

Does your little one love to move when they hear music? In this parent assisted class, your little dancer will learn basics of ballet and creative movement while dancing and socializing with other children! You'll also learn cool dance moves!

Instructor Crystal Shum

Location DBC, Sycamore Room

Wks 4 **Res** \$50 **NR** \$55

Age 2-3½

AC 2129-1 6/9-7/14 Tu 10-10:45 am

AC 2129-2 7/28-8/18 Tu 10-10:45 am

No Class 6/16, 7/7

PRE-BALLET

Introduce your little one to the basics of ballet in a fun environment. We will focus on developing rhythm and coordination, while learning new steps and ballet terminology. The end of the session will conclude with a ballerina performance for our loved ones.

Instructor Crystal Shum

Location DBC, Sycamore Room

Wks 4 **Res** \$50 **NR** \$55

Age 3-7

AC 2130-1 6/9-7/14 Tu 10:45-11:30 am

AC 2130-2 7/28-8/18 Tu 10:45-11:30 am

No Class 6/16, 7/7

PRE-SCHOOL DRAWING

Participants draw and color fun, familiar objects as they learn and develop skills to prepare them for Kindergarten, such as following directions and staying on task. Materials included.

Instructor Young Rembrandts Staff

Location DBC, Maple Room

Wks 6 **Res** \$76 **NR** \$81

Age 3½-5

AC 2010-1 6/15-7/20 M 3-3:45 pm



SUMMER DAY CAMP 2020

June 1-August 9

Heritage Park, 2900 S. Brea Canyon Road

7 am to 6 pm, Monday through Friday

Ages: 6-12

Diamond Bar Residents- \$175 per week

(\$165 for week five- closed on Friday, July 3).

Non-Residents- \$180 per week

(\$170 for week five- closed on Friday, July 3).

Weekly fees include major and minor excursions and one camp T-shirt. (Additional shirts may be purchased for \$10 at the time of registration). **Campers must provide their own lunch, snacks, and labeled bottled water.**

Get ready for loads of fun, great memories, and exciting trips. Every week of camp is jam-packed with cool indoor and outdoor activities, including arts and crafts, STEM projects, educational and athletic games, and more! Each week features one major excursion and two minor trips. Campers are supervised by City recreation staff with a child to leader ratio of 10-1. Excursions are subject to change.

Registration is open and camp weeks are filling up quickly – secure your spot today!

Registration is ongoing and filled on a first-come, first-serve basis until camp capacity is reached. If preferred camp week is full, you can get one waiting list to be contacted if a space opens up. All weeks must be paid in full at the time of registration.

Ways to Register:

Online: www.diamondbarca.gov/recregistration

In person: Diamond Bar Center, 1600 Grand Ave

Registration Information:

Age requirement must be met by first day of camp. Visit www.diamondbarca.gov/recregistration or call (909) 839-7070 to obtain a program packet.

Refunds:

Requests for refunds must be submitted in writing to the Parks & Recreation Department at least two weeks prior to the start of the week of camp in which you are requesting a refund and will be subject to a \$15 administrative fee. Other requests will only be considered when the week is full and the spot can be filled and will be subject to a \$15 administrative fee.

Weekly Day Camp Schedule

Week 1: June 1 – 5

“Aloha Luau”

The Cove Water Park – Skate Express

AC: 2701-1

Week 2: June 8 – 12

“STEAM 360”

Aquarium of the Pacific –

Discovery Cube

AC: 2702-1

Week 3: June 15 – 19

“Going Green”

Corona Del Mar State Beach – Pomona Fairplex Farm

AC: 2703-1

Week 4: June 22 – 26

“All-Star Champions”

Angels Stadium - Oak Tree Lanes

AC: 2704-1

Week 5: June 29 – July 2

Closed Friday, July 3 – Independence Day

“Stars & Stripes”

Knott’s Berry Farm –

John’s Incredible Pizza

AC: 2705-1

Week 6: July 6 – 10

“Adventure Seekers”

Pirates Adventure –

Harkins Movies: Minions 2

AC: 2706-1

Week 7: July 13 – 17

“Big Slash”

Knotts Soak City – Big Al’s

AC: 2707-1

Week 8: July 20 – 24

“Healthy DB Kids”

Rockin Jump – OC Fair

AC: 2708-1

Week 9: July 27 – 31

“Safari Explorers”

Irvine Ranch Outdoor Education Center –

Harkins Movies: Jungle Cruise

AC: 2709-1

Week 10: August 3 - 7

“Camp Superhero”

Glow Zone HB – Get Air Trampoline Park

AC: 2710-1

Excursions dates and places are subject to change.

MORE INFO: Visit www.diamondbarca.gov/sdc, or call (909) 839-7062



SOCCER 1: TECHNIQUES & TEAMWORK

Learn dribbling, passing, receiving, shooting, defense and other soccer basics. Small-scale soccer matches will gradually be introduced. Shin guards are required. Jersey included.

Instructor Kidz Love Soccer

Location Heritage Park, Field

Wks 5 **Res** \$101 **NR** \$106

Age 5-6

AC 2011-1 6/10-7/8 W 5-5:45 pm

AC 2011-2 7/22-8/19 W 5-5:45 pm

SOCCER 2: SKILLZ & SCRIMMAGES

Advanced skill building: dribbling, passing and shooting in a team play format. Games and scrimmages are designed to build your skills as well as improve teamwork and positional play. Shin guards are required. Jersey included.

Instructor Kidz Love Soccer

Location Heritage Park, Field

Wks 5 **Res** \$101 **NR** \$106

Age 7-10

AC 2012-1 6/10-7/8 W 4:15-5 pm

AC 2012-2 7/22-8/19 W 4:15-5 pm

SOCCER SKILLS TRAINING WITH B.E.S.T. SPORTS

Enjoy this energetic and highly active program that will encourage and advance players of all skill levels through dribbling, kicking, throw-ins, goalie drills, and more. Please bring an age appropriate soccer ball with your name on it and water.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 3-6

AC 2173-1 5/31-7/12 Sun 10:40-11:25 am

AC 2173-2 7/19-8/23 Sun 10:40-11:25 am

Age 7-10

AC 2171-1 5/31-7/12 Sun 9-9:45 am

AC 2171-2 7/19-8/23 Sun 9-9:45 am

No Class 7/5

BASKETBALL SKILLZ

Enjoy playing basketball and making new friends while learning new basketball skills and the benefits of sportsmanship, sharing and teamwork. Open to players of all levels.

Instructor TriFyft Sports

Location Maple Hill Park, Basketball Courts

Wks 8 **Res** \$119 **NR** \$124

Age 3-5

AC 2007-1 6/17-8/5 W 5-5:45 pm

Age 5-7

AC 2008-1 6/17-8/5 W 6-6:45 pm

Age 7-12

AC 2009-1 6/17-8/5 W 7-7:45 pm

BASKETBALL CAMP

Through fun and safe games, athletes of all levels, will learn new technical skills and situational tactics. Coaches concentrate on the benefits of sportsmanship, discipline, and teamwork, while helping each athlete develop at their own pace. Each athlete receives a camp ball.

Instructor TriFyft Sports

Location Maple Hill Park, Basketball Courts

Wks 8 **Res** \$155 **NR** \$160

Age 6-12

AC 2016-1 6/22-6/26 M-F 9 am- 12 pm

MULTI-SPORT CAMP – NEW!

A week-long introduction to basketball, tee-ball and soccer while learning the benefits of sportsmanship, sharing, and teamwork. Team T-shirt included.

Instructor TriFyft Sports

Location Maple Hill Park, Basketball Courts

Wks 8 **Res** \$155 **NR** \$160

Age 6-12

AC 2198-1 6/22-6/26 M-F 9 am- 12 pm

BASKETBALL SKILLS AND DRILLS WITH B.E.S.T. SPORTS

Ballers learn drills to advance their skills in ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it and water.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 3-6

AC 2167-1 5/30-7/11 Sa 9-9:45 am

AC 2167-2 7/18-8/22 Sa 9-9:45 am

AC 2169-1 5/31-7/12 Sun 11:30 am-12:15 pm

AC 2169-2 7/19-8/23 Sun 11:30 am-12:15 pm

Age 7-10

AC 2168-1 5/30-7/11 Sa 9:50-10:35 am

AC 2168-2 7/18-8/22 Sa 9:50-10:35 am

AC 2170-1 5/31-7/12 Sun 12:20-1:05 pm

AC 2170-2 7/19-8/23 Sun 12:20-1:05 pm

No Class 7/4, 7/5

BASEBALL & SOFTBALL TRAINING WITH B.E.S.T. SPORTS

Little sluggers of all skill levels will learn basics in: fielding, throwing, hitting, base recognition, sliding and more. Please provide your own baseball glove and hitting tee.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 5-8

AC 2164-1 5/30-7/11 Sa 11:30 am-12:15 pm

AC 2164-2 7/18-8/22 Sa 11:30 am-12:15 pm

AC 2166-1 5/31-7/12 Sun 12:20-1:05 pm

AC 2166-2 7/19-8/23 Sun 12:20-1:05 pm

No Class 7/4, 7/5

4-SPORT MULTI SPORT WITH B.E.S.T. SPORTS

Players will learn basic skills and build strength and endurance through fun energetic drills in softball, basketball, soccer and track & field. Please bring an age-appropriate soccer ball for the first week. Please provide your own baseball hitting tee later in the session.

Instructor Beginners Edge Sports Training, LLC

Location Ronald Reagan Park

Wks 6 **Res** \$89 **NR** \$94

Age 4-7

AC 2161-1 5/31-7/12 Sun 9:50-10:35 am

AC 2161-2 7/19-8/23 Sun 9:50-10:35 am

AC 2195-1 5/30-7/11 Sa 9:50-10:35 am

AC 2195-2 7/18-8/22 Sa 9:50-10:35 am

Age 7-10

AC 2162-1 5/31-7/12 Sun 10:40-11:25 am

AC 2195-2 7/19-8/23 Sun 10:40-11:25 am

AC 2196-1 5/30-7/11 Sa 10:40-11:25 am

AC 2196-1 7/18-8/22 Sa 10:40-11:25 am

No Class 7/4, 7/5

TENNIS ANYONE

Did you know that the sport of tennis has now been proven to add 10 years to the average life-span? For the past 25 years, Tennis Anyone has offered dynamic tennis instruction to students of all ages and all levels across Southern California. Their main goal is to help each student reach their potential as a tennis player and individual. At Tennis Anyone they understand that parents are searching for a quality program that delivers true value for their family. They believe you'll find both quality and value within the Tennis Anyone Academy, and at extremely competitive prices. They know from experience that their students develop a higher level of confidence, the ability to set and achieve goals, and a greater depth of problem solving, from participating in the program. Tennis Anyone's motto is, "More fun, fitness, and friendships for a lifetime through tennis."



Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. For more information, visit www.TennisAnyone.info. Rainout line: (909) 625-2060.

JUNIOR TENNIS ACADEMY - BEG/INT

Learn the 4 major strokes of the game (forehand, backhand, volley, and serve) while taking part in fun drills that include King of the Hill, Tennis Baseball and Tennis Line Tag. You will be tested on five mastery levels. If you are 14 or older, please register for the Junior Tennis Academy-Advanced course. Bring one unopened can of tennis balls to the first class meeting.

Instructor Tennis Anyone

Location Ronald Reagan Park Tennis Courts

Days / Time Monday, Tuesday, Thursday, 5:30-6:30 pm

Age 7-13

Wks 4

AC 2045-1	5/25-6/18	1 Day	Res \$75	NR \$80
AC 2045-2	6/22-7/16	1 Day	Res \$75	NR \$80
AC 2046-1	5/25-6/18	2 Days	Res \$135	NR \$140
AC 2046-2	6/22-7/16	2 Days	Res \$135	NR \$140
AC 2047-1	5/25-6/18	3 Days	Res \$182	NR \$187
AC 2047-2	6/22-7/16	3 Days	Res \$182	NR \$187
Wks 5				
AC 2045-3	7/20-8/20	1 Day	Res \$99	NR \$104
AC 2046-3	7/20-8/20	2 Days	Res \$169	NR \$174
AC 2047-3	7/20-8/20	3 Days	Res \$249	NR \$254

No Class 5/25

JUNIOR TENNIS ACADEMY - INT/ADVANCED

Want to reach match play-level? You must have all 5 mastery levels in the Beg./Int. Junior Academy or be able to rally with proper form from the baseline. Learn both topspin and slice, time when and how to lob, drop shot, hit an overhead or volley. Two mastery levels will be used to note your progress. Bring one unopened can of tennis balls to the first class meeting.

Instructor Tennis Anyone

Location Ronald Reagan Park Tennis Courts

Days/Times Monday, Tuesday, Thursday (6:30-8 pm) and Wednesdays (5-6:30 pm)

Age 7-17

Wks 4

AC 2052-1	5/25-6/18	1 Day	Res \$89	NR \$94
AC 2052-2	6/22-7/16	1 Day	Res \$89	NR \$94
AC 2053-1	5/25-6/18	2 Days	Res \$155	NR \$160
AC 2053-2	6/22-7/16	2 Days	Res \$155	NR \$160
AC 2054-1	5/25-6/18	3 Days	Res \$205	NR \$210
AC 2054-2	6/22-7/16	3 Days	Res \$205	NR \$210

Wks 5

AC 2052-3	7/20-8/20	1 Day	Res \$111	NR \$116
AC 2053-3	7/20-8/20	2 Days	Res \$194	NR \$199
AC 2054-3	7/20-8/20	3 Days	Res \$256	NR \$261

No Class 5/25

SMALL GROUP TENNIS CLINIC

Designed to give you more hands-on instruction, groups in this clinic vary in size from two to four students per coach. Students may participate from 1 to 4 days per week. You will be grouped with other players based on skill level and age.

Instructor Tennis Anyone

Location Ronald Reagan Park Tennis Courts

Days/Times All Levels Mon, Tues, Wed, Thurs (8-9 pm)

Beg/Int Wed (5:30-6:30 pm)

Age 7-17

Wks 4

AC 2048-1	5/25-6/18	1 Day	Res \$119	NR \$124
AC 2048-2	6/22-7/16	1 Day	Res \$119	NR \$124
AC 2049-1	5/25-6/18	2 Days	Res \$195	NR \$200
AC 2049-2	6/22-7/16	2 Days	Res \$195	NR \$200
AC 2050-1	5/25-6/18	3 Days	Res \$289	NR \$294
AC 2050-2	6/22-7/16	3 Days	Res \$289	NR \$294

Wks 5

AC 2048-3	7/20-8/20	1 Day	Res \$149	NR \$294
AC 2049-3	7/20-8/20	2 Days	Res \$244	NR \$249
AC 2050-3	7/20-8/20	3 Days	Res \$361	NR \$366

No Class 5/25

FUTURE TENNIS STAR PLAYER PACKAGE

Save big with the Players Package – includes training two days per week in Advance Academy, participating in a weekly Small Group Tennis Clinic, and competing in the monthly Round Robin Tournament.

Instructor Tennis Anyone

Location Ronald Reagan Park

Age 7-17

Days/Time

Advanced Mon, Tue, Thur (6:30-8 pm), Wed (5:30-6:30 pm)

Small Group Mon, Tue, Wed, Thur (8-9 pm) All Levels

Tournaments Saturdays – 9/21, 10/19, 11/16

@ Carbon Canyon Park in Brea

Advanced - 1-3:30 pm / **Novice** - 2:30-4:30 pm

Wks 4

AC 2055-1	5/25-6/18	Res \$229	NR \$234
AC 2055-2	6/22-7/16	Res \$229	NR \$234

Wks 5

AC 2055-3	7/20-8/20	Res \$299	NR \$304
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No Class 5/25

ROUND ROBIN JR TENNIS TOURNAMENT

An afternoon of learning and competing. Two divisions available – Novice for students new to tennis competition (get feedback and tips to how to excel in a competitive environment), and Advance for students with competition experience. All students are competing for Tennis Anyone rankings and the top 8 students at the end of the year will play off in a free Masters Tournament. Trophies are awarded each tournament for the top finisher and runner-up.

Instructor Tennis Anyone

Location Carbon Canyon Park
4442 Carbon Canyon Rd, Brea 92823

Age 7-17

Time Advanced - 1-3:30 pm / **Novice** - 2:30-4:30 pm

AC 2051-1	6/20	Sa	Res \$40	NR \$45
AC 2051-2	7/18	Sa	Res \$40	NR \$45
AC 2051-3	8/15	Sa	Res \$40	NR \$45

FAMOUS SUMMER TENNIS CAMP

Players of all levels will learn techniques to improve their skills and participate in court games and drills, train to music, and hit for prizes and creative ball decorating contests. Fun, fitness, & friendships guaranteed.

Instructor Tennis Anyone

Location Ronald Reagan Park

Age 7-15

Wks 1

Time 8:30 am-12:30 pm

AC 2111-1	6/1-6/5	Res \$159	NR \$164
AC 2111-2	6/8-6/12	Res \$159	NR \$164
AC 2111-3	6/15-6/19	Res \$159	NR \$164

KIDS GOLF

The basic fundamentals of golf taught include: swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. Golf clubs and practice balls are available. \$20 material fee payable to instructor.

Instructor Jeffrey Hirose

Location Diamond Bar Golf Course
22751 Golden Springs Dr., Diamond Bar, CA 91765

Wks 4 **Res** \$100 **NR** \$105

Age 5-8

AC 2154-1	5/28-6/18	Th	3:30-4:30 pm
AC 2154-2	7/2-7/23	Th	3:30-4:30 pm
AC 2154-3	7/30-8/20	Th	3:30-4:30 pm

Age 9-12

AC 2155-1	5/28-6/18	Th	4:45-5:45 pm
AC 2155-2	7/2-7/23	Th	4:45-5:45 pm
AC 2155-3	7/30-8/20	Th	4:45-5:45 pm

CYSC ALLSTARS CHEERLEADING

Learn self-confidence, coordination, team work and physical fitness all in one super fun environment. Students will participate in a competition style event put together by CYSC Allstars and take home their very own trophy! \$115 material fee payable to instructor at first class.

Instructor Sarah German

Location DBC, Pine Room

Wks 8 **Res** \$65 **NR** \$70

Age 5-7

AC 2158-1	5/20-7/8	W	6-6:30 pm
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Age 8-15

AC 2159-1	5/20-7/8	W	6:40-7:10 pm
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RAPTOR SPORTS

Raptor Sports School Incorporated launched its Pilot Program called: "Raptor Water Polo" in January of 2016.

This program models the Raptor Sports vision statement by teaching water polo to the community's student athletes at a grassroots level. Raptor Sports

School now has sessions for area youth that includes Splashball, Water Polo, and Swim Academy- each available to boys and girls, age 5 through high school.



SPLASHBALL

A beginner's course to develop water safety skills, improve basic swim skills and water polo basics. If your child is interested in aquatic sports this is the perfect starting point. Additional information about programs can be found at: www.raptorsports.org. Schedule subject to change.

Instructor Raptor Sports Instructor

Location Diamond Bar High School
21400 Pathfinder Rd., Diamond Bar, CA 91765

Wks 4 **Res** \$85 **NR** \$90

Age 5-10

AC 2106-1	6/8-7/1	M&W	6:30-7:30 pm
AC 2106-2	7/6-7/29	M&W	6:30-7:30 pm
AC 2186-1	6/8-7/1	M&W	7:30-8:30 pm
AC 2186-2	7/6-7/29	M&W	7:30-8:30 pm

YOUTH WATER POLO ACADEMY INTRODUCTORY PROGRAM

Our youth water polo academy is an introductory program for beginners to learn the basic fundamentals and rules of water polo. Additional information about programs can be found at: www.raptorsports.org. Schedule subject to change.

Instructor Raptor Sports Instructor

Location Diamond Bar High School
21400 Pathfinder Rd., Diamond Bar, CA 91765

Wks 4 **Res** \$85 **NR** \$90

Age 9-14

AC 2105-1	6/8-7/1	M&W	6:30-7:30 pm
AC 2105-2	7/6-7/29	M&W	6:30-7:30 pm
AC 2185-1	6/8-7/1	M&W	7:30-8:30 pm
AC 2185-2	7/6-7/29	M&W	7:30-8:30 pm

SWIM ACADEMY - STROKE TECHNIQUE & ENDURANCE

This swim academy is an introductory program for advanced beginners to progress the basic fundamental stroke techniques of swimming and to build endurance. Visit: www.raptorsports.org for more information. Schedule subject to change.

Instructor Raptor Sports Instructor

Location Diamond Bar High School
21400 Pathfinder Rd., Diamond Bar, CA 91765

Wks 4 **Res** \$85 **NR** \$90

Age 9-14

AC 2184-1	6/9-7/2	T & Th	6:30-7:30 pm
AC 2184-2	7/7-7/30	T & Th	6:30-7:30 pm
AC 2187-1	6/9-7/2	T & Th	7:30-8:30 pm
AC 2187-2	7/7-7/30	T & Th	7:30-8:30 pm

Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

HARMONY AIKIDO

Build confidence and effective self-defense through physical conditioning, balance and flexibility. Wooden hardware, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), help strengthen joints and muscles, while helping align the body for correct technique. See instructor to purchase optional uniform and wooden hardware.

Instructor Ethan Tam

Location DBC, Oak Room

Wks 13 **Res** \$166 **NR** \$171

Age 6+

AC 2017-1 5/28-8/20 Th 5:30-7 pm

PEE WEE JIU JITSU

Brazilian Jiu Jitsu is considered a martial art, a sport and a self-defense strategy that can help improve fitness and build character. This is a basic level course. \$75 material fee payable at first class for a uniform. More details at www.sampabrazilianjiujitsu.com.

Instructor Renato Migliaccio

Location Sampa Brazilian Jiu Jitsu School

355 South Lemon Ave. Unit L, Walnut 91789

Wks 6 **Res** \$99 **NR** \$104

Age 5-7

AC 2038-1 6/1-7/8 M&W 4-5 pm

JUNIOR JIU JITSU

Brazilian Jiu Jitsu is considered a martial art, a sport and a self-defense strategy that can help improve fitness and build character. This is a basic level course. \$75 uniform fee payable at first class. More details at www.sampabrazilianjiujitsu.com.

Instructor Renato Migliaccio

Location Sampa Brazilian Jiu Jitsu School

355 South Lemon Ave. Unit L, Walnut 91789

Wks 6 **Res** \$99 **NR** \$104

Age 9-12

AC 2070-1 6/1-7/8 M&W 5-6 pm

AC 2147-1 6/2-7/9 T&Th 5-6 pm

Age 10-13

AC 2148-1 6/1-7/8 M&W 6-7 pm

INTRO TO STEM WITH LEGO CAMP-NEW!

Ratchet up our imagination with tens of thousands of LEGO parts! Design and build as never before, and explore your craziest ideas in a supportive environment. Motorized pieces will be used and all students of all ability levels are welcome.

Instructor Play-Well TEKologies

Location Pantera Park Activity Room, 738 Pantera Drive

Wks 1 **Res** \$205 **NR** \$210

Age 5-6

AC 2018-1 6/8-6/12 M-F 9 am-12 pm

STEM FUNDAMENTALS WITH LEGO

CAMP-NEW!

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO parts! Apply real world concepts in engineering and architecture through engineer-designed projects. Motorized pieces will be used and students of all skill levels are welcome.

Instructor Play-Well TEKologies

Location Pantera Park Activity Room, 738 Pantera Drive

Wks 1 **Res** \$205 **NR** \$210

Age 7-11

AC 2019-1 6/8-6/12 M-F 1-4 pm

JEDI ENGINEERING WITH LEGO CAMP-NEW!

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles with LEGO materials, construct the Ewok Village on Endor, fly through space on our X-Wings, and defend the Echo Base on Hoth. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Instructor Play-Well TEKologies

Location Pantera Park Activity Room, 738 Pantera Drive

Wks 1 **Res** \$205 **NR** \$210

Age 7-11

AC 2020-1 7/20-7/24 M-F 9 am-12 pm

JEDI MASTER ENGINEERING WITH LEGO CAMP-NEW!

The Force is strong in this advanced engineering course for young Jedi! Use the force and tens of thousands of LEGO parts to raise your X-Wing from the Dagobah swamp, challenge the AT-AT walkers on Hoth, and fly the Millennium Falcon through the Kessel Run. Apply real world concepts in engineering and architecture while you explore a galaxy far, far away.

Instructor Play-Well TEKologies

Location Pantera Park Activity Room, 738 Pantera Drive

Wks 1 **Res** \$205 **NR** \$210

Age 7-11

AC 2021-1 7/20-7/24 M-F 1-4 pm

HOLLYWOOD SPECIAL EFFECTS CAMP -NEW!

Learn all about "Movie Magic" and how to create Hollywood-style special effects with an HD camera and smart devices! Study a series of new special effects, then star in your own movies. Special effects used include: Forced Perspective, Green Screen technology, CGI and more! All movies will be available to view and download online. \$30 material fee due to instructor at first class.

Instructor Movies by Kids

Location Pantera Park Activity Room, 738 Pantera Drive

Wks 1 **Res** \$205 **NR** \$210

Age 7-12

AC 2112-1 6/12-6/19 M-F 9 am-12 pm

AVENGERS & JUSTICE LEAGUE

ANIMATION CAMP-NEW!

Join Movies by Kids in this classic mash up class where students will create and animate their own superhero movies using the art stop-motion animation. Films are created from start to finish by choosing a character from either Marvel or DC Universe. All movies will be available to view and download online. \$30 material fee due to instructor at first class.

Instructor Movies by Kids

Location Pantera Park Activity Room, 738 Pantera Drive

Wks 1 **Res** \$205 **NR** \$210

Age 7-12

AC 2113-1 6/12-6/19 M-F 12:30-3:30 pm

BALLET INTENSIVE-NEW!

Gain dance training necessary for high school dance programs, while building strength and endurance. Learn the technique and ballet structure to become a better dancer.

Instructor Sheri Liebe

Location iDance & Fitness, 2707 S. Diamond Bar Blvd. #105

Wks 8 **Res** \$110 **NR** \$115

Age 9-17

AC 2191-1 5/26-7/14 T 5:30-6:30 pm

AC 2191-2 7/21-9/8 T 5:30-6:30 pm

LITTLE STORYTELLERS-NEW!

Children will learn story building through fun songs, games, puppet plays, and collaborative story telling. They will learn about character, setting, and plot through these interactive activities. This class will encourage growth and confidence in each child's imaginative storytelling ability.

Instructor Amber Morrell

Location DBC, Pine Room

Wks 4 **Res** \$75 **NR** \$80

Age 5-8

AC 2193-1 6/8-6/29 M 11am-12 pm

AC 2193-2 7/13-8/3 M 11am-12 pm

YOUNG AUTHORS-NEW!

Students will learn the basics of creative writing through fun writing games and activities. They will learn how to express their creative ideas with genres of stories. Students will learn about plot, setting, character and genre and have opportunities to share their work.

Instructor Amber Morrell

Location DBC, Pine Room

Wks 4 **Res** \$90 **NR** \$95

Age 9-12

AC 2194-1 6/8-6/29 M 12:15-1:15 pm

AC 2194-2 7/13-8/3 M 12:15-1:15 pm

UKULELE

The fundamentals of playing the ukulele will be taught through strumming and picking along to popular songs! Course covers tuning, music theory, reading music, rhythm and vocal exercises. Participants must bring their own ukulele. Instructor can advise on purchase. Music and complimentary ukulele pick provided. Instructor's website: www.leranwang.com

Instructor Leran Wang

Location DBC, Oak Room

Wks 11 **Res** \$98 **NR** \$103

Age 6-12

AC 2146-1 6/9-8/18 T 4:00-4:45pm

PIANO/KEYBOARD LEVEL 1

Learn the fundamental knowledge of playing the keyboard piano through music theory, ear training, solfege singing, and rhythm exercises. Participants must bring own small keyboard. Instructor can advise on purchase. Music materials will be provided in the class. Learn more: www.leranwang.com

Instructor Leran Wang

Location DBC, Sycamore Room

Wks 8 **Res** \$90 **NR** \$95

Age 4-12

AC 1145-1 5/31-7/12 Sun 10-10:45 am

AC 1145-2 7/19-8/30 Sun 10-10:45 am

PIANO/KEYBOARD LEVEL 2

This class will be a continuation of level 1. The focus of this class will be on playing the keyboard piano with both hands. Level one is highly recommended prior to this class. Participants must bring a small to medium sized keyboard to class. Instructor's website: www.leranwang.com

Instructor Leran Wang

Location DBC, Sycamore Room

Wks 7 **Res** \$80 **NR** \$85

Age 4-12

AC 2183-1 5/31-7/12 Sun 11-11:45 am

AC 2183-2 7/19-8/30 Sun 11-11:45 am

PIANO/KEYBOARD LEVEL 3-NEW!

This class will be a continuation of level 2. This class requires instructor approval. Participants must bring a medium sized keyboard to class. Instructor's website: www.leranwang.com

Instructor Leran Wang

Location DBC, Sycamore Room

Wks 7 **Res** \$80 **NR** \$85

Age 5-14

AC 2197-1 5/31-7/12 Sun 12-12:45 am

AC 2197-2 7/19-8/30 Sun 12-12:45 am

GUITAR LEVEL 1

Introduce your child to the guitar! Students learn techniques such as picking and strumming, part names, tuning, music theory, reading music, ear training, group singing, and rhythm exercises. Must bring an acoustic guitar to class. Learning materials and a complimentary guitar pick provided. Instructor's website: www.leranwang.com

Instructor Leran Wang

Location DBC, Oak Room

Wks 11 **Res** \$120 **NR** \$125

Age 8-12

AC 2144-1 6/9-8/18 T 5-5:45 pm

GUITAR LEVEL 2 – NEW!

This class will build on from Level 1. Focus of this class will be on learning to play and sing popular songs for the guitar. Level 1 is highly recommended before taking this class. Instructor's website: www.leranwang.com

Instructor Leran Wang

Location DBC, Oak Room

Wks 11 **Res** \$120 **NR** \$125

Age 8-14

AC 2182-1 6/9-8/18 T 6-6:45 pm

MASTERPIECES WITH PENCILS AND PASTELS

Young artists will explore basic design, perspective, animal art and portraiture while having fun. New projects each season. \$4 supply fee payable to instructor at first class.

Instructor Kathy Breaux

Location DBC, Maple Room

Wks 4 **Res** \$56 **NR** \$61

Age 6-12

AC 2022-1 6/9-6/30 Tu 4-5 pm

MASTERPIECES II WITH PENCILS AND PASTELS-NEW!

This course continues the study of design, perspective and figurative art with new projects. \$3 supply fee payable to instructor at first class.

Instructor Kathy Breaux

Location DBC, Maple Room

Wks 3 **Res** \$45 **NR** \$50

Age 6-12

AC 2022-2 8/4-8/18 Tu 4-5 pm

ACRYLIC PAINTING FOR KIDS

Discover color mixing, landscape art, animal art, and figurative art. Students will create a new painting each week. Paints used in class may stain; wear an old T-shirt, smock or apron. New projects each season. \$4 material fee is payable at first class.

Instructor Kathy Breaux

Location DBC, Maple Room

Wks 4 **Res** \$56 **NR** \$61

Age 6-12

AC 2023-1 7/7-7/28 Tu 4-5 pm

Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

BASICS OF ELEMENTARY AND CARTOON DRAWING

Create silly characters and story sequences that tell jokes through a combination of essential drawing basics and humorous cartoon curriculum! Students will learn basic drawing skills and concepts, and cover art vocabulary. Materials included.

Instructor Young Rembrandts Staff

Location DBC, Maple Room

Wks 6 **Res** \$76 **NR** \$81

Age 6-12

AC 2024-1 6/15-7/20 M 4-4:45 pm

ANIME & MANGA DRAWING WORKSHOP-NEW!

Calling all otaku kids! Join the fun and learn to draw your favorite Japanese style art. Tap into your imagination while learning to draw cute manga inspired characters, accessories and costumes with technique and creativity. Your talent is about to take off in this kawaii workshop!

Instructor Young Rembrandts Staff

Location Pantera Park Activity Room

Wks 1 **Res** \$110 **NR** \$115

Age 7-12

AC 2025-1 7/27-7/31 M-F 10 am-12 pm

MOMMY & ME COOKIE ART-NEW!

Learn how to outline and fill/flood cookies using icing bottles. Other techniques will be wet on wet, 3D cookies and marble icing of cookies. All simple, fun and creative! Materials included.

Instructor Geri Keller

Location DBC, Sycamore Room

Wks 1 **Res** \$50 **NR** \$55

Age 5+

AC 2174-1 7/22 W 4:30-6:30 pm

FONDANT FUNDAMENTALS

Simple and fun! Several flowers will be made, such as carnations, calla lilies, various types of roses, daisies and small filler flowers for cookies and cupcakes! Also learn how to paint fondant for that extra touch! Materials included.

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$60 **NR** \$65

Age 12+

AC 2176-1 6/24 W 6:30-8:30 pm

COOKIE ART W/ROYAL ICING-NEW!

Start with the basics of royal icing, such as marbling, outline and flooding cookies. Learn how to properly fill icing bags and use different icing tips to make various flowers and shapes on the cookies provided. No experience needed.

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2175-1 5/27 W 6:30-8:30 pm

AC 2175-2 8/12 W 6:30-8:30 pm

BUTTERCREAM BASICS-NEW!

Learn the various types of buttercream and how to make American buttercream. Several options for coloring the icing and how to use icing bags with multiple colors will be covered. Different tips will be used to create flowers and designs. No experience necessary!

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2095-1 7/8 W 6:30-8:30 pm

COOKIE BOUQUET-NEW!

Class will start with how to use buttercream icing and tips to create beautiful flowers. Those flowers will then be used to create a bouquet. Very easy and fun!

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$55 **NR** \$60

Age 12+

AC 2097-1 6/10 W 6:30-8:30 pm

CRITICAL READING SKILLS

Enhance reading comprehension skills by identifying important information, assumptions, values, and language use, while also building vocabulary skills in preparation for the standardized tests. Bring pen and notebook. \$10 material fee is payable at first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 9 **Res** \$180 **NR** \$185

Age 7-12

AC 2073-1 6/10-8/5 W 2:30-3:30 pm

MATH WORKSHOP

A great refresher course for students who want to prepare for a testing, or just gain additional practice. Experience a new approach to math problem solving and hands on practice for 3rd-8th graders. Bring pen and notebook. \$10 material fee is payable at first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 9 **Res** \$180 **NR** \$185

Age 8-13

AC 2078-1 6/10-8/5 W 3:30-4:30 pm

TYPING, WORD AND POWERPOINT

Develop basic typing skills through hands on practice, while learning to format fonts, adjust page layout, insert clipart, bullets and columns in Word. Prepare presentations in PowerPoint that apply to your academic work and projects. Bring pen and notebook. \$10 material fee is payable at first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 9 **Res** \$180 **NR** \$185

Age 6-14

AC 2116-1 6/10-8/5 W 4:30-5:30 pm

STEM SUMMER CAMP-NEW!

Students will be exposed to science, technology, engineering and math each day by participating in different experiments and building creatures with LEGO robots.

Instructor Sylvan Learning

Location 1241 Grand Ave, Suite F, Diamond Bar

Wks 1 **Res** \$200 **NR** \$205

Age 8-13

AC 2188-1	6/8-6/11	M&Th	10:30 am- 2 pm
AC 2188-2	6/15-6/18	M&Th	10:30 am- 2 pm
AC 2188-3	6/22-6/25	M&Th	10:30 am- 2 pm
AC 2188-4	7/6-7/9	M&Th	10:30 am- 2 pm
AC 2188-5	7/13-7/16	M&Th	10:30 am- 2 pm
AC 2188-6	7/20-7/23	M&Th	10:30 am- 2 pm

Looking for that perfect place to celebrate a graduation party?

Try the extraordinary Diamond Bar Center.

Visit www.diamondbarcenter.com or call (909) 839-7065 for information



1600 Grand Avenue
Diamond Bar, CA 91765

Volunteers 2020

The City's Volunteer Program is a summer leadership training program for Diamond Bar teen ages 13-17 interested in acquiring work experience and volunteering in their community.

Volunteers will be assigned to work various programs such as Summer Day Camp, Tiny Tots, Concerts in the Park, and Senior programs. Thirteen-year-olds may only be assigned to Concerts in the Park and Senior programs.

Register online at www.diamondbarca.gov/recregistration

AC 2760-1 (13 year-old)

AC 2761-1 (14-17 year-old)

Registration Dates: February 3 - April 19

\$25 material fee required upon acceptance into the program.

MORE INFO: Visit www.diamondbarca.gov/volunteers, or call (909) 839-7062



Open to students grades 8th-12th

Help make a positive difference in your community by teaming up with friends and peers to create new programs and activities for Diamond Bar. You'll gain leadership skills, learn about local government and earn volunteer hours.

DB 4Youth meets the last Tuesday of every month at 6 p.m. at the Diamond Bar Center. Date and times subject to change. Call a day before to confirm.

Register online at www.diamondbarca.gov/recregistration
AC 5730 -1

MORE INFO: Visit www.diamondbarca.gov/db4youth, or call (909) 839-7062

Upcoming Activities and Volunteer Opportunities:

- Concerts & Movies in the Park: Wednesdays, July 15-July 29, 2020, 5-9 p.m. at Sycamore Canyon Park
- Monthly ongoing opportunities: Healthy Diamond Bar, Tech Time, and senior dances.

ONLINE LEARNING EDUCATION TO GO



Over 300 courses that you can complete from the convenience of your home or office. Fees start at \$115. Visit www.ed2go.com/diamondbar or call (909) 839-7070 for more information.

Topics Include:

- Speed Spanish
- Social Media for Businesses
- SAT/ACT/GRE Prep Courses
- English, Grammar & Writing
- Microsoft Application
- AND MORE!

Session Dates:

Session 1	6/17/20-8/7/20
Session 2	7/15/20-9/4/20
Session 3	8/12/20-10/2/20

YOUTH WATER POLO ACADEMY INTRODUCTORY PROGRAM

Our youth water polo academy is an introductory program for beginners to learn the basic fundamentals and rules of water polo. Additional information about programs can be found at: www.raptorsports.org. Schedule subject to change.

Instructor Raptor Sports Instructor

Location Diamond Bar High School
21400 Pathfinder Rd. Diamond Bar, CA 91765

Wks 4 **Res** \$85 **NR** \$90

Age 9-14

AC 2105-1	6/8-7/1	M&W	6:30-7:30 pm
AC 2105-2	7/6-7/29	M&W	6:30-7:30 pm
AC 2185-1	6/8-7/1	M&W	7:30-8:30 pm
AC 2185-2	7/6-7/29	M&W	7:30-8:30 pm

SWIM ACADEMY - STROKE TECHNIQUE & ENDURANCE

This swim academy is an introductory program for advanced beginners to progress the basic fundamental stroke techniques of swimming and to build endurance. Visit: www.raptorsports.org for more information. Schedule subject to change.

Instructor Raptor Sports Instructor

Location Diamond Bar High School
21400 Pathfinder Rd., Diamond Bar, CA 91765

Wks 4 **Res** \$85 **NR** \$90

Age 9-14

AC 2184-1	6/9-7/2	T & Th	6:30-7:30 pm
AC 2184-2	7/7-7/30	T & Th	6:30-7:30 pm
AC 2187-1	6/9-7/2	T & Th	7:30-8:30 pm
AC 2187-1	7/7-7/30	T & Th	7:30-8:30 pm

GOLF

Basic fundamentals of golf taught include: swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. Golf clubs and practice balls are available. \$20 material fee payable to instructor.

Instructor Jeffrey Hirose

Location Diamond Bar Golf Course
22751 Golden Springs Dr., Diamond Bar, CA 91765

Wks 4 **Res** \$100 **NR** \$105

Age 11-15

AC 2156-1	5/28-6/18	Th	6-7 pm
AC 2156-2	7/2-7/23	Th	6-7 pm
AC 2156-3	7/30-8/20	Th	6-7 pm

KAJUKENBO KARATE

Improve physical fitness and building self-confidence with self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu). Wear loose fitting clothing. Returning students can purchase a required uniform from the instructor. More details on Facebook: Diamond Bar Kajukenbo.

Instructor: John Bishop

Location: DBC, Oak Room

Wks 5 **Res** \$50 **NR** \$55

Age 12+

AC 2026-1	6/30-7/30	T/Th	7:30-9 pm
AC 2026-2	8/11-9/17	T/Th	7:30-9 pm

No Class 8/25, 8/27

KICKBOXING & SELF DEFENSE

Not your typical workout class. Learn amazing kickboxing techniques and self-defense tricks while getting a great workout. \$75 material fee payable at first class for a uniform. More details at www.sampabrazilianjiujitsu.com.

Instructor Renato Migliaccio

Location Sampa Brazilian Jiu Jitsu School
355 South Lemon Ave. Unit L, Walnut 91789

Wks 6 **Res** \$99 **NR** \$104

Age 14+

AC 2089-1 6/2-7/9 T & Th 6-7 pm

HARMONY AIKIDO

Build confidence and effective self-defense through physical conditioning, balance and flexibility. Wooden hardware, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), help strengthen joints and muscles, while helping align the body for correct technique. See instructor to purchase optional uniform and wooden hardware.

Instructor Ethan Tam

Location DBC, Oak Room

Wks 13 **Res** \$166 **NR** \$171

Age 6+

AC 2017-1 5/28-8/20 Th 5:30-7 pm

JAZZERCISE

Obtain fitness results fast with this low impact dance-based workout that combines cardio moves with strength-training to burn up to 600 calories per session. Wear exercise attire, bring a mat or towel and water. Hand-held weights optional.

Instructor Connie Lillie

Location BC, Sycamore Rm (T/Th), Oak Rm (Sa)

Wks 5

Age 16+

Days/Times Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am

AC 2029-1	6/16-7/18	1 Day	Res \$36	NR \$41
AC 2029-2	7/21-8/22	1 Day	Res \$36	NR \$41
AC 2030-1	6/16-7/18	2 Days	Res \$51	NR \$56
AC 2030-2	7/21-8/22	2 Days	Res \$51	NR \$56
AC 2031-1	6/16-7/18	3 Days	Res \$56	NR \$61
AC 2031-2	7/21-8/22	3 Days	Res \$56	NR \$61

BALLET INTENSIVE-NEW!

Gain dance training necessary for high school dance programs, while building strength and endurance. Learn the technique and ballet structure to become a better dancer.

Instructor Sheri Liebe

Location iDance & Fitness

2707 S Diamond Bar Blvd #105, Diamond Bar, CA 91765

Wks 8 **Res** \$110 **NR** \$115

Age 9-17

AC 2191-1	5/26-7/14	T	5:30-6:30 pm
AC 2191-2	7/21-9/8	T	5:30-6:30 pm

LINE DANCING

This low impact class will get you up and dancing quicker than you can say "Yee-Haw!" Learn popular line dances like the Electric Slide, Cupid Shuffle, Cha Slide, Boot Scootin' Boogie and Watermelon Crawl. No partners needed!

Instructor Crystal Shum

Location DBC, Oak Room

Wks 4 **Res** \$50 **NR** \$55

Age 16+

AC 2131-1	6/1-6/22	M	7:45-8:45 pm
AC 2131-2	6/29-7/20	M	7:45-8:45 pm
AC 2131-3	7/27-8/17	M	7:45-8:45 pm

CRITICAL READING SKILLS

Enhance reading comprehension skills by identifying important information, assumptions, values, and language use, while also building vocabulary skills in preparation for the standardized tests. Bring pen and notebook. \$10 material fee is payable at first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 9 **Res** \$180 **NR** \$185

Age 7-12

AC 2073-1 6/10-8/5 W 2:30-3:30 pm

MATH WORKSHOP

A great refresher course for students who want to prepare for a testing, or just gain additional practice. Experience a new approach to math problem solving and hands on practice for 3rd-8th graders. Bring pen and notebook. \$10 material fee is payable at first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 9 **Res** \$180 **NR** \$185

Age 8-13

AC 2078-1 6/10-8/5 W 3:30-4:30 pm

TYPING, WORD, AND POWERPOINT

Develop basic typing skills through hands on practice, while learning to format fonts, adjust page layout, insert clipart, bullets and columns in Word. Prepare presentations in PowerPoint that apply to your academic work and projects. Bring pen and notebook. \$10 material fee is payable at first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 9 **Res** \$180 **NR** \$185

Age 6-14

AC 2116-1 6/10-8/5 W 4:30-5:30 pm

MICROSOFT OFFICE APPLICATIONS

Learn how to make slideshows, spreadsheets and tables using Microsoft software. Experienced users can sharpen skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable at the first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 6 **Res** \$160 **NR** \$165

Age 16+

AC 2076-1 6/16-8/4 T 8-9 pm

DIGITAL CAMERAS & SMART PHONE WORKSHOP

Get hands-on practice with your digital camera and smart phone while learning basic photography, photo composition, and how to use and make the most of your camera's settings. All cameras are welcome. \$5 material fee due to instructor at first meeting.

Instructor Tony Wang

Location DBC, Pine Room

Wks 5 **Res** \$100 **NR** \$105

Age 16+

AC 2103 1 5/21-6/25 M 3:30-5:30 pm

FIGURE AND ANATOMY DRAWING

Explore both contemporary and traditional approaches to the figure from master drawings. Study different gesture drawing techniques and how major bone and muscular structures of the human body change with movements and emotions.

Instructor Julianna Balogh, MFA

Location DBC, Maple Room

Wks 6 **Res** \$110 **NR** \$115

Age 17+

AC 2125-1 6/1-7/6 M 6:30-8:30 pm

AC 2125-2 7/13-8/17 M 6:30-8:30 pm

BEGINNING DRAWING

Train with a skilled artist! Explore negative space, proportion, composition, perspective, line quality and different shading techniques through the study of master drawings. Bring 11"x14" drawing pad, and a 4b pencil. A supply list will be provided at first class.

Instructor Julianna Balogh, MFA

Location DBC, Sycamore Room

Wks 6 **Res** \$110 **NR** \$115

Age 15+

AC 2178-1 5/30-7/11 Sa 11 am-1 pm

AC 2178-2 7/18-8/22 Sa 11 am-1 pm

PORTRAIT DRAWING

Study the anatomy of the head, neck, shoulders, major bony landmarks, and muscles. Explore different techniques to enhance facial features and the hair from the frontal view, side profile, and three-quarter view. Bring 11"x14" drawing pad, and a 4b pencil. A supply list will be provided at first class.

Instructor Julianna Balogh, MFA

Location DBC, Maple Room

Wks 6 **Res** \$110 **NR** \$115

Age 15+

AC 2179-1 5/28-7/2 Th 6:30-8:30 pm

AC 2179-2 7/9-8/13 Th 6:30-8:30 pm

FONDANT FUNDAMENTALS

Simple and fun! Several flowers will be made, such as carnations, calla lilies, various types of roses, daisies and small filler flowers for cookies and cupcakes! Also learn how to paint fondant for that extra touch! Materials included.

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$60 **NR** \$65

Age 12+

AC 2176-1 6/24 W 6:30-8:30 pm

COOKIE ART W/ROYAL ICING-NEW!

Start with the basics of royal icing, such as marbling, outline and flooding cookies. Learn how to properly fill icing bags and use different icing tips to make various flowers and shapes on the cookies provided. No experience needed.

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2175-1 5/27 W 6:30-8:30 pm

AC 2175-2 8/12 W 6:30-8:30 pm

BUTTERCREAM BASICS-NEW!

Learn the various types of buttercream and how to make American buttercream. Several options for coloring the icing and how to use icing bags with multiple colors will be covered. Different tips will be used to create flowers and designs. No experience necessary!

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2095-1 7/8 W 6:30-8:30 pm

CUPCAKE BOUQUET-NEW!

Class will start with how to use buttercream icing and tips to create beautiful flowers. Those flowers will then be used to create a bouquet. Very easy and fun!

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2097-1 6/10 W 6:30-8:30 pm

Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

ADULT TABLE TENNIS

Come join the fun and improve your table tennis skills at this free program! All ages are welcome to participate on Thursday evenings from 6:30 to 9:30 p.m. and Sunday evenings from 5 to 8 p.m. at the Heritage Park Community Center. Bring your paddle and table tennis balls and be ready to play! All participants are required to sign a waiver form and register to play prior to playing.

Register online at www.diamondbarca.gov/recregistration
AC 2561-1

For more information, please call the Parks and Recreation Department at 909.839.7070 or visit www.diamondbarca.gov

ADULT CO-ED VOLLEYBALL

Improve your skills with our recreational volleyball program! This drop-in program is designed for those who want to get on the court and play. There are no officials, no strict rules, and teams will be formed informally as players arrive. Violations will be called using the honor system.

Cost RES \$40/ NR \$45

Days Monday Nights – 10 Weeks

Age 18+

Dates June 1, 2020 to August 3, 2020

Time 7-9 pm

Location South Pointe Middle School Gymnasium

AC 2581-1

Register online at www.diamondbarca.gov/recregistration

MORE INFO Call (909) 839-7070 or visit www.diamondbarca.gov

SENIOR CO-ED SOFTBALL

The Diamond Bar Softball Team is actively recruiting new players age 50 or older. This team is part of the Inter-City Senior Co-ed Softball League which is made up of men and women mostly in their 60s and 70s. Teams are made up of 11-15 players, at least three of whom must be women. The playing season runs April through November, with games starting at 9 a.m. or 10:15 a.m. and lasting approximately 75 minutes in length. For more information or to join the team visit intercitysoftball.org



Bring a racquet and one unopened can of tennis balls to the first class. Missed classes may be made up only within the same session in a class of the same level. Rainout Line: (909) 625-2060.

ADULT TENNIS ACADEMY – INTERMEDIATE/ADVANCED

Improve your technique while getting a workout and making new friends. Students will learn and train in the intermediate to more advanced areas of the game. For more information visit us at www.tennisanyone.info

Instructor Tennis Anyone

Location Ronald Reagan Park Tennis Courts

Age 18+

Days/ Time Mondays (Advanced w/instructor clearance) & Wednesdays (Int/Adv) 6:30-8 pm

Wks 4

AC 2081-1	5/25-6/17	1 Day	Res \$79	NR \$84
AC 2081-2	6/22-7/15	1 Day	Res \$79	NR \$84
AC 2082-1	5/25-6/17	2 Days	Res \$135	NR \$140
AC 2082-2	6/22-7/15	2 Days	Res \$135	NR \$140

Wks 5

AC 2081-3	7/20-8/19	1 Day	Res \$99	NR \$104
AC 2082-3	7/20-8/19	2 Days	Res \$169	NR \$174

No Class 5/25

ADULT SEMI PRIVATE TENNIS LESSONS-BEG.

Intended for newcomers who want to learn tennis in a small group setting of 2-4 students. Expect plenty of attention from the coach while learning a sport that can be enjoyed for a lifetime.

Instructor Tennis Anyone

Location Ronald Reagan Park

Age 18+

Days/ Time Mondays & Wednesdays 8-9 pm

Wks 4

AC 2083-1	5/25-6/17	1 Day	Res \$99	NR \$104
AC 2083-2	6/22-7/15	1 Day	Res \$99	NR \$104
AC 2084-1	5/25-6/17	2 Days	Res \$165	NR \$170
AC 2084-2	6/22-7/15	2 Days	Res \$189	NR \$194

Wks 5

AC 2083-3	7/20-8/19	1 Day	Res \$124	NR \$129
AC 2084-3	7/20-8/19	2 Days	Res \$236	NR \$241

GOLF

Designed for players of all levels, this class is for anyone who wants to learn or improve their game! Clubs and range balls are available. Please arrive 15 minutes early to select clubs. Students need to wear golf or tennis shoes and a collared shirt.

Instructor Jeffrey Hirose

Location Diamond Bar Golf Course
 22751 Golden Springs Dr., Diamond Bar, CA 91765

Wks 4 **Res** \$100 **NR** \$105

Age 16+

AC 2157-1	5/28-6/18	Th	7:15-8:15 pm
AC 2157-2	7/2-7/23	Th	7:15-8:15 pm
AC 2157-3	7/30-8/20	Th	7:15-8:15 pm

HARMONY AIKIDO

Build confidence and effective self-defense through physical conditioning, balance and flexibility. Wooden hardware, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), help strengthen joints and muscles, while helping align the body for correct technique. See instructor to purchase optional uniform and wooden hardware.

Instructor Ethan Tam

Location DBC, Oak Room

Wks 13 **Res** \$166 **NR** \$171

Age 6+

AC 2017-1	5/28-8/20	Th	5:30-7 pm
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KAJUKENBO KARATE

Improve physical fitness and building self-confidence with self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu). Wear loose fitting clothing. Returning students can purchase a required uniform from the instructor. More details on Facebook: Diamond Bar Kajukenbo.

Instructor: John Bishop

Location: DBC, Oak Room

Wks 5 **Res** \$50 **NR** \$55

Age 12+

AC 2026-1	6/30-7/30	Tu & Th	7:30-9 pm
AC 2026-2	8/11-9/17	Tu & Th	7:30-9 pm

No Class 8/25, 8/27

KICKBOXING & SELF DEFENSE

Not your typical workout class. Learn amazing kickboxing techniques and self-defense tricks while getting a great workout. \$75 material fee payable at first class for a uniform. More details at www.sampabrazilianjujitsu.com.

Instructor Renato Migliaccio

Location Sampa Brazilian Jiu Jitsu School
 355 South Lemon Ave. Unit L, Walnut 91789

Wks 6 **Res** \$99 **NR** \$104

Age 14+

AC 2089-1	6/2-7/9	T & Th	6-7 pm
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GET FIT IN THE A.M.

See your energy levels rise with the sun! This morning workout combines cardio, core strengthening, flexibility and muscle conditioning that gives you results you can see and feel!

Instructor Sheri Liebe

Location iDance & Fitness

2707 S Diamond Bar Blvd #105, Diamond Bar, CA 91765

Wks 7 **Res** \$98 **NR** \$103

Age 18+

AC 2087-1 6/1-7/13 M&W 6-7 am

AC 2087-2 7/20-8/31 M&W 6-7 am

YANG STYLE TAI CHI

Reduce stress, improve balance, lower blood pressure, and enhance the immune system. Often referred to as "moving meditation," Tai Chi promotes health by focusing on the mind-body connection. To better learn and understand each movement, martial arts applications are also taught.

Instructor Thomas Barrett

Location DBC, Sycamore Room

Wks 5 **Res** \$60 **NR** \$65

Age 18+

AC 2032-1 5/28-6/25 Th 7:30-8:30 pm

AC 2032-2 7/9-8/6 Th 7:30-8:30 pm

VINYASA FLOW YOGA

Synchronize breath with movement by focusing on linking conscious breath with mindful flow. You'll be guided through postures in a Vinyasa style, beginning with basic poses and allowing for more challenging poses as you progress. Don't forget your yoga mat! Beginners welcome!

Instructor Joann Chung

Location DBC, Pine Room

Wks 6 **Res** \$88 **NR** \$93

Age 18+

AC 2033-1 6/1-7/6 M 7-8 pm

AC 2033-2 7/13-8/17 M 7-8 pm

PILATES

Build lean muscles while improving muscular endurance in this mat class. Instructor will cover the top five body changing Pilates exercises and give modifications if needed.

Instructor Gabriela Klein

Location DBC, Pine Room

Wks 7 **Res** \$89 **NR** \$94

Age 18+

AC 2189-1 5/26-7/7 Tu 6-7 pm

AC 2190-1 5/28-7/9 Tu 6-7 pm

AC 2189-2 7/14-9/1 Tu 6-7 pm

AC 2190-2 7/16-9/3 Tu 6-7 pm

No Class 8/25, 8/27

ZUMBA FOR THE MATURE ADULT

A fun, energetic and low-impact Zumba workout at a pace designed for beginners, older adults, and individuals with knee or joint issues.

Instructor Limei Xiao

Location DBC, Sycamore Room

Wks 8 **Res** \$50 **NR** \$55

Age 18+

AC 2093-1 5/11-7/6 M 10-11 am

AC 2093-2 7/13-9/14 M 10-11 am

No Class 5/25, 8/24, 9/7

GENTLE YOGA

These extremely accessible classes are perfect for anyone looking to develop a practice of conscious, mindful movement with some support- all levels are welcome. Bring a mat, strap, or cotton belt, and yoga block.

Instructor Limei Xiao

Location DBC, Pine Room

Wks 8 **Res** \$106 **NR** \$111

Age 18+

AC 2088-1 5/11-7/6 M 8:30-9:45 am

AC 2088-2 7/13-9/14 M 8:30-9:45 am

AC 2090-1 5/6-7/1 W 8:30-9:45 am

AC 2090-2 7/8-9/2 W 8:30-9:45 am

No Class 5/25, 8/26

KUNDALINI YOGA

Experience deep relaxation and inner peace while learning Kundalini Yoga postures, mudras, mantra, and meditation. All levels welcome. Bring a mat and water. Yoga mats available for purchase from instructor.

Instructor Marlene Ramirez-Mooney

Location DBC, Oak Room

Wks 6 **Res** \$88 **NR** \$93

Age 18+

AC 2091-1 6/6-7/25 Sa 10-11 am

No Class 6/20, 7/4

CHAN/ZEN MEDITATION BY HEART CHAN



The fundamental teachings of Heart Chan practice include floor sitting, belly breathing, cultivation of "chi," and integrating body, mind and spirit in your everyday life. Learn these techniques throughout the course. Wearing loose clothing is recommended.

Instructor Viki Chao

Location DBC, Pine Room

Wks 8 **Res** \$90 **NR** \$95

Age 18+

AC 2127-1 6/2-7/28 Tu 7:30-9 pm

No Class 7/7

LINE DANCING

This low impact class will get you up and dancing quicker than you can say "Yee-Haw!" Learn popular line dances like the Electric Slide, Cupid Shuffle, Cha Cha Slide, Boot Scootin' Boogie and Watermelon Crawl. No partners needed!

Instructor Crystal Shum
Location DBC, Oak Room

Wks 4	Res \$50		NR \$55
Age 16+			
AC 2131-1	6/1-6/22	M	7:45-8:45 pm
AC 2131-2	6/29-7/20	M	7:45-8:45 pm
AC 2131-3	7/27-8/17	M	7:45-8:45 pm

JAZZERCISE

Obtain fitness results fast with this low impact dance-based workout that combines cardio moves with strength-training to burn up to 600 calories per session. Wear exercise attire, and bring a mat or towel and water. Hand-held weights optional.

Instructor Connie Lillie
Location DBC, Sycamore Rm (T/Th), Oak Rm (Sa)

Wks 5			
Age 16+			
Days/Time	Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am		
AC 2029-1	6/16-7/18	1 Day	Res \$36 NR \$41
AC 2029-2	7/21-8/22	1 Day	Res \$36 NR \$41
AC 2030-1	6/16-7/18	2 Days	Res \$51 NR \$56
AC 2030-2	7/21-8/22	2 Days	Res \$51 NR \$56
AC 2031-1	6/16-7/18	3 Days	Res \$56 NR \$61
AC 2031-2	7/21-8/22	3 Days	Res \$56 NR \$61

FINE ART ACRYLIC PAINTING

Learn the basics of painting with acrylics including techniques, mediums and tools while creating a series of paintings. No experience required. Students furnish their own supplies (email instructor for the materials and supplies list at raytuckerartist@gmail.com).

Instructor Ray Tucker
Location DBC, Sycamore Room

Wks 4	Res \$110		NR \$115
Age 18+			
AC 2034-1	5/13-6/3	W	12:30-3:30 pm
AC 2034-2	6/10-7/8	W	12:30-3:30 pm
AC 2034-3	7/15-8/5	W	12:30-3:30 pm
AC 2034-4	8/12-9/9	W	12:30-3:30 pm

FIGURE AND ANATOMY DRAWING

Explore both contemporary and traditional approaches to the figure from master drawings. Study different gesture drawing techniques and how major bone and muscular structures of the human body change with movements and emotions.

Instructor Julianna Balogh, MFA
Location DBC, Maple Room

Wks 6	Res \$110		NR \$115
Age 17+			
AC 2125-1	6/1-7/6	M	6:30-8:30 pm
AC 2125-2	7/13-8/17	M	6:30-8:30 pm

BEGINNING DRAWING

Train with a skilled artist! Explore negative space, proportion, composition, perspective, line quality and different shading techniques through the study of master drawings. Bring 11"x14" drawing pad, and a 4b pencil. A supply list will be provided at first class.

Instructor Julianna Balogh, MFA
Location DBC, Sycamore Room

Wks 6	Res \$110		NR \$115
Age 15+			
AC 2178-1	5/30-7/11	Sa	11 am-1 pm
AC 2178-2	7/18-8/22	Sa	11 am-1 pm

PORTRAIT DRAWING

Study the anatomy of the head, neck, shoulders, major bony landmarks, and muscles. Explore different techniques to enhance facial features and the hair from the frontal view, side profile, and three-quarter view. Bring 11"x14" drawing pad and a 4b pencil. A supply list will be provided at first class.

Instructor Julianna Balogh, MFA
Location DBC, Maple Room

Wks 6	Res \$110		NR \$115
Age 15+			
AC 2179-1	5/28-7/2	Th	6:30-8:30 pm
AC 2179-2	7/9-8/13	Th	6:30-8:30 pm

FONDANT FUNDAMENTALS

Simple and fun! Several flowers will be made, such as carnations, calla lilies, various types of roses, daisies and small filler flowers for cookies and cupcakes! Also learn how to paint fondant for that extra touch! Materials included.

Instructor Geri Keller
Location DBC, Maple Room

Wks 1	Res \$60		NR \$65
Age 12+			
AC 2176-1	6/24	W	6:30-8:30 pm

Oil Painting For The Absolute Beginner

This workshop is designed for those interested in exploring the art of oil painting. No experience required. Students furnish their own supplies (email instructor for the materials and supplies list at raytuckerartist@gmail.com).

Instructor Ray Tucker
Location DBC, Maple Room

Wks 4	Res \$110		NR \$115
Age 18+			
AC 2035-1	5/2-5/23	Sa	9am-12 pm
AC 2035-2	6/6-6/27	Sa	9am-12 pm
AC 2035-3	7/11-8/1	Sa	9am-12 pm
AC 2035-4	8/8-8/29	Sa	9am-12 pm

COOKIE ART W/ROYAL ICING-NEW!



Start with the basics of royal icing, such as marbling, outline and flooding cookies. Learn how to properly fill icing bags and use different icing tips to make various flowers and shapes on the cookies provided. No experience needed.

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2175-1 5/27 W 6:30-8:30 pm

AC 2175-2 8/12 W 6:30-8:30 pm

BUTTERCREAM BASICS-NEW!

Learn the various types of buttercream and how to make American buttercream. Several options for coloring the icing and how to use icing bags with multiple colors will be covered. Different tips will be used to create flowers and designs. No experience necessary!

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2095-1 7/8 W 6:30-8:30 pm

COOKIE BOUQUET-NEW!

Class will start with how to use buttercream icing and tips to create beautiful flowers. These flowers will then be used to create a bouquet. Very easy and fun!

Instructor Geri Keller

Location DBC, Maple Room

Wks 1 **Res** \$50 **NR** \$55

Age 12+

AC 2097-1 6/10 W 6:30-8:30 pm

MICROSOFT OFFICE APPLICATIONS



Learn how to make slideshows, spreadsheets and tables using Microsoft software. Experienced users can sharpen skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable at the first class.

Instructor AGI Academy

Location DBC, Maple Room

Wks 8 **Res** \$160 **NR** \$165

Age 16+

AC 2076-1 6/16-8/4 W 8-9 pm

DIGITAL CAMERAS & SMART PHONE WORKSHOP

Get hands-on practice with your digital camera and smart phone while learning basic photography, photo composition, and how to use and make the most of your camera's settings. All cameras are welcome. \$5 material fee due to instructor at first meeting.

Instructor Tony Wang

Location DBC, Pine Room

Wks 5 **Res** \$100 **NR** \$105

Age 16+

AC 2103 1 5/21-6/25 M 3:30-5:30 pm

ONLINE LEARNING EDUCATION TO GO



Over 300 courses that you can complete from the convenience of your home or office. Fees start at \$115. Visit www.ed2go.com/diamondbar or call (909) 839-7070 for more information.

Topics Include:

- Speed Spanish
 - Social Media for Businesses
 - SAT/ACT/GRE Prep Courses
 - English, Grammar & Writing
 - Microsoft Application
- AND MORE!

Session Dates:

- | | |
|-----------|-----------------|
| Session 1 | 6/17/20-8/7/20 |
| Session 2 | 7/15/20-9/4/20 |
| Session 3 | 8/12/20-10/2/20 |



Hollywood Bowl 4th of July Fireworks

Enjoy an evening of music, thrilling fireworks and concert starring the “Beach Boys.” With dozens of their chart-toppers becoming anthems of American youth – including “Surfin’ U.S.A.,” “I Get Around,” and “Fun, Fun, Fun” – the Beach Boys will light up the night with the Los Angeles Philharmonic. This excursion includes roundtrip transportation, admission, seat cushion rental and a snack for the ride home.

Age All	Res \$66	NR \$71
AC 2450-1	7/3	Th 5 pm-12 am

COMMUNITY EXCURSIONS

Community Excursions depart from and return to the Diamond Bar Center, located at 1600 Grand Avenue. Refunds will be given only when Parks and Recreation is able to resell your reservation to another party. All minors must be accompanied by an adult. All participants must sign a City liability waiver prior to participating in each excursion. For registration information please call (909) 839-7070.

SENIOR EXCURSIONS

Senior Excursions depart from and return to the Diamond Bar Center (1600 S. Grand Avenue). Excursions are for Senior Citizens only (55+). Excursions are rated on a 1-2-3 level scale. 1 represents little or no walking, 2 is moderate amount of walking and 3 is quite a bit of walking. Seating is limited and is available on a first-registered, first-served basis. Refunds will be given only when Parks and Recreation is able to resell your reservation to another party. All participants must sign a City liability waiver prior to participating in each excursion for registration, call 909.839.7070.

Palm Springs Air Museum – Level 2-3

The Palm Springs Air Museum is a living history museum dedicated to educating the public about the role Air Power played in preserving American liberties and way of life. Many of the docents are veterans and are willing to share their experiences. After the tour, everyone will enjoy free time in Downtown Palm Springs for shopping and lunch on their own.

Age 55+ **Res** \$43 **NR** \$48
AC 2631-1 6/10 W 8 am-5 pm
Reservation deadline is May 22.



Gondola Getaway – Level 1-2

Start the day off in Long Beach with a one-hour gondola ride through the Naples Canal. Enjoy gliding through the tranquil waterways on an authentic gondola and your experienced gondolier will serenade you through the canal. Next, we drive across the harbor into San Pedro for lunch on your own. This excursion includes roundtrip transportation, and a snack on the way home.

Age 55+ **Res** \$62 **NR** \$67
AC 2632-1 7/22 W 9 am-5 pm
Reservation deadline is July 6.

Ronald Reagan Library – Level 1-2

Visit the permanent galleries such as the Air Force One, the Berlin Wall, the President's gravesite and more. Experience being at the Oval Office at the time President Reagan was using it. Learn how President Reagan made an impact on the lives of every American and the world.

Age All **Res** \$47 **NR** \$52
AC 2633-1 8/19 W 9 am-5 pm
Reservation deadline is July 31.



PREMIER WORLD DISCOVERY & COLLETTE GATEWAY

Premier World Discovery & Collette Gateway have partnered with the City of Diamond Bar to offer extended excursions. All trips offered are “all-inclusive” at 4-star accommodations. Travelers are picked up and dropped off at their doorstep for Premier. Trips may include cars, trains, planes, boats and motor coaches. Don't see a trip you're looking for they can help!!



Canadian Rockies & Glacier National Park

Calgary, Banff, Glacier National Park and more!

August 5, 2020 7 Days
 \$2,999 per person double capacity

Great Canadian Cities

Montreal City Tour, Notre Dame Cathedral, Niagara Falls City Tour Center and more!

September 16, 2020 9 days
 \$3,495 per person double capacity



Albuquerque Balloon Fiesta

Old Town, Albuquerque Tour, Los Alamos Science, Santa Fe City Tour and more!

October 2, 2020 6 days
 \$2,675 per person double capacity



FREE CLINICS & SEMINARS

Advanced registration is needed for these free clinics, speakers or seminars please call (909) 839-7070

FALL PREVENTION AND BALANCE

Every 20 minutes, an older adult sustains severe injuries as a direct result of a fall. Preventing falls can be as easy as re-arranging home furniture, performing specific exercises and using the right assistive devices. Learn about the risk factors for falls and how to make modifications to your habits and environment for a safer and happier life!

Sponsored by Jessica Crane, DPT, OCS and Olivia Cruz, DPT; Gary Souza PT & Associates.

Location DBC, Pine Room
5/19 Tu 10-11:30 am

CBD 101 Medical Presentation

Dr Yolanda Yanez, is a 30 plus year Doctorate of Pharmacology from USC and active pharmacist who has a mission to reduce the opiate use that's crippling many families across the nation. The goal is to educate residents on what they should know when buying and taking Hemp CBD products and when taking their prescription medicines.

Sponsored by Dr Yolanda Yanez, PharmD

Location DBC, Pine Room
5/26 Tu 10-11:30 am

DEMENTIA

Caring for a loved one with dementia is no small task. This presentation will cover all aspects of preventing and treating dementia, including new approaches to treatment and care.

Sponsored by Silverado, Thomas Baird, LCSW Senior Director of Residents

Location DBC, Pine Room
6/16 Tu 10-11:30 am

HOW PHYSICAL THERAPY CAN HELP WITH PARKINSON'S DISEASE

Physical therapy can make a difference in the quality of life of individuals with Parkinson's Disease (PD) by improving walking, flexibility and balance through specific exercises. Come learn about this neuro-degenerative disease and LSVT-BIG, an exercise regimen designed to help improve functional mobility.

Sponsored by Jessica Crane, DPT, OCS; Gary Souza PT & Associate

Location DBC, Pine Room
7/22 W 10-11:30 am

LEARN HOW TO MAXIMIZE YOUR MEDICARE AND MEDI-CAL BENEFITS

This presentation covers Cal MediConnect and other health plan options. Learn about the qualification requirements of various plans, the health care providers, services and prescriptions covered by each plan, and how coordinated care works.

Sponsored by Paul Gutierrez, Outreach Specialist, Harbage Consulting

Location DBC, Pine Room
8/12 W 10-11:30 am

MEDICAL AND LONG-TERM CARE

Understand the protection side of the law and the pitfalls that can devastate an estate. Learn how to save what you have worked for all of your life!

Sponsored by United California Estate

Location DBC, Pine Room
8/18 Tu 10:30 am

HEALTHY COOKING

A nutrient-rich diet is the best way to enhance brain and heart function and health. Come learn which foods to stock up on and how to make some simple swaps in your favorite recipes to protect your brain, reduce your risk for heart disease, and improve your overall health.

Sponsored by Silverado, Thomas Baird, LCSW-Senior Director of Residents

Location DBC, Maple Room
8/19 W 10-11:30 am

SENIOR SERVICES

AARP MATURE DRIVING CLASS

This class offers instruction that refines existing skills and develops safe and defensive driving techniques. Produced by the American Association of Retired Persons (AARP). You must attend both classes in a session to receive your completion certificate. Pre-registration is required by visiting the Diamond Bar Center or going online to www.diamondbarca.gov/reregistration.

Instructor AARP

Location City Hall, Windmill Room

Fee \$20 AARP member, \$25 non-member

AC 2620-2 5/14 & 5/15 Th & F 9 am-1 pm

AC 2621-1 6/19* F 9 am-2 pm

AC 2622-2 7/16 & 7/17 Th & F 9 am-2 pm

AC 2623-1 8/27* Th 9 am-1 pm

*For returning students only.

HEARING SCREENING

Connect Hearing is offering free hearing screenings on the third Wednesday of every month from 9 am to 11 am. Call (909) 839-7070 for an appointment.

Staffed by Tina Rogers, M.S Audiologist

Location DBC, Maple Room
Dates W 9-11 am
5/20, 6/17, 7/15, 8/19

TALK WITH AN ATTORNEY

Obtain answers to your personal legal questions related to wills, trusts, powers of attorney, planning for incapacity, probate, elder law, medical and long-term care planning. Schedule your 20-minute appointment today by calling (909) 839-7070.

Staffed by Sarah Polinsky, Estate Planning & Elder Law Attorney

Location Diamond Bar Center

5/6	W	10 am-12 pm
6/3	W	10 am-12 pm
8/5	W	10 am-12 pm

CASE MANAGEMENT

Intervale Senior Services can help seniors in private appointments. Services available include case management (in-home assessment, personalized care plan, service arrangement) home delivered meals, and information and referral. For more information, contact YWCA at (626) 214-9467.



FREE FINANCIAL SEMINARS SERIES

WILLS AND TRUSTS
Trusts are only the beginning of good planning. Let us share helpful information about this topic and help you plan for the future.
Sponsored by United California Estate
Location DBC, Pine Room
8/11 Tu 10:30 am

MEDICAL & LONG TERM CARE
Understand the protection side of the law and the pitfalls that can devastate an estate. Learn how to save what you have worked for all of your life.
Sponsored by United California Estate
Location DBC, Pine Room
8/18 Tu 10:30 am

THE FACTS ABOUT ANNUITIES
What are the pros and cons about annuities and how do they differ from other saving and growth vehicles? Get some tips on how to preserve your estate and not outlive your money.
Sponsored by United California Estate
Location DBC, Pine Room
9/1 Tu 10:30 am

TECH TIME

Get answers to your technology related questions or help with your mobile devices in a one-on-one 45-minute session with a teen volunteer member of DB 4Youth. Help is free and can include topics such as making your favorite photo a wallpaper, creating an email or social media account, or adjusting the custom settings on your smartphone, tablet or e-reader. Register in person at the Diamond Bar Center or by calling (909) 839-7070 to reserve your time slot.

Staffed by DB 4Youth teen volunteers

Location Diamond Bar Center

5/20	W	3:30-5 pm
6/1 – 7/31*	M & F	10 am-12:15 pm

***No Class 7/3**

SPECIAL EVENTS

Paid reservations for all City-sponsored senior events are required. Purchase of 10 reservations will enable you to secure a table. For information, please call (909) 839-7070 or (909) 839-7068. Register at the Diamond Bar Center or online at www.DiamondBarCa.gov.

CINCO DE MAYO

Celebrate the festive holiday of Cinco de Mayo with friends, great music of all genres, and delicious Mexican food! Ticket sales stop May 1.

Location DBC

Age 55+	Res \$15	NR \$20
AC 2600-1	5/5	W 6-9 pm

SENIOR PROM

Our first senior prom was such a success, let's keep the tradition going! Whether you missed your senior prom or just want to relieve the fun, this is one dance you won't want to miss. Dress up or don't - just don't miss prom night! Tickets sales stop June 12.

Location DBC

Age 55+	Res \$15	NR \$20
AC 2601-1	6/18	Th 6-9 pm

LUAU DANCE

Put on your Hawaiian-print shirt or dress and come celebrate the relaxed Hawaiian culture with food, music and dance. Don't worry if you do not have Luau attire, there will be plenty of leis at the event. Tickets sales stop July 10.

Location DBC

Age 55+	Res \$15	NR \$20
AC 2602-1	7/16	Th 6-9 pm

WESTERN HOEDOWN

Join us for a rip-roaring, fun-filled evening complete with a barbecue dinner, soda bar, dancing and raffle prizes. Tickets sales stop August 14.

Location DBC

Age 55+	Res \$15	NR \$20
AC 2603-1	8/20	Th 6-9 pm

BINGO! BINGO! BINGO!

Attention Seniors and Adults! Join us every Monday and Friday for an afternoon of fun and socialization. Meet and make new friends playing bingo. Play 10 games for \$2. Please arrive early to make sure you have enough time to purchase your cards and find a seat!

Location DBC

Age 18+ Adults & Seniors

M Card Sales 11:30 am-12 pm

Games 12:15-2:45 pm

F Card Sales 9:30-11 am

Games 11:15 am-1:45 pm

SENIOR COED SOFTBALL

Inter-City Senior Co-ed Softball League offers full softball games for players age 50 or older. Diamond Bar teams are made up of 11-15 players; men and women mostly in their 60s and 70s. At least three players must be women. The playing season runs April through November, with games starting at 9 a.m. or 10:15 a.m. and lasting approximately 75 minutes in length. Currently teams are full and are waitlisted. Please visit www.intercitysoftball.org to be added to the waitlist.

PHOTO CLUB

Meet fellow photographers to share and learn by exchanging photo tips and joining group photo excursions. Meeting is third Wednesday of each month.

Location DBC, Sycamore Room

Ages 55+

5/20, 6/17, 7/15, 8/19 W 6-8 pm

Senior Clubs

EVERGREEN SENIOR CLUB meets five days a week 9 a.m. to 5 p.m. at the Diamond Bar Center. Activities include; Karaoke, mahjong, gardening and more. For more information visit www.diamondbarevergreen.com

Diamond Age Senior Club meets on Wednesday 10 a.m. to 9 p.m., and on Thursday 10 a.m. to 5 p.m. at the Heritage Park Community Center. Activities include; ballroom dance, line dance, crochet and more. For more information, stop by during meeting hours.

DIAMOND BAR SENIOR CITIZENS CLUB meets at the Diamond Bar Center on Mondays at 10:30 a.m. Activities include; luncheons, day and extended trips, and bingo. For more information, stop by before their meeting at 9 a.m. on Mondays.

SUNSHINE SENIORS meets every Friday, Saturday and Sunday from 7:30 a.m. to 11 a.m. at the Diamond Bar Center. Activities include yoga, Zumba and private evening events. For more information visit www.dbsunshineseniors.com

SUPER DIAMOND AGE meets at the Heritage Park Community Center on Tuesday 9:30a.m. to 9 p.m., and Fridays 9:30 a.m. to 5 p.m. Activities include Folk dancing, tai-chi, karaoke and more. For more information, stop by during meeting hours.

SENIOR CLASSES

MT. SAN ANTONIO COLLEGE CLASSES

Antonio College and are conducted at the Diamond Bar Center, 1600 Grand Avenue, Heritage Park Community Center, 2900 S. Brea Canyon Rd or Pantera Park Activity Room, 738 Pantera Drive. Please note: Mt. Sac conducts their own class registration. To inquire about details of a class please call Older Adult Program at Mt. Sac at (909) 594-5611 ext. 4192. Registration will NOT be accepted at the Heritage Park Community Center or the Diamond Bar Center offices. If you miss the pre-registration date please attend the first class meeting and speak to the instructor.

Summer pre-registration date

Registration cards will be handed out; 30 completed registration cards will be randomly drawn for each class. Each person must be present during the registration process and may only register for him or herself. Students may not register for another student at this time.

HEALTHY AGING

5/20/20 at 9 am (Wednesday)

HEALTHY AGING PRINCIPLES OF SLOW MOVEMENT

5/21/20 at 10 am (Thursday)

MOBILE INFORMATION TECHNOLOGY FOR BEGINNERS-NEW!

Introduction to mobile information technology skills, for your Laptop, Tablet, Smartphone, Reader or other mobile device. Learn skills, concepts, and principles to safely and effectively use mobile platform devices and the internet.

Instructor TBD
Location DBC, Sycamore Room
 6/15-8/10 M 1-4 pm

ENGLISH AS A SECOND LANGUAGE-NEW!

Learn beginning level English skills. Focus is on practicing speaking, learning new vocabulary, improving pronunciation, and basic reading and writing.

Instructor TBD
Location DBC, Sycamore Room
 6/19-8/14 F 8:30-11:30 am

DRAWING - BEGINNING THROUGH ADVANCED

Perceptual and technical skills of drawing. Includes dry and fluid media for the older adult population. Focus on single objects, still life, and landscape.

Instructor Ray Tucker
Location Heritage Park Community Center
 6/15-8/10 M 1-4 pm

Location DBC, Sycamore Room
 6/16-8/11 Tu 12:30-3:30 pm

WATERCOLOR PAINTING

Principles of watercolor painting for the older adult population. Emphasis will be on creative expression to develop primary skills for watercolor as they relate to composition and technique

Instructor Yasmin Cardona
Location DBC, Pine Room
 6/18-8/13 Th 1-4 pm

HOME GARDENING

Organic gardening, plants, fruit orchards, and traditional gardening. Including design, propagation methods, pruning and pest control.

Instructor Steven Williams
Location DBC, Sycamore Room
 6/17-8/12 W 10 am-12 pm

SEWING AND DESIGN

Basic sewing techniques including basic tailoring, pattern reading, cutting and style design to construct professional looking garments.

Instructor S. Stringfellow
Location DBC, Sycamore Room
 6/18-8/13 Th 9 am-12 pm (quilting)
 12:30-3:30 pm

HAND CRAFTED NEEDLEWORK

Needlework techniques including knitting, crocheting, embroidery, needlepoint for plastic, canvas and emerging technology to construct finished products for sale.

Instructor Pam Henry
Location DBC, Maple Room
 6/18-8/13 Th 9 am-12 pm

HEALTHY AGING/ POSTURE AND FLEXIBILITY

Healthy aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintain health while aging.

Instructor Adam Bresciani
Location Heritage Park
 6/16-8/13 T & Th 7:30-8:30 am

Instructor TBA
Location DBC, Pine Room
 6/18-8/13 Th 4:30-6:30 pm

HEALTHY AGING/ SLOW MOVEMENT

Healthy aging, including diet, nutrition, disease prevention, and application of Tai Chi principles to maintain health while aging.

Instructor John Rafter
Location DBC, Pine Room
 6/18-8/13 Th 9-11 am



HEALTHY AGING/FITNESS

Healthy aging including diet, nutrition, disease prevention, and application of physical fitness principals to maintain health while aging.

Instructor Alexi Cena
Location DBC, Oak Room
Age 55+
 6/15-8/14 M/W/F 8-9 am
 9-10 am
 10-11 am

Instructor Adam Bresciani
Location Heritage Park
 6/15-8/12 M/W 7:30-8:30 am

Instructor Vanessa Jones
Location Heritage Park Community Center
 6/19-8/14 F 7:30-8:30 am

Signing up for your favorite recreation activities is now easier and more convenient!

Please be advised that beginning August 1 a 2.5% convenience fee will apply for all credit/debit payments for City of Diamond Bar Parks & Recreation purchases, activity registrations, and facility rentals. The fee will be collected by a third party vendor named Card Connect. Payments may also be made in person at the Diamond Bar Center in cash, check, cashier's check, or money order without the convenience fee. Also, phone registration will no longer be accepted. For more information please call the Parks & Recreation Department at (909) 839-7070.

The City has launched a new registration system - visit www.diamondbarca.gov/recregistration to set up a new account. Search by category or keyword, and complete your registration online.

Three Easy Ways to Register:

1 Online

www.DiamondBarCA.gov/recregistration

2 Mail

Must pay with personal check, cashiers check or money order.

Visit www.diamondbarca.gov/recregistration to download the registration form and mail to:

**City of Diamond Bar
Attn: Parks and Recreation
21810 Copley Drive
Diamond Bar, CA 91765**

3 In Person

**Diamond Bar Center
1600 Grand Avenue
(in Summitridge Park)**

Diamond Bar Center Recreation Office Hours

Monday - Thursday 7:30 am - 5:30 pm • Friday 7:30 am - 4:30 pm

- Offices may be open later on weekdays and on weekends as scheduled classes and rentals permits.
- A signed waiver is due at the time of registration.
- All class registration forms will be processed by Parks & Recreation staff, no exceptions.
- All class registration will be on a "first-come, first-served" basis. Waiting lists will be established in the event that additional staff and facilities become available.
- All classes are subject to change or cancellation.
- All refunds must be requested before the second scheduled class meeting. Requests for refunds for one or two-week workshops must be made prior to the first class meeting.
- There will be a \$15 fee charged (per class) for the processing of all refund requests. Please refer to the separate policies for Excursion, Day Camp and Tiny Tots cancellations.
- Your information and e-mail address will only be used to send City-related communication, and will not be sold to or shared with other entities.

DIRECTORY

City Services:	839-7000
City Council	839-7010
Building & Safety	839-7020
City Clerk's Office	839-7010
City Manager's Office	839-7010
Community Development	839-7030
Facility Reservations	839-7065
Finance	839-7050
Human Resources	839-7018
Library	861-4978
Neighborhood Improvement	839-7030
Parks, Facility, Fields Maintenance	839-7060
Planning	839-7030
Post Office	860-2469
Public Information Office	839-7055
Public Works/Engineering	839-7040
Parks and Recreation (Classes/Excursions/Sports/Special Events)	839-7070
Senior Services (Senior Excursions/Workshops/Classes)	839-7068
Transit Information	839-7045
Voter Registration	562.462.2748
Business Information:	
Business Licenses	839-7030
Chamber of Commerce	869-0701
School Districts:	
Pomona Unified	397-4700
Walnut Valley Unified	595-1261
Utilities:	
So Cal Edison (electric)	800.611.1911
So Cal Gas (gas)	800.427.2200
Charter Spectrum (cable, Internet)	855.757.7328
Frontier (phone, FiOS)	800.921.8101
Walnut Valley Water	595-7554
Waste Disposal:	
Valley Vista (businesses)	800.442.6454
Waste Management (residents)	599-1274
Public Safety:	
Animal Control	623-9777
Fire (LA County)*	629-9671
Police (LA Co. Sheriff)*	595-2264
Vector Control	562.944.9656
24-Hour Hotlines:	
Building Inspection	839-7027
Employment Opportunities	348-8300
Field/Weather	348-8310
Graffiti Removal	800.794.7384

*For emergencies, call 9-1-1



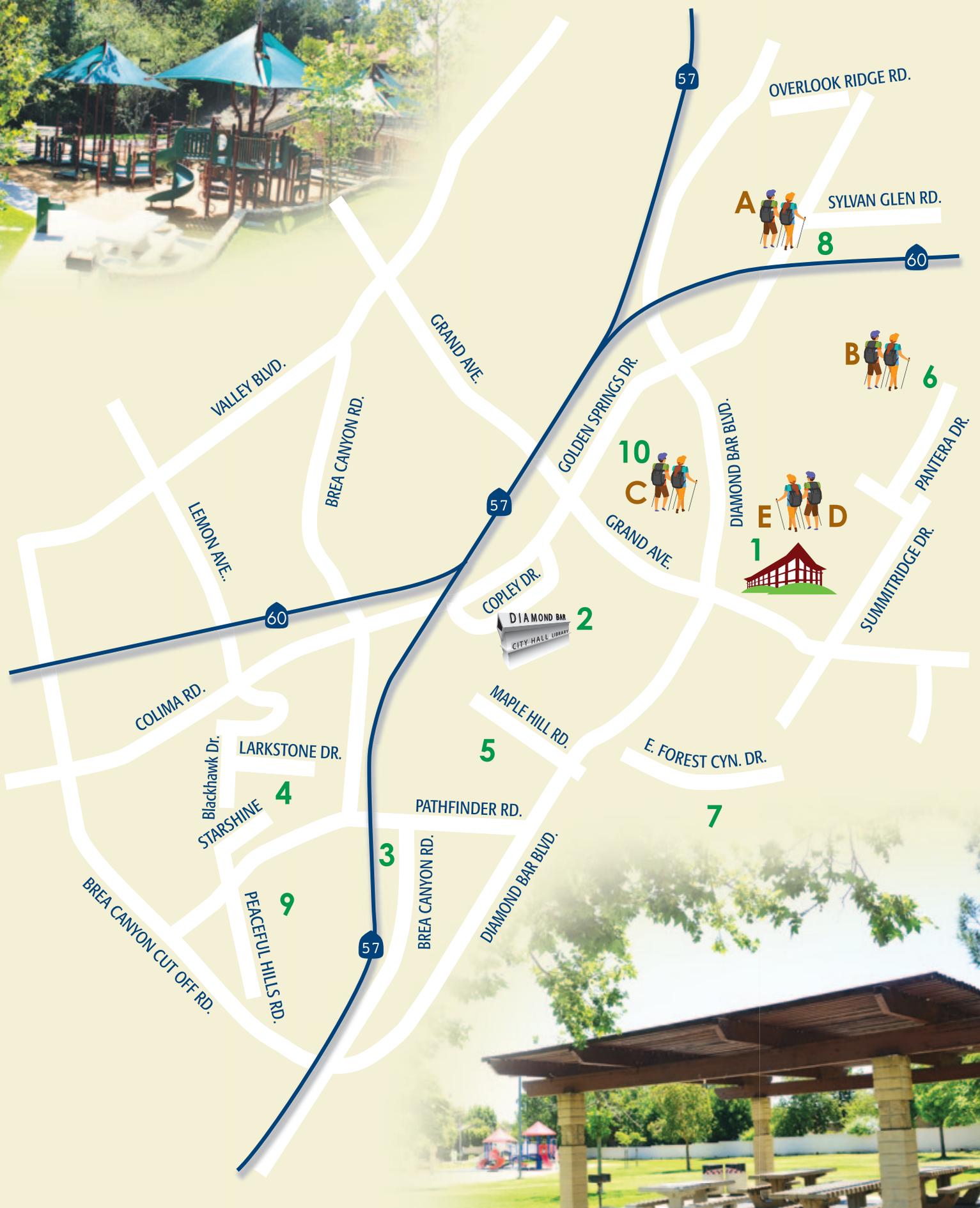
FACILITIES

- 1 Diamond Bar Center (DBC)**
1600 Grand Avenue (in Summitridge Park)
- 2 Diamond Bar City Hall**
21810 Copley Drive
- 3 Heritage Park & Community Center (3.4 acres)**
2900 S. Brea Canyon Road
- 4 Larkstone Park**
20668 Larkstone Drive
(across from South Pointe Middle School)
- 5 Maple Hill Park**
1309 S. Maple Hill Road
- 6 Pantera Park, Activity Room & Dog Park (15.5 acres)**
738 Pantera Drive
- 7 Paul C. Grow Park (5 acres)**
23281 E. Forest Canyon Drive
- 8 Peterson Park / Skate Park**
24142 E. Sylvan Glen Road
- 9 Ronald Reagan Park (6 acres)**
2201 S. Peaceful Hills Road
- 10 Sycamore Canyon Park (4 acres)**
22930 Golden Springs Drive

TRAIL HEADS

- A Peterson Park Trail**
24142 E. Sylvan Glen Road
- B Pantera Park Trail**
738 Pantera Drive
- C Sycamore Canyon Park Trail**
22930 Golden Springs Drive
- D Summitridge Park Trails**
1600 Grand Avenue
- E Steep Canyon Trail**
Cul-de-sac on Clear Creek Canyon at Steep Canyon Road





Published by the City of Diamond Bar, DBCONNECTION contains information on City issues, policies, events, and programs. It is published and mailed monthly to all residences and businesses in Diamond Bar. Every effort is made to ensure that the information printed in this publication is correct. If you find typographical errors or become aware of any inaccuracies, please let us know by calling (909) 839-7056.



City of Diamond Bar
21810 Copley Drive ♦ Diamond Bar, CA 91765-4178
(909) 839-7000 ♦ (909) 861-3117 Fax
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Healthy Diamond Bar



Launched in January 2019, Healthy Diamond bar is a comprehensive well-being initiative with year-round programs, activities or incentives to encourage and facilitate healthy habits and positive choices among community members.

Get your free membership (includes T-shirt) and take part in a free, fun and healthy activity

Tai Chi & Yoga in the Park

Saturday, May 9, 9-11 a.m.

Larkstone Park, 20668 Larkstone Drive

Get your Zen on with some Tai Chi and Yoga in the park. Experienced instructors will instruct and give some tips and techniques to take home with you. Whether you are a beginner or experienced come on by and get fit.

Picnic and Paint in the Park

Wednesday, June 3, 6-8 p.m.

Pantera Park, 738 Pantera Drive

You bring the picnic, we bring the paint! Experienced instructors will guide you as you create your own masterpiece. Relax and get creative – no experience needed. All ages welcome. Call (909) 839-7070 to reserve your space!

Relaxation Sensation

Saturday, August 15, 9-11 a.m.

Diamond Bar Center, 1600 Grand Avenue

Join us for a morning of aromatherapy and meditation. Improve the health of your body, mind, and spirit with a lesson on stress relief. Discover the uses of essential oils and the benefits of meditation.

**pre-registration
required for
this event**

Community Health Expo & Fitness Fun

Saturday, October 10, 9-12 p.m.

Diamond Bar Center, 1600 Grand Avenue

Don't miss this energy-packed morning filled with exciting activities designed to empower and inspire people of all ages and fitness levels to boost their health and well-being. There will be indoor and outdoor fitness activities, a group hike, informative workshops, and opportunities to visit with vendors and agencies that provide goods and services related to health, education, finance and more! Free goodies and snacks. Pre-registration not required.

