



Diamond Bar

WINTER/SPRING

# RECREATION

Guide



Events, Programs & Activities, Winter/Spring 2019/2020

Also inside, the December 2019 Connection Newsletter

# SPECIAL EVENTS



## Healthy Diamond Bar 2020

HEALTHY DIAMOND BAR  
FITNESS • WELLNESS • RECREATION

- Get your free membership (includes T-shirt)
- Take part in a free, fun and healthy monthly activity
- Earn prizes based on participation

See back of this guide for upcoming activities!

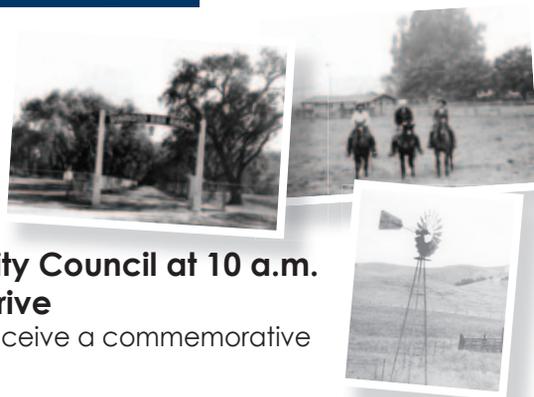
Launched in January 2019, Healthy Diamond Bar is a comprehensive well-being initiative with year-round programs, activities or incentives to encourage and facilitate healthy habits and positive choices among community members.

Learn more at [www.diamondbarca.gov/healthydb](http://www.diamondbarca.gov/healthydb).

## City Heritage Exhibition and Birthday Recognition

- Friday, April 17 • 12 p.m. - 4 p.m. Preview
- Saturday, April 18 • 10 a.m. - 3 p.m. Meet the Mayor/City Council at 10 a.m.
- Diamond Bar City Hall, Windmill Room, 21810 Copley Drive

Visit us to see the latest historical artifacts, new photos, and more! Receive a commemorative birthday pin, balloon and birthday cookie before you leave.



## Breakfast with the Bunny

Saturday, April 11 • 9:30 a.m. seating  
Diamond Bar Center, 1600 Grand Ave

Enjoy Breakfast with the Bunny for \$10 per individual. Admission to the event includes breakfast, children's crafts and game stations (recommended ages 2-8), interactive dancing and a photo with the bunny. Limited seats are available and advance registration is required.

**In Person:** Diamond Bar Center, 1600 Grand Avenue

**Online:** [www.diamondbarca.gov/specialevents](http://www.diamondbarca.gov/specialevents)

Additional event details and applications available by visiting [www.diamondbarca.gov/specialevents](http://www.diamondbarca.gov/specialevents) or calling the City's Parks and Recreation Department at (909) 839-7070.



## Diamond Bar Center Corporate Showcase Thursday, May 7, 11 a.m. - 1 p.m.

Discover the perfect solution for all your off-site meetings and events, large and small!

Refreshments • Entertainment • Networking • Vendor Booths and Raffles!  
FREE Admission and Parking • Info: 909.839.7065 or [www.DiamondBarCenter.com](http://www.DiamondBarCenter.com)



Diamond Bar Center  
1600 Grand Avenue, Diamond Bar, CA 91765  
Exit Grand Avenue, travel south 1.5 miles.



# INSIDE REC GUIDE

## City Council Meetings

December 3 and 17, starting at 6:30 p.m.  
AQMD Auditorium, 21810 Copley Drive

## Winter Snow Fest

December 7, 8 a.m. – 2 p.m.  
Pantera Park, 738 Pantera Drive

## Coffee with the Cop

December 10, 7-9 a.m.  
Everyday Coffee House,  
1223 S. Diamond Bar Blvd.

## Planning Commission Meeting

December 10, starting at 6:30 p.m.  
City Hall, 21810 Copley Drive

## Traffic and Transportation Commission Meeting

December 12, starting at 6:30 p.m.  
City Hall, 21810 Copley Drive

## City Hall Holiday Closures

City offices and facilities will be closed  
on Christmas Eve - Tuesday,  
December 24 and Christmas Day -  
Wednesday, December 25

## Street Sweeping

Sweeping takes place every week in  
December and January.

**More Info:** [diamondbarca.gov/calendar](http://diamondbarca.gov/calendar)

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## on the cover

Gerry Plunk  
"Finch Feeding at Feeder"  
2013 Through My Lens Photo Contest  
Adult Nature - Honorable Mention



**April 1, 2020**

The next decennial count is only a few months away and the U.S. Census Bureau wants to make sure households nationwide are ready to respond to the survey when an invitation arrives in the mail sometime mid- to late-March.

The invitation will provide instructions on how to complete the census survey either online, by phone or by mail. By law, everyone living in the United States on April 1 is required to be counted in the 2020 Census.

Census count accuracy is very important because, among other things, results are used to determine how much funding local communities receive for key services and how many seats each state gets in Congress.

All census data gathered is used only to produce statistics with survey questions centering on demographics such as how many people are living in the home and their relationship, the age, race and gender of each individual, and whether the home is owned or rented.

To learn more about the 2020 Census, visit <https://2020census.gov>.



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## NEW BUSINESS OF THE MONTH

### Nékter Juice Bar

1118 Diamond Bar Town Center  
(909) 345-5444

[www.nekterjuicebar.com](http://www.nekterjuicebar.com)

Open Monday-Sunday, 7 a.m.-8 p.m.

Six fresh juices, seven smoothies and five açai bowls, plus a variety of healthy snacks! A pleasingly easy menu, clean atmosphere, and the ability to customize your order with gluten-free and dairy-free options are part of Nékter's charm, and the reason why it's become a favorite juice bar for many locals.



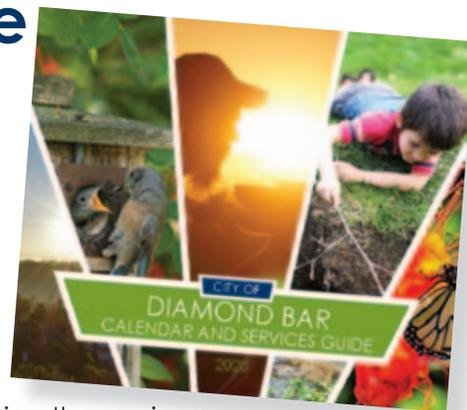
Have a moment? Visit the City's official YouTube channel at [www.youtube.com/DiamondBarCA](http://www.youtube.com/DiamondBarCA) to check out a quick promotional video Diamond Bar's Nékter.

## Place Your Order for a Free Calendar and Schedule

New editions of the City's popular Calendar and Services Guide and magnetic Street Sweeping Schedule will be available in early January.

Featuring last year's Through My Lens Photo Contest winning entries, the services guide is a great way to keep track of special dates and have quick access to important phone numbers and information about Diamond Bar services and amenities. The schedule indicates the weeks when the street sweeper is in operation as well as the days when service is delayed because of a holiday.

To receive one or both of these items by mail when they become available, place your request online at [www.diamondbarca.gov/guiderequest](http://www.diamondbarca.gov/guiderequest) no later than Monday, December 16. If you do not have internet access, you may call in your request to (909) 839-7000.



## Former Diamond Bar Mayor Honored with Memorial Sign on SR60



A stretch of State Route 60, from Lemon Avenue on the west to Golden Springs Drive on the east, has been officially designated the Mayor Jack Tanaka Memorial Highway.

SCR No. 11, the resolution requesting that the State Highway Administration install the memorial sign, was co-

sponsored by Senator Ling Ling Chang and Assemblymember Phillip Chen at the urging of an army of friends and supporters of the former Diamond Bar mayor, led by Diamond Bar resident Greg Busch. It was unanimously approved by the state Senate and Assembly in May and July, respectively, and the sign was installed early October 2019.

The late Jack Tanaka served on the Diamond Bar City Council for more than 10 years, from June 2005 until December 2015 and, previous to that, served on the Diamond Bar Planning Commission for more than three years. While on the city council, Tanaka served two one-year terms as mayor and championed policies and programs that improved quality of life, fostered community pride, and benefited youth and families.

During his spare time, Tanaka was an avid supporter of various community service groups. Most notably, he was a 30-year member of the Lions Club International and a six-time president of the local Diamond Bar chapter of the Breakfast Lions Club. In July 2012, he and his surviving wife, Wanda, were recognized with the prestigious Lions International Lion of the Year award – the highest honor the organization gives its members for dedicated humanitarian service.

Former Diamond Bar mayor Jack Tanaka died from complications of lung cancer on August 3, 2017.



# WINTER Snow Fest

**More than 100 tons of snow are scheduled to drop on the grounds of Pantera Park on Saturday, December 7 for the City's annual Winter Snow Fest.**

The event runs from 8 a.m. to 2 p.m. and will feature plenty of fun activities to get everyone into the holiday spirit. There will be sledding hills, snow play areas, live entertainment, games and crafts for children, food booths and special visits by Santa and Flurry the Penguin.

Event admission is free and open to the public, however, there is a \$1 cost for an activity card good for up to four games or crafts and sledding requires the purchase of a \$7 wristband good for unlimited rides.

Families wishing to purchase sledding wristbands are strongly encouraged to arrive early because only a limited number of wristbands will be sold.

Pantera Park is located at 738 Pantera Drive. For more information, visit [www.diamondbarca.gov/specialevents](http://www.diamondbarca.gov/specialevents) or call (909) 839-7070.

## Free Cab Ride to a Shopping Center

With the holiday gift-buying season in full swing, here's a reminder that you can catch a free cab ride to and from any shopping center in town as part of the City's annual Holiday Diamond Ride program. Aimed at supporting the local economy and keeping tax dollars in town, Holiday Diamond Ride is open to residents 18 years of age and older and runs until Thursday, January 2. Proof of Diamond Bar residency (license or utility bill) is required to participate. For more information, call (909) 839-7000. To book a trip, call (800) 578-6555.



## Winter Street Sweeping

Every year starting December 1 and until January 31, street sweeping of city streets and roads happens weekly instead of biweekly. The increased frequency aligns with the increase in fallen leaves and wind-blown debris during the winter months.

Year-round street sweeping is a key component of the City's efforts to support a clean environment. It helps prevent dust, trash and vehicle pollutants from finding their way into the storm drain system and reaching the waterways, and during the rainy season it helps prevent localized street flooding as a result of clogged catch basins.

To find out the day of the week and the window of time when your street is scheduled for sweeping, check the No Parking sign in the public right of way of your street or use the City's online mapping tool available at [www.diamondbarca.gov/GIS](http://www.diamondbarca.gov/GIS).

## Holiday Tree Collection

On regularly scheduled collection days between December 26 and January 9, the City's two contract waste haulers will be collecting natural holiday trees from single-family residences and multi-family complexes, at no additional cost to customers. All tree stands, decorations, lights and tinsel must be removed. Also, trees longer than seven feet in length must be cut in half. For more information, call Waste Management at (800) 266-7551 or Valley Vista at (800) 442-6454.

## End-of-the-Year Extra Trash Pickup

Are you planning on hosting out-of-town guests or clearing your home of junk or debris this month?

If you are a Waste Management customer and find yourself with extra trash that does not fit in your regular black bin, you can take advantage of its free End-of-the-Year Trash Collection Service.

For two weeks beginning December 26, Waste Management will be fulfilling requests from customers who have up to three large bags or boxes of extra trash to throw out. Requests should be made at least 24 hours before a regular trash collection day by calling (909) 599-1274.

Trash is limited to general household waste that belongs but does not fit inside the black bin. Other waste such as bulky items, hazardous materials and electronics are not eligible for pickup as part of this service. For information on how to dispose of bulky, hazardous or electronic waste, visit [home.wm.com/diamond-bar](http://home.wm.com/diamond-bar).

# Popular Trailhead Reopens

*Last month marked the reopening of one of the community's most popular trailheads.*

Sycamore Canyon Park trailhead on Diamond Bar Boulevard was officially reopened November 5 after being closed in late January 2017 due to unsafe conditions caused by major back-to-back rain events which resulted in significant erosion and slope failure.

Repair of the storm-related damage took nearly three years largely because it involved following the Federal Emergency Management Agency (FEMA) Public Assistance approval process. After months of paperwork and meetings, FEMA green-lighted the repair work earlier this year and agreed to reimburse the City its maximum allowable amount of 93 percent of the total project cost. The \$1 million project began in April and involved extensive repair of the erosion damage on the slope as well as reconstruction of the terrace drains and two sets of concrete staircases.

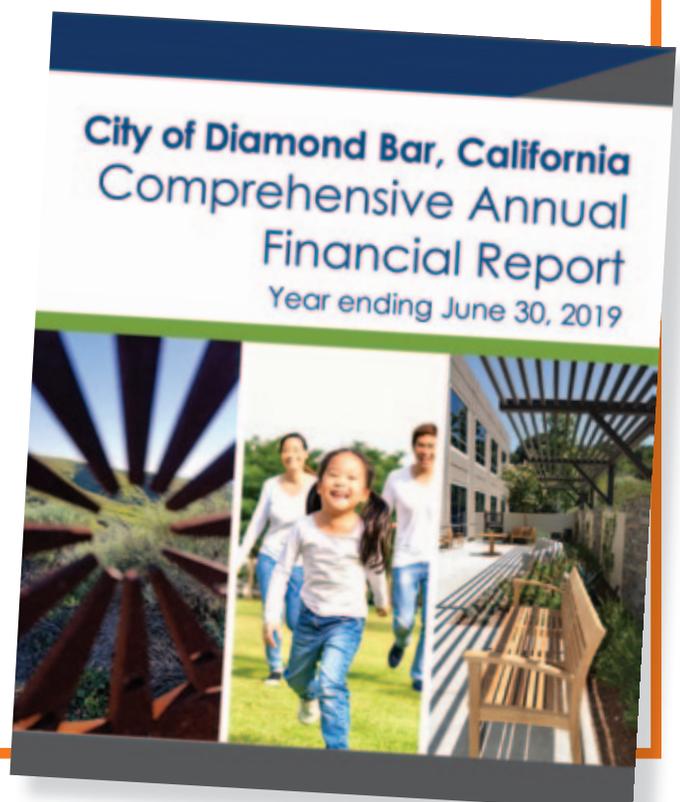
A brief video of the November 5 trailhead reopening ceremony is posted on the City's Facebook page at [www.facebook.com/CityofDiamondBarCA/](http://www.facebook.com/CityofDiamondBarCA/).

## City Earns Financial Reporting Award for 24th Year

*The City's Finance Department has once again been recognized for its commitment to fiscal responsibility and transparency.*

In October, the City received the Certificate of Achievement in Financial Reporting by the Government Finance Officers Association of the United States and Canada (GFOA) for its fiscal year 2017-2018 Comprehensive Annual Financial Report (CAFR). This is the 24th consecutive year that the City has been awarded this honor, which is the highest form of recognition in the area of governmental accounting and financial reporting.

Copies of the latest and previous years' CAFRs are posted on the City website at [www.diamondbarca.gov/cafr](http://www.diamondbarca.gov/cafr).



**A fun and stimulating program for three-, four-, five-year-olds that fosters confidence, creativity, and social and emotional development in a safe and positive environment. Classes are ongoing, but every session offers new lessons.**

## Winter Session “Learning with Numbers!”

Registration is ongoing until class capacity is reached.

### 3-4 Year Old Class:

A supervised classroom-like setting that helps children practice being away from home while spending time with peers and enjoying fun activities such as stories, poems, songs, art projects and developing color, shape, number and letter recognition skills.

**Days:** Tuesday & Thursday  
**Time:** 9 am to 12:30 pm  
**Cost:** Res \$385 / NR \$390  
**AC:** 1721-1

### 4-5 Year Old Class:

Your child will get school-ready in a classroom-like setting where they will be among peers, enjoy music, stories, and exercise, and take part in a variety of instructor-led games and activities designed to further develop fine motor and gross skills letter recognition, beginning math concepts, and community awareness.

**Days:** Monday, Wednesday, & Friday  
**Time:** 9 am to 12:30 pm  
**Cost:** Res \$560 / NR \$565  
**AC:** 1722-1

**Session Dates:** Monday, Jan. 6 to Friday, Mar. 20  
**No Class:** Monday, February 17  
**11-Week Session**  
**Heritage Park Community Center,**  
**2900 S. Brea Canyon Road**

## Spring Session “Adventure Seekers!”

Registration is ongoing until class capacity is reached.

### 3-4 Year Old Class:

**Days:** Tuesday and Thursday  
**Time:** 9 am to 12:30 pm  
**Cost:** Res \$350 / NR \$355  
**AC:** 1726-1

### 4-5 Year Old Class:

**Days:** Monday, Wednesday, & Friday  
**Time:** 9 am to 12:30 pm  
**Cost:** Res \$508 / NR \$513  
**AC:** 1727-1

**Session Dates:** Monday, Mar. 23 to Friday, May 29  
**No Class:** Monday, May 25  
**10-Week Session**  
**Heritage Park Community Center,**  
**2900 S. Brea Canyon Road**

### Registration Dates:

Monday, Feb. 10 - Diamond Bar residents

Monday, Feb. 24 - Open registration

Space is limited, so register early! Registration will be taken on a first-come, first served basis.

### Three Ways to Register:

**ONLINE:** [www.diamondbarca.gov/reregistration](http://www.diamondbarca.gov/reregistration)

**IN PERSON:** Diamond Bar Center, 1600 Grand Ave

### BY MAIL:

City of Diamond Bar,  
Attn: Recreation-Tiny Tots,  
21810 Copley Drive,  
Diamond Bar, CA 91765

### Registration Information:

Payment in full, signed waiver of liability, and completed emergency information card are due at the time of registration. Age requirement must be met by first day of class. Visit [www.diamondbarca.gov/recreation](http://www.diamondbarca.gov/recreation) or call (909) 839-7070 to obtain a program packet.

## Save the Date! Summer Session

**Begins Monday, June 1, 2020**

### Registration Dates:

Monday, April 20 – Diamond Bar residents

Monday, May 4 – Open registration

## Instructor Spotlight

### Mariela Hidalgo

With over 20 years teaching Tiny Tots for the City of Diamond Bar, Ms. Mariela has seen many young children grow up in the community. A graduate of California State University, Fullerton with a bachelor's degree in child and adolescent development, Ms. Mariela has a strong passion and commitment to the youth in Diamond Bar. She has developed a style of teaching that blends early-preschool components and recreational play into her lesson plans. She aspires to not just teach her students but to have them grow into healthy and positive-minded young individuals.



Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

Kidz Love Soccer Weather Hotline: 888.372.5803

## PARENT & ME SOCCER

Parents and their toddlers will hit the field to enjoy the world's most popular game and a variety of age-appropriate activities aimed at developing young participants' socialization and large motor skills. Jersey included.

**Instructor** Kidz Love Soccer

**Location** Heritage Park, Field

**Wks** 5      **Res** \$101      **NR** \$106

**Age** 2-3½

**AC** 1001-1      1/22-2/19      W      6-6:30 pm

**AC** 1001-2      3/11-4/8      W      6-6:30 pm

**AC** 1001-3      4/29-5/27      W      6-6:30 pm

## TOT/PRE SOCCER

Little tykes will enjoy running and kicking as they learn soccer basics and build self-esteem in a nurturing, age-appropriate environment. Shin guards are required after the first meeting. Jersey included.

**Instructor** Kidz Love Soccer

**Location** Heritage Park, Field

**Wks** 5      **Res** \$101      **NR** \$106

**Age** 3½-5

**AC** 1002-1      1/22-2/19      W      5:15-5:50 pm

**AC** 1002-2      3/11-4/8      W      5:15-5:50 pm

**AC** 1002-3      4/29-5/27      W      5:15-5:50 pm

## SOCCER SKILLS TRAINING WITH B.E.S.T.

Enjoy this energetic and highly active program that will encourage and advance players of all skill levels through dribbling, kicking, throw-ins, goalie drills and more. Bring an age-appropriate soccer ball a water bottle (both labeled with your name).

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 1½ -2

**AC** 1172-1      2/16-3/22      Sun      9:50-10:30 am

## PARENT & ME MULTI-SPORT

With mom or dad by their side, tots will have fun playing basketball, tee-ball and soccer while learning sportsmanship, sharing and teamwork. Team T-shirt included.

**Instructor** TriFyft Sports

**Location** Maple Hill Park

**Wks** 6      **Res** \$109      **NR** \$114

**Age** 1½ -2

**AC** 1003-1      1/25-3/7      Sa      9-9:30 am

**AC** 1003-2      4/11-5/16      Sa      9-9:30 am

**Age** 2-3

**AC** 1004-1      1/25-3/7      Sa      9:30-10 am

**AC** 1004-2      4/11-5/16      Sa      9:30-10 am

**No Class 2/15**

## MULTI-SPORT

Introduction to basketball, tee-ball and soccer while learning the benefits of sportsmanship, sharing, and teamwork. Team shirt included.

**Instructor** TriFyft Sports

**Location** Maple Hill Park

**Wks** 6      **Res** \$109      **NR** \$114

**Age** 3-5

**AC** 1005-1      1/25-3/7      Sa      10-10:30 am

**AC** 1005-2      4/11-5/16      Sa      10-10:30 am

**No Class 2/15**

## 4-SPORT MULTI-SPORT BY B.E.S.T. SPORTS

Players will learn basic skills and build strength and endurance through fun energetic drills in softball, basketball, soccer and track and field. Bring an age-appropriate soccer ball for the first week. A hitting tee and a baseball is needed later in the session.

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 2-4

**AC** 1160-1      2/16-3/22      Sun      9-9:45 am

## BASEBALL & SOFTBALL TRAINING BY B.E.S.T. SPORTS

Little baseball and softball sluggers of all skill levels will learn basics in fielding, throwing, hitting, base recognition, sliding and more. Provide your own baseball hitting tee. A glove is not mandatory for kids under age 4.

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 2-4

**AC** 1163-1      2/15-3/21      Sa      10:40-11:25 am

**AC** 1165-1      2/16-3/22      Sun      11:30-12:15 pm

## BASKETBALL SKILLZ

Have a great time playing basketball and making new friends while learning the benefits of sportsmanship, sharing and teamwork.

**Instructor** TriFyft Sports

**Location** Maple Hill Park, Basketball Courts

**Wks** 8      **Res** \$119      **NR** \$124

**Age** 3-5

**AC** 1007-1      3/25-5/13      W      5-5:45 pm

**Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. For more information, visit [www.TennisAnyone.info](http://www.TennisAnyone.info). Rainout line: (909)625-2060.**

## PEE WEE TENNIS SEMI-PRIVATE ACADEMY

Young tennis enthusiasts will learn forehand, backhand, volley and serve. This semi-private class is no more than four students per coach. Your child will have fun joining in games like Popcorn Machine, Walk the Tennis Dog, and Alley Rally. All make-ups must be made within the session. Bring one (1) unopened can of tennis balls to the first-class meeting. Visit us at [www.tennisanyone.info](http://www.tennisanyone.info).

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park, Tennis Courts

**Wks** 4      **Days/Time** Tu & Th - 4:45-5:30 pm

**Age** 3-6

**AC** 1013-1      1/7-1/30      1 day      **Res** \$79      **NR** \$84

**AC** 1013-2      2/4-2/27      1 day      **Res** \$79      **NR** \$84

**AC** 1013-3      3/3-3/26      1 day      **Res** \$79      **NR** \$84

**AC** 1013-4      3/31-4/23      1 day      **Res** \$79      **NR** \$84

**AC** 1013-5      4/28-5/21      1 day      **Res** \$79      **NR** \$84

**AC** 1014-1      1/7-1/30      2 days      **Res** \$129      **NR** \$134

**AC** 1014-2      2/4-2/27      2 days      **Res** \$129      **NR** \$134

**AC** 1014-3      3/3-3/26      2 days      **Res** \$129      **NR** \$134

**AC** 1014-4      3/31-4/23      2 days      **Res** \$129      **NR** \$134

**AC** 1014-5      4/28-5/21      2 days      **Res** \$129      **NR** \$134

## PARENT AND ME - ZUMBINI

A rockin' music and movement program designed for you and your child that focuses on energy, fun, and play that contributes toward development of cognitive, social, emotional, and physical skills.

**Instructor** Limei Xiao

**Location** Pantera Park Activity Room

**Wks** 8      **Res** \$130      **NR** \$135

**Age** 0-4

**AC** 1036-1      1/14-3/3      Tu      10-10:45 am

**AC** 1036-2      3/10-4/28      Tu      10-10:45 am

## TOTS ENRICHMENT



### BABY BOOGIE

This class promotes early socialization skills, color identification, and using fine and gross motor skills through fun active children's music. Parent involvement is a must.

**Instructor** Ms. Sheri Liebe

**Location** iDance & Fitness

2707 S Diamond Bar Blvd #105, Diamond Bar, CA 91765

**Wks** 6      **Res** \$100      **NR** \$105

**Age** 1½ -3 yrs

**AC** 1040-1      1/7-2/11      Tu      10-10:45 am

**AC** 1040-2      2/18-3/24      Tu      10-10:45 am

## PARENT & ME: TIPPY TOES BALLET

Does your little one love to move when they hear music? In this parent assisted class, your little dancer will learn basics of ballet and creative movement while dancing and socializing with other children! You'll also learn cool dance moves!

**Instructor** Crystal Shum

**Location** DBC, Sycamore Room

**Wks** 5      **Res** \$65      **NR** \$70

**Age** 2-3½

**AC** 1129-1      1/14-2/11      Tu      9:15-10 am

**AC** 1129-2      2/25-3/31      Tu      9:15-10 am

**AC** 1129-3      5/5-6/2      Tu      9:15-10 am

**No Class** 11/26

## PRE-BALLET

This pre-ballet class will introduce your little one to the basics of ballet in a fun environment. We will focus on developing rhythm and coordination along with learning new steps and ballet terminology. At the end of the session, we will have a ballerina performance for our loved ones.

**Instructor** Crystal Shum

**Location** DBC, Sycamore Room

**Wks** 5      **Res** \$65      **NR** \$70

**Age** 3-6

**AC** 1130-1      1/14-2/11      Tu      10-10:45 am

**AC** 1129-2      3/25-3/31      Tu      10-10:45 am

**AC** 1129-3      5/5-6/2      Tu      10-10:45 am

**No Class** 3/17

## HIP-HOP & TUMBLE – NEW!

This high energy dance class teaches hip-hop moves and tumbling set to upbeat, kid-friendly music with freedom of expression encouraged. A showcase performance for family and friends will close out each session.

**Instructor** Crystal Shum

**Location** DBC, Sycamore Room

**Wks** 5      **Res** \$65      **NR** \$70

**Age** 3-7

**AC** 1132-1      1/14-2/11      Tu      10:45-11:30 am

**AC** 1132-2      2/25-3/31      Tu      10:45-11:30 am

**AC** 1132-3      5/5-6/2      Tu      10:45-11:30 am

**No Class** 11/29

## PRE-SCHOOL DRAWING

Young artists will have fun drawing and coloring familiar objects while developing skills to prepare them for Kindergarten such as following directions and staying on task. Materials included.

**Instructor** Young Rembrandts Staff

**Location** DBC, Maple Room

**Wks** 4      **Res** \$54      **NR** \$59

**Age** 3½-5

**AC** 1010-1      2/3-3/2      M      3-3:45 pm

**AC** 1010-2      4/6-5/4      M      3-3:45 pm

## MOMMY & ME COOKIE ROOKIE – NEW!

Moms and children will delight in teaming up to learn a variety of cookie decorating techniques including marbling, outlining and filling in. They will also make icing flowers using different piping tips. Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

**Wks** 1      **Res** \$50      **NR** \$55

**Age** 3+

**AC** 1174-1      1/15      W      4:30-6:30 pm

**AC** 1174-2      2/12      W      4:30-6:30 pm

**AC** 1174-3      3/11      W      4:30-6:30 pm



# SUMMER DAY CAMP 2020

**Dates:** June 1 to August 7, 2020

**Ages:** 6-12

Ten exciting weeks of summer camp featuring excursions, a weekly visit to a local pool and tons of daily activities such as arts and crafts, indoor and outdoor sports, and much more. Camp activities and field trips are organized around each week's theme. Camp fills up fast so be sure to sign up early. You may register for any number of weeks

**Registration Dates:**

**Monday, March 9 – Diamond Bar residents (proof of residency required)**

**Monday, March 23 – Open registration**

Registration is ongoing until camp is full. If preferred camp week is full, you can get on a waiting list to be contacted is a space opens up.

**SUMMER CAMP SCHEDULE AVAILABLE EARLY MARCH:**

Summer camp schedule and registration packets will be available at [www.diamondbarca.gov/sdc](http://www.diamondbarca.gov/sdc), at City Hall (21810 Copley Drive), and at the Diamond Bar Center (1600 Grand Avenue) the week of March 2.

## YOUTH INDOOR SOCCER

Perfect for beginners, this eight-week program offers children ages 3-8 an opportunity to play this fast-paced sport in an instructional and recreational atmosphere. Games are played in the Mt. Calvary Lutheran School gymnasium Saturdays between 8 a.m. and 5 p.m., beginning April 4 and concluding May 23. In addition, players will receive coached instruction for 30 minutes prior to each game

**Registration Dates:**

Monday, December 16 – Diamond Bar residents (proof of residency required)

Monday, January 6 – Open registration

**Volunteer coaches are essential to the success of this program. If you or someone you know is interested in coaching, please call (909) 839-7070**

**Fees:**

Diamond Bar Residents – \$110 per participant

Non-Residents – \$115 per participant

**Activity Code      Division**

AC 1521-1              3-4

AC 1522-1              5-6

AC 1523-1              7-8

Registration will not be accepted without a signed waiver, signed parent's code of ethics. Age verification upon request. Registration fee includes team jersey and participation medal. No refunds will be issued after Friday, March 27, 2020.

**Skills Day / Information Meeting:** Saturday, March 21, 2020

**Location:** Mt. Calvary Lutheran School Gymnasium (23300 Golden Springs Drive)

**Division:**

3-4 Year Olds	8:30 am skills assessment	9 am information meeting
5-6 Year Olds	9:30 am skills assessment	10 am information meeting
7-8 Year Olds	10:30 am skills assessment	11 am information meeting

**Three Ways to Register**

**ONLINE:** [www.diamondbarca.gov/recreation](http://www.diamondbarca.gov/recreation)

**IN PERSON:** Diamond Bar Center, 1600 Grand Ave.

**BY MAIL:** Download or pick up the registration packet, complete and sign all the forms and return them, along with payment, to: City of Diamond Bar, Attn: Youth Basketball, 21810 Copley Drive, Diamond Bar, CA 91765. Registration will not be accepted without a signed waiver and parent's code of ethics.

### FAQ

**Can my children play on the same team?**

Siblings who live in the same household and play in the same age division will always be placed on the same team. If they are not in the same division, siblings are allowed to play-up (play in a division above their age group), however they may not play-down.

**May I request that my child be placed with the same coach as last year? Or on the same team as a friend?**

The premise of the program is to have balanced teams where emphasis is placed on children having fun, interacting with peers, and experiencing different coaching styles. Therefore, requests may be made at registration, but ultimately the decision is made by City staff based on the best interest of the program.

**When is practice?**

Soccer: Practices are held 30 minutes prior to the game time.

**When are games?**

Soccer: Games are held on Saturdays, anytime between 8 a.m. and 5 p.m. p.m. Game schedules are not made until registration is complete. Specific game times are dependent on the number of teams in each division. Parents are notified of game times by their child's coach

**Who are the coaches?**

Programs are supported by volunteers such as parents, siblings, grandparents, etc. If you are interested in serving as a coach or assistant coach, please notify recreation staff at (909) 839-7070

## SOCCER 1: TECHNIQUES & TEAMWORK

Learn dribbling, passing, receiving, shooting, defense and other soccer basics. Small-scale soccer matches will gradually be introduced. Shin guards are required. Jersey included.

**Instructor** Kidz Love Soccer

**Location** Heritage Park, Field

**Wks** 5      **Res** \$101      **NR** \$106

**Age** 5-6

**AC** 1011-1      1/22-2/19      W      4:30-5:15 pm

**AC** 1011-2      3/11-4/8      W      4:30-5:15 pm

**AC** 1011-3      4/29-5/27      W      4:30-5:15 pm

## SOCCER 2: SKILLZ & SCRIMMAGES

Advanced skill building: dribbling, passing and shooting in a team play format. Games and scrimmages are designed to build your skills as well as improve teamwork and positional play. Shin guards are required. Jersey included.

**Instructor** Kidz Love Soccer

**Location** Heritage Park, Field

**Wks** 5      **Res** \$101      **NR** \$106

**Age** 7-10

**AC** 1012-1      1/22-2/19      W      3:45-4:30 pm

**AC** 1012-2      3/11-4/8      W      3:45-4:30 pm

**AC** 1012-3      4/29-5/27      W      3:45-4:30 pm

## SOCCER SKILLS TRAINING WITH B.E.S.T. SPORTS

Enjoy this energetic and highly active program that will encourage and advance players of all skill levels through dribbling, kicking, throw-ins, goalie drills and more. Bring an age-appropriate soccer ball a water bottle (both labeled with your name).

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 3-6

**AC** 1173-1      2/16-3/22      Sun      10:45-11:25 am

**Age** 7-10

**AC** 1171-1      2/16-3/22      Sun      9-9:45 am



## BASKETBALL SKILLZ

Enjoy playing basketball and making new friends while learning new basketball skills and the benefits of sportsmanship, sharing and teamwork. Open to players of all levels.

**Instructor** TriFyft Sports

**Location** Maple Hill Park, Basketball Courts

**Wks** 8      **Res** \$119      **NR** \$124

**Age** 3-5

**AC** 1007-1      3/2-5/13      W      5-5:45 pm

**Age** 5-7

**AC** 1008-1      3/25-5/13      W      6-6:45 pm

**Age** 7-12

**AC** 1009-1      3/25-5/13      W      7-7:45 pm

## INSTRUCTOR HIGHLIGHT



### Beginner's Edge Sports Training LLC

Beginners Edge Sports Training (B.E.S.T.) is a one-stop for all beginners in youth sports. Created in Arizona in 2005, it has taken the lead in sports classes, camps, and parties for players as young as 18 months. They focus on teaching basic sports skills while developing fine and gross motor skills. In 2016, it began offering classes in California where they now contract with more than 12 local cities. B.E.S.T develops all its programs, procedures and marketing materials in-house and trains its staff to deliver a fun learning experience in a safe and nurturing environment

## BASKETBALL SKILLS AND DRILLS WITH B.E.S.T. SPORTS

Ballers will learn skills and drills to advance their ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball labeled with their name.

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 3-6

**AC** 1167-1      2/15-3/21      Sa      9-9:45 am

**AC** 1169-1      2/16-3/22      Sun      11:30 am-12:15 pm

**Age** 7-10

**AC** 1168-1      2/15-3/21      Sa      9:50-10:35 am

**AC** 1170-1      2/16-3/22      Sun      12:20-1:05 pm

## BASEBALL & SOFTBALL TRAINING WITH B.E.S.T. SPORTS

Players will learn basic skills and build strength and endurance through fun energetic drills in softball, basketball, soccer and track & field. Bring an age-appropriate soccer ball for the first week. A hitting tee and a baseball is needed later in the session.

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 5-8

**AC** 1164-1      2/15-3/21      Sa      11:30 am-11:15 pm

**AC** 1166-1      2/16-3/22      Sun      12:20-1:05 pm

## 4-SPORT MULTI SPORT WITH B.E.S.T. SPORTS

Little baseball and softball sluggers of all skill levels will learn basics in fielding, throwing, hitting, base recognition, sliding and more. Bring your own baseball glove and hitting tee.

**Instructor** Beginners Edge Sports Training, LLC

**Location** Ronald Reagan Park

**Wks** 6      **Res** \$89      **NR** \$94

**Age** 4-7

**AC** 1161-1      2/16-3/22      Sun      9:50-10:35 am

**Age** 7-10

**AC** 1162-1      2/16-3/22      Sun      10:40-11:25 am

**Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. For more information, visit [www.TennisAnyone.info](http://www.TennisAnyone.info). Rainout Line: (909) 625-2060**

## JUNIOR TENNIS ACADEMY - BEG/INT

Learn the four major strokes of the game (forehand, backhand, volley, and serve) while taking part in fun drills that include King of the Hill, Tennis Baseball and Tennis Line Tag. You will be tested on five mastery levels. If you are 14 or older, please register for the Junior Tennis Academy-Advanced course. Bring one unopened can of tennis balls to the first class.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park Tennis Courts

**Wks** 4

**Days / Time** Monday, Tuesday, Thursday, 5:30-6:30 pm

**Age** 7-13

AC 1045-1	1/6-1/30	1 Day	Res \$75	NR \$80
AC 1045-2	2/3-2/27	1 Day	Res \$75	NR \$80
AC 1045-3	3/2-3/26	1 Day	Res \$75	NR \$80
AC 1045-4	3/30-4/23	1 Day	Res \$75	NR \$80
AC 1045-5	4/27-5/21	1 Day	Res \$75	NR \$80
AC 1046-1	1/6-1/30	2 Days	Res \$129	NR \$134
AC 1046-2	2/3-2/27	2 Days	Res \$129	NR \$134
AC 1046-3	3/2-3/26	2 Days	Res \$129	NR \$134
AC 1046-4	3/30-4/23	2 Days	Res \$129	NR \$134
AC 1046-5	4/27-5/21	2 Days	Res \$129	NR \$134
AC 1047-1	1/6-1/30	3 Days	Res \$189	NR \$194
AC 1047-2	2/3-2/27	3 Days	Res \$189	NR \$194
AC 1047-3	3/2-3/26	3 Days	Res \$189	NR \$194
AC 1047-4	3/30-4/23	3 Days	Res \$189	NR \$194
AC 1047-5	4/27-5/21	3 Days	Res \$189	NR \$194

## JUNIOR TENNIS ACADEMY - INT/ADVANCED

Want to reach match play-level? You must have all five mastery levels in the Beg./Int. Junior Academy or be able to rally with proper form from the baseline. Learn both topspin and slice, time when and how to lob, drop shot, hit an overhead or volley. Two mastery levels will be used to note your progress. Bring one unopened can of tennis balls to the first class.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park Tennis Courts

**Wks** 4

**Days/Times** Monday, Tuesday, Thursday (6:30-8 pm) and Wednesdays (5-6:30 pm)

**Age** 7-17

AC 1052-1	1/6-1/30	1 Day	Res \$85	NR \$90
AC 1052-2	2/3-2/27	1 Day	Res \$85	NR \$90
AC 1052-3	3/2-3/26	1 Day	Res \$85	NR \$90
AC 1052-4	3/30-4/23	1 Day	Res \$85	NR \$90
AC 1052-5	4/27-5/21	1 Day	Res \$85	NR \$90
AC 1053-1	1/6-1/30	2 Days	Res \$149	NR \$154
AC 1053-2	2/3-2/27	2 Days	Res \$149	NR \$154
AC 1053-3	3/2-3/26	2 Days	Res \$149	NR \$154
AC 1053-4	3/30-4/23	2 Days	Res \$149	NR \$154
AC 1053-5	4/27-5/21	2 Days	Res \$149	NR \$154
AC 1054-1	1/6-1/30	3 Days	Res \$189	NR \$194
AC 1054-2	2/3-2/27	3 Days	Res \$189	NR \$194
AC 1054-3	3/2-3/26	3 Days	Res \$189	NR \$194
AC 1054-4	3/30-4/23	3 Days	Res \$189	NR \$194
AC 1054-5	4/27-5/21	3 Days	Res \$189	NR \$194

## SMALL GROUP TENNIS CLINIC

Designed to give you more hands-on instruction, groups in this clinic vary in size from two to four students per coach.

Students may participate from 1 to 4 days per week. You will be grouped with other players based on skill level and age.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park Tennis Courts

**Wks** 4

**Days/Times All Levels** Mon, Tues, Wed, Thurs (8-9 pm)

**Beg/Int** Wed (5:30-6:30 pm)

**Age** 7-17

AC 1048-1	1/6-1/30	1 Day	Res \$115	NR \$120
AC 1048-2	2/3-2/27	1 Day	Res \$115	NR \$120
AC 1048-3	3/2-3/26	1 Day	Res \$115	NR \$120
AC 1048-4	3/30-4/23	1 Day	Res \$115	NR \$120
AC 1048-5	4/27-5/21	1 Day	Res \$115	NR \$120
AC 1049-1	1/6-1/30	2 Days	Res \$189	NR \$194
AC 1049-2	2/3-2/27	2 Days	Res \$189	NR \$194
AC 1049-3	3/2-3/26	2 Days	Res \$189	NR \$194
AC 1049-4	3/30-4/23	2 Days	Res \$189	NR \$194
AC 1049-5	4/27-5/21	2 Days	Res \$189	NR \$194
AC 1050-1	1/6-1/30	3 Days	Res \$275	NR \$280
AC 1050-2	2/3-2/27	3 Days	Res \$275	NR \$280
AC 1050-3	3/2-3/26	3 Days	Res \$275	NR \$280
AC 1050-4	3/30-4/23	3 Days	Res \$275	NR \$280
AC 1050-5	4/27-5/21	3 Days	Res \$275	NR \$280

## FUTURE TENNIS STAR PLAYER PACKAGE

Save big with the Players Package – includes training two days per week in Advance Academy, participating in a weekly small group tennis clinic, and competing in the monthly Round Robin Tournament.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park

**Age** 7-17

**Days/Time**

**Advanced** Mon, Tue, Thur (6:30-8 pm), Wed (5:30-6:30 pm)

**Small Group** Mon, Tue, Wed, Thur (8-9 pm) All Levels

**Tournaments** Saturdays – 1/18, 2/15, 3/21, 4/18, 5/16

@ Carbon Canyon Park in Brea

**Advanced** - 1-3:30 pm / **Novice** - 2:30-4:30 pm

**Wks** 4

AC 1055-1	1/6-1/30	Res \$229	NR \$234
AC 1055-2	2/3-2/27	Res \$229	NR \$234
AC 1055-3	3/2-3/26	Res \$229	NR \$234
AC 1055-4	3/30-4/23	Res \$229	NR \$234
AC 1055-5	4/27-5/21	Res \$229	NR \$234

## ROUND ROBIN JR TENNIS TOURNAMENT

An afternoon of learning and competing. Two divisions available – Novice for students new to tennis competition (get feedback and tips to how to excel in a competitive environment), and Advance for students with competition experience. All students are competing for Tennis Anyone rankings and the top eight students at the end of the year will play off in a free Masters Tournament. Trophies awarded each tournament for the top finisher and runner-up.

**Instructor** Tennis Anyone

**Location** Carbon Canyon Park

4442 Carbon Canyon Rd, Brea 92823

**Age** 7-17

**Advanced** - 1-3:30 pm / **Novice** - 2:30-4:30 pm

AC 1051-1	1/18	Sa	Res \$40	NR \$45
AC 1051-2	2/15	Sa	Res \$40	NR \$45
AC 1051-3	3/21	Sa	Res \$40	NR \$45
AC 1051-4	4/18	Sa	Res \$40	NR \$45
AC 1051-5	5/16	Sa	Res \$40	NR \$45

## KIDS GOLF

Learn the fundamentals of golf including swing, chipping, putting and etiquette. Wear golf or tennis shoes and a collared shirt. Golf clubs and practice balls are available. \$20 material fee payable to instructor.

**Instructor** Jeffrey Hirose

**Location** Diamond Bar Golf Course

22751 Golden Springs Dr., Diamond Bar, CA 91765

**Wks** 4      **Res** \$100      **NR** \$105

**Age** 5-8

**AC** 1154-1      1/16-2/6      Th      3:30-4:30 pm

**AC** 1154-2      2/20-3/12      Th      3:30-4:30 pm

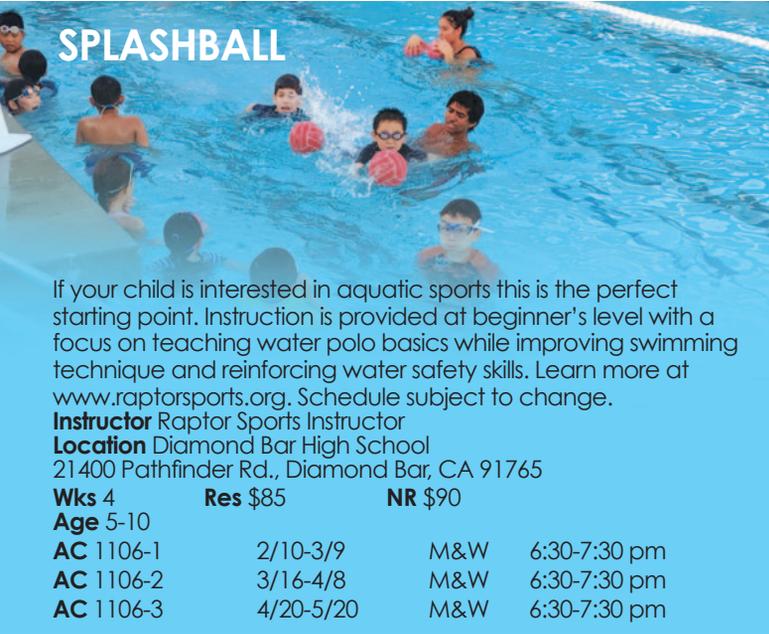
**AC** 1154-3      4/16-5/14      Th      3:30-4:30 pm

**Age** 9-12

**AC** 1155-1      1/16-2/6      Th      4:45-5:45 pm

**AC** 1155-2      2/20-3/12      Th      4:45-5:45 pm

**AC** 1155-3      4/16-5/7      Th      4:45-5:45 pm



## SPLASHBALL

If your child is interested in aquatic sports this is the perfect starting point. Instruction is provided at beginner's level with a focus on teaching water polo basics while improving swimming technique and reinforcing water safety skills. Learn more at [www.raptorsports.org](http://www.raptorsports.org). Schedule subject to change.

**Instructor** Raptor Sports Instructor

**Location** Diamond Bar High School

21400 Pathfinder Rd., Diamond Bar, CA 91765

**Wks** 4      **Res** \$85      **NR** \$90

**Age** 5-10

**AC** 1106-1      2/10-3/9      M&W      6:30-7:30 pm

**AC** 1106-2      3/16-4/8      M&W      6:30-7:30 pm

**AC** 1106-3      4/20-5/20      M&W      6:30-7:30 pm

## CYSC ALLSTARS CHEERLEADING

Program teaches self-confidence, coordination, teamwork and physical fitness in a fun environment. Includes a competition style event, organized by the California Youth Spirit Corps Allstars, where each student is awarded a trophy for participating. \$115 material fee payable to instructor at first class.

**Instructor** Sarah German

**Location** DBC, Pine Room

**Wks** 12      **Res** \$95      **NR** \$100

**Age** 5-7

**AC** 1158-1      1/15-4/1      W      6-6:30 pm

**Age** 8-15

**AC** 1159-1      1/15-4/1      W      6:40-7:10 pm

## SWIM ACADEMY - STROKE TECHNIQUE & ENDURANCE

This swim academy is an introductory program for advanced beginners to progress beyond basic fundamental stroke techniques of swimming and to build endurance. Visit [www.raptorsports.org](http://www.raptorsports.org) for more information. Schedule subject to change.

**Instructor** Raptor Sports Instructor

**Location** Diamond Bar High School

21400 Pathfinder Rd., Diamond Bar, CA 91765

**Wks** 4      **Res** \$85      **NR** \$90

**Age** 9-14

**AC** 1184-1      2/11-3/10      T & Th      6:30-7:30 pm

**AC** 1184-2      3/17-4/9      T & Th      6:30-7:30 pm

**AC** 1184-3      4/21-5/21      T & Th      6:30-7:30 pm

**No Class** 4/28, 4/30

## YOUTH WATER POLO ACADEMY INTRODUCTORY PROGRAM

This program models the Raptor Sports vision statement by teaching water polo to the community's youth at a grassroots level. Learn the basic fundamentals and rules of the game. Visit [www.raptorsports.org](http://www.raptorsports.org) for more information. Schedule subject to change.

**Instructor** Raptor Sports Instructor

**Location** Diamond Bar High School

21400 Pathfinder Rd., Diamond Bar, CA 91765

**Wks** 4      **Res** \$85      **NR** \$90

**Age** 9-14

**AC** 1105-1      2/10-3/9      M&W      6:30-7:30 pm

**AC** 1105-2      3/16-4/8      M&W      6:30-7:30 pm

**AC** 1105-3      4/20-5/20      M&W      6:30-7:30 pm

**No class** 2/17, 4/27, 4/29

## HARMONY AIKIDO

Build confidence and effective self-defense through physical conditioning, balance and flexibility. Use wooden hardware, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen joints and muscles, while helping align the body for correct techniques. See instructor to purchase optional uniform and wooden hardware.

**Instructor** Ethan Tam

**Location** DBC, Oak Room

**Wks** 10      **Res** \$130      **NR** \$135

**Age** 6+

**AC** 1017-1      1/16-3/19      Th      5:30-7 pm

**AC** 1017-2      3/26-6/4      Th      5:30-7 pm

**No Class** 4/16

## JUNIOR JIU JITSU

A combination of wrestling and Judo, Brazilian Jiu Jitsu is considered a martial art, a sport and a self-defense strategy that can help improve fitness and build character. This is a basic level course. \$75 uniform fee payable at first class. More details at [www.sampabrazilianjiujitsu.com](http://www.sampabrazilianjiujitsu.com).

**Instructor** Renato Migliaccio

**Location** Sampa Brazilian Jiu Jitsu School

355 South Lemon Ave. Unit L, Walnut 91789

**Wks** 4      **Res** \$99      **NR** \$104

**Age** 5-7

**AC** 1038-1      1/6-1/29      M&W      4-5 pm

**AC** 1038-2      3/2-3/25      M&W      4-5 pm

**Age** 8-11

**AC** 1070-1      1/6-1/29      M&W      5-6 pm

**AC** 1070-2      3/2-3/25      M&W      5-6 pm

**Age** 12-14

**AC** 1148-1      1/6-1/29      M&W      6-7 pm

**AC** 1148-2      3/2-3/25      M&W      6-7 pm

## INTRO TO SABRE FENCING

Get introduced to the basics of fencing, etiquette equipment, environment, footwork and movements. Course covers controlled sparring and teaches fencers to be patient while using strategy techniques, quick-thinking and problem-solving skills. \$25 material fee required after first class.

**Instructor** James Chen

**Location** LA Fencing Academy of Pomona

3503 W. Temple Ave Unit G Pomona, 91768

**Wks** 5      **Res** \$85      **NR** \$90

**Age** 7+

**AC** 1143-1      1/7-2/4      Tu      4-4:45 pm

**AC** 1150-1      1/9-2/6      Th      4-4:45 pm

**AC** 1143-2      2/11-3/10      Tu      4-4:45 pm

**AC** 1150-2      2/13-3/12      Th      4-4:45 pm

**AC** 1143-3      3/17-4/14      Tu      4-4:45 pm

**AC** 1150-3      3/19-4/16      Th      4-4:45 pm

**AC** 1143-4      4/21-5/19      Tu      4-4:45 pm

**AC** 1150-4      4/23-5/21      Th      4-4:45 pm

Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

### BOYS HIP-HOP

This boys-only class provides the ideal atmosphere to learn breakdancing and cool dance moves set to high-energy hip hop beats while building upper body strength.

**Instructor** Sheri Liebe

**Location** iDance & Fitness

2707 S Diamond Bar Blvd #105, Diamond Bar, CA 91765

**Wks** 6      **Res** \$100      **NR** \$105

**Age** 8-14

**AC** 1139-1      1/9-2/13      Th      6-7 pm

**AC** 1139-2      2/20-3/26      Th      6-7 pm

### UKULELE

The fundamentals of playing the ukulele will be taught through strumming and picking along to popular songs! Course covers tuning, music theory, reading music, rhythm and vocal exercises. Participants must bring their own ukulele. Instructor can advise on purchase. Music and complimentary ukulele pick provided. Learn more: [www.leranwang.com](http://www.leranwang.com).

**Instructor** Leran Wang

**Location** DBC, Maple Room

**Wks** 8      **Res** \$74      **NR** \$79

**Age** 6-12

**AC** 1146-1      1/23-3/12      Th      4:30-5:30 pm

**AC** 1146-2      3/26-5/14      Th      4:30-5:30 pm

### PIANO/KEYBOARD LEVEL 1

Learn the fundamental knowledge of playing the keyboard piano through music theory, ear training, solfege singing, and rhythm exercises. Participants must bring own small keyboard. Instructor can advise on purchase. Music materials will be provided in the class. Learn more: [www.leranwang.com](http://www.leranwang.com).

**Instructor** Leran Wang

**Location** DBC, Sycamore Room

**Wks** 8      **Res** \$90      **NR** \$95

**Age** 4-12

**AC** 1145-1      1/19-3/8      Sun      10-10:45 am

**AC** 1145-2      3/22-5/10      Sun      10-10:45 am

### PIANO/KEYBOARD LEVEL 2 – NEW

A continuation of Level 1, the focus of this class will be on playing the keyboard piano with both hands. Level 1 is highly recommended prior to this class. Participants must bring a small sized keyboard to class.

Learn more: [www.learanwang.com](http://www.learanwang.com).

**Instructor** Leran Wang

**Location** DBC, Sycamore Room

**Wks** 8      **Res** \$90      **NR** \$95

**Age** 4-12

**AC** 1183-1      3/22-5/10      Sun      11-11:45 am

### GUITAR LEVEL 1

Introduce your child to the guitar! Techniques taught include picking and strumming, part names, tuning, music theory, reading music, ear training, group singing, and rhythm exercises. Must bring an acoustic guitar to class. Learning materials and a complimentary guitar pick provided. Learn more: [www.leranwang.com](http://www.leranwang.com).

**Instructor** Leran Wang

**Location** DBC, Maple Room

**Wks** 8      **Res** \$90      **NR** \$95

**Age** 7-12

**AC** 1144-1      1/23-3/12      Th      5:30-6:15 pm

**AC** 1144-2      3/26-5/14      Th      5:30-6:15 pm

### GUITAR LEVEL 2 – NEW!

Moving beyond the basics, the focus of this class will be on learning to play and sing popular songs for the guitar. Level 1 is highly recommended before taking this class. Learn more: [www.learanwang.com](http://www.learanwang.com).

**Instructor** Leran Wang

**Location** DBC, Maple Room

**Wks** 8      **Res** \$90      **NR** \$95

**Age** 7-12

**AC** 1182-1      3/26-5/14      Th      6:30-7:15 pm

### MASTERPIECES WITH PENCILS AND PASTELS

Young artists will explore basic design, perspective, animal art and portraiture while having fun. New projects each season. \$4 supply fee payable to instructor at first class.

**Instructor** Kathy Breaux

**Location** DBC, Maple Room

**Wks** 4      **Res** \$56      **NR** \$61

**Age** 6-13

**AC** 1022-1      1/14-2/4      Tu      4-5 pm

**AC** 1022-2      3/24-4/21      Tu      4-5 pm

**No Class** 4/14

### ACRYLIC PAINTING FOR KIDS

Discover color mixing, landscape art, animal art, and figurative art. Students will create a new painting each week. Paints used in class may stain; wear an old T-shirt, smock or apron. \$4 material fee is payable at first class.

**Instructor** Kathy Breaux

**Location** DBC, Maple Room

**Wks** 4      **Res** \$56      **NR** \$61

**Age** 6-13

**AC** 1023-1      2/11-3/3      Tu      4-5 pm

**AC** 1023-2      4/28-5/19      Tu      4-5 pm

### BASICS OF ELEMENTARY AND CARTOON DRAWING



Create silly characters and story sequences that tell jokes through a combination of essential drawing basics and humorous cartoon curriculum! Students will learn basic drawing skills and concepts as well as art vocabulary. Materials included.

**Instructor** Young Rembrandts Staff

**Location** DBC, Maple Room

**Wks** 4      **Res** \$54      **NR** \$59

**Age** 6-12

**AC** 1024-1      2/3-3/2      M      4-4:45 pm

**AC** 1024-2      4/6-5/4      M      4-4:45 pm

**No Class** 2/17, 4/13

## FONDANT FUNDAMENTALS

Simple and fun! Learn how to create carnations, calla lilies, daisies, a variety of roses and small filler flowers for cookies and cupcakes, as well as how to paint fondant for that extra touch! Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

**Wks** 1      **Res** \$50      **NR** \$55

**Age** 10+

**AC** 1176-1      1/29      W      6:30-8:30 pm

**AC** 1176-2      2/5      W      6:30-8:30 pm

**AC** 1176-3      4/29      W      6:30-8:30 pm

## CUPCAKE BOUQUETS IN A BASKET

Enjoy this fun spring project! Color, tint and decorate cupcakes with flowers using buttercream icing and turn them into a bouquet in a basket! Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

**Wks** 1      **Res** \$55      **NR** \$60

**Age** 10+

**AC** 1175-1      3/25      W      6:30-8:30 pm

**AC** 1175-2      4/8      W      6:30-8:30 pm

**AC** 1175-3      5/6      W      6:30-8:30 pm

## CRITICAL READING SKILLS

Enhance reading comprehension skills by identifying important information, assumptions, values, and language use, while also building vocabulary skills in preparation for the standardized tests. Bring pen and notebook. \$10 material fee is payable at first class.

**Instructor** AGI Academy

**Location** DBC, Sycamore Room

**Wks** 6      **Res** \$120      **NR** \$125

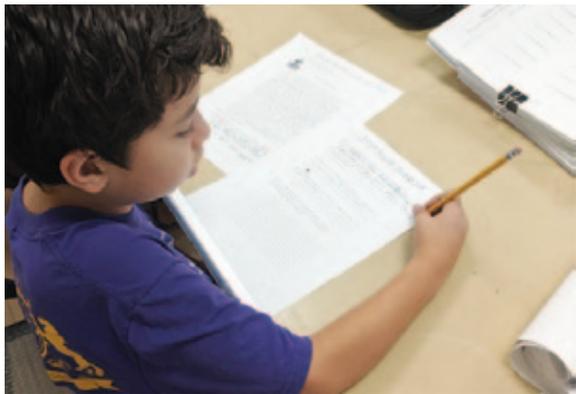
**Age** 7-12

**AC** 1073-1      2/7-3/13      F      3-4 pm

**AC** 1073-2      3/20-5/1      F      3-4 pm

**AC** 1073-3      5/8-6/12      F      3-4 pm

**No Class** 4/14



## MATH WORKSHOP

A great refresher course for students who want to learn a new approach to math problem solving, want to prepare for a test, or just gain additional practice. Experience a new approach to math problem solving and hands on practice for 3rd-8th graders. Bring pen and notebook. \$10 material fee is payable at first class.

**Instructor** AGI Academy

**Location** DBC, Sycamore Room

**Wks** 6      **Res** \$120      **NR** \$125

**Age** 8-13

**AC** 1078-1      2/7-3/13      F      4-5 pm

**AC** 1078-2      3/20-5/1      F      4-5 pm

**AC** 1078-3      5/8-6/12      F      4-5 pm

**No Class** 4/14

## TYPING, WORD AND POWERPOINT

Develop typing skills through hands-on practice while also learning to format fonts, adjust page layout, insert clipart, bullets and columns in Word, and prepare presentations in PowerPoint school projects and assignments. Bring pen and notebook. \$10 material fee is payable at first class.

**Instructor** AGI Academy

**Location** DBC, Sycamore Room

**Wks** 6      **Res** \$120      **NR** \$125

**Age** 6-14

**AC** 1116-1      2/7-3/13      F      5-6 pm

**AC** 1116-2      3/20-5/1      F      5-6 pm

**AC** 1116-3      5/8-6/12      F      5-6 pm

**No Class** 4/14

## READING & MATH STATE TEST PREP

Sylvan's state test program helps students get the skills and strategies needed to take the exam and feel comfortable and prepared for test day. Works as a foundation to greater success in the classroom every day. \$50 Registration fee due at the first class.

**Instructor** Sylvan Learning

**Location** 1241 Grand Ave, Suite F, Diamond Bar

**Wks** 11      **Res** \$780      **NR** \$785

**Age** 8-13

**AC** 1181-1      2/3-4/15      M&W      5-6 pm

## COMPUTER PROGRAMMING

Use tablets to learn programming and coding in an easy-to-use system. Learn loops, algorithms, variables, graphic design, and other computer programming concepts while making fun games and educational programs. Workbook is yours to take home. \$15 material fee payable to instructor on first day of class.

**Instructor** Sigma Coding Instructor

**Location** Pantera Park, Activity Room

**Wks** 8      **Res** \$180      **NR** \$185

**Age** 5-7

**AC** 1101-1      1/14-3/3      Tu      3:30-5 pm

**Age** 8-13

**AC** 1102-1      1/14-3/3      Tu      5:15-6:45 pm

## ROBOTICS

Build and program your own robot as you learn about motors, robot brains, gears, and gear ratios. Use robots to solve tasks and take part in fun competitions. Robots will be built in class and stay with the class. \$15 material fee payable to instructor at first class.

**Instructor** Sigma Coding Instructor

**Location** Pantera Park, Activity Room

**Wks** 8      **Res** \$180      **NR** \$185

**Age** 5-7

**AC** 1060-1      1/16-3/5      Th      3:30-5 pm

**Age** 8-13

**AC** 1061-1      1/16-3/5      Th      5:15-6:45 pm

## WEB DEVELOPMENT PROGRAMMING

Course uses a visual approach to teaching HTML – the underlying structure of websites that defines the fonts, images and tables, arrangement of information and graphics on a webpage. \$15 material fee payable to instructor at first class.

**Instructor** Sigma Coding Instructor

**Location** Pantera Park, Activity Room

**Wks** 8      **Res** \$180      **NR** \$185

**Age** 11-15

**AC** 1062-1      1/13-3/9      M      5-6:30 pm

**Age** 16+

**AC** 1063-1      1/13-3/9      M      6:45-8:15 pm

**No Class** 2/17

Res – Diamond Bar Resident • NR – Non Diamond Bar Resident

## Volunteers 2020

Open to ages 13-17

This summer leadership training program is ideal for Diamond Bar teens interested in acquiring work experience and volunteering in their community. Volunteers are assigned to assist in various areas such as Summer Day Camp, Tiny Tots, Concerts in the Park and senior programs. Thirteen-year-olds will only be assigned to Concerts in the Park and senior programs. Applications available online at [www.diamondbarca.gov/volunteers](http://www.diamondbarca.gov/volunteers).

**Registration Dates:** February 3 - April 19

\$25 material fee, a signed waiver of liability and emergency information card is required once accepted into the program. For more information call (909) 839-7062.



Open to students  
grades 8th-12th

Help make a positive difference in your community by teaming up with friends and peers to create new programs and activities for Diamond Bar teens. You'll gain leadership skills, learn about local government and earn volunteer hours.

DB 4Youth meets the last Tuesday of every month at 6 p.m. at the Diamond Bar Center. Date and time subject to change. Call a day before to confirm.

More info and application available by calling or going online: [www.diamondbarca.gov/db4youth](http://www.diamondbarca.gov/db4youth) | (909) 839-7062.

**Upcoming Activities and Volunteer Opportunities:**

**Winter Snow Fest: Saturday, December 7, 8 am - 2 pm**

**Breakfast with the Bunny: Saturday, April 11, 8-11 am**

**Monthly ongoing opportunities: Healthy Diamond Bar, Tech Time, and senior dances.**

## WATER POLO YOUTH ACADEMY INTRODUCTORY PROGRAM

This program models the Raptor Sports vision statement by teaching water polo to the community's youth at a grassroots level. Learn the basic fundamentals and rules of the game. More details: [www.raptorsports.org](http://www.raptorsports.org). Schedule subject to change.

**Instructor** Raptor Sports Instructor

**Location** Diamond Bar High School

21400 Pathfinder Rd. Diamond Bar, CA 91765

**Wks 4 Res \$85 NR \$90**

**Age 9-14**

**AC 1105-1** 2/10-3/9 M&W 6:30-7:30 pm

**AC 1105-2** 3/16-4/8 M&W 6:30-7:30 pm

**AC 1105-3** 4/20-5/20 M&W 6:30-7:30 pm

**No Class 2/17, 4/27, 4/29**

## GOLF

Basic fundamentals of golf taught include: swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. Golf clubs and practice balls are available. \$20 material fee payable to instructor.

**Instructor** Jeffrey Hirose

**Location** Diamond Bar Golf Course

22751 Golden Springs Dr., Diamond Bar, CA 91765

**Wks 4 Res \$100 NR \$105**

**Age 11-15**

**AC 1156-1** 1/16-2/6 Th 6-7 pm

**AC 1156-2** 2/20-3/12 Th 6-7 pm

**AC 1156-3** 4/16-5/14 Th 6-7 pm

## KAJUKENBO KARATE

Improve physical fitness and building self-confidence with self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu). Wear loose fitting clothing. Returning students can purchase a required uniform from the instructor. More details on Facebook: Diamond Bar Kajukenbo.

**Instructor:** John Bishop

**Location:** DBC, Oak Room

**Wks 5 Res \$50 NR \$55**

**Age 12+**

**AC 1026-1** 1/14-2/13 T/Th 7:30-9 pm

**AC 1026-2** 2/25-3/31 T/Th 7:30-9 pm

**AC 1026-3** 4/7-5/7 T/Th 7:30-9 pm

**AC 1026-4** 5/19-6/18 T/Th 7:30-9 pm

**No Class 3/3**

## INTRODUCTION TO SABRE FENCING

Get introduced to the basic fundamentals of fencing, etiquette equipment, environment, footwork and movements. Course covers controlled sparring and teaches fencers to be patient while using strategy techniques, quick-thinking and problem-solving skills. \$25 material fee required after the first class.

**Instructor** James Chen

**Location** LA Fencing Academy of Pomona

3503 W. Temple Ave Unit G Pomona, 91768

**Wks 5 Res \$85 NR \$90**

**Age 7+**

**AC 1143-1** 1/7-2/4 Tu 4-4:45 pm

**AC 1150-1** 1/9-2/6 Th 4-4:45 pm

**AC 1143-2** 2/11-3/10 Tu 4-4:45 pm

**AC 1150-2** 2/13-3/12 Th 4-4:45 pm

**AC 1143-3** 3/17-4/14 Tu 4-4:45 pm

**AC 1150-3** 3/19-4/16 Th 4-4:45 pm

**AC 1143-4** 4/21-5/19 Th 4-4:45 pm

**AC 1150-4** 4/23-5/21 Th 4-4:45 pm

Looking for that perfect place to  
celebrate a graduation party?

Try the extraordinary  
**Diamond Bar Center.**

Visit [www.diamondbarcenter.com](http://www.diamondbarcenter.com)  
or call (909) 839-7065 for information

## SWIM ACADEMY - STROKE TECHNIQUE & ENDURANCE

This swim academy is an introductory program for advanced beginners to progress beyond basic fundamental stroke techniques of swimming and to build endurance. More details: [www.raptorsports.org](http://www.raptorsports.org). Schedule subject to change.

**Instructor** Raptor Sports Instructor

**Location** Diamond Bar High School

21400 Pathfinder Rd., Diamond Bar, CA 91765

**Wks 4 Res \$85 NR \$90**

**Age 9-14**

**AC 1184-1** 2/11-3/10 T & Th 6:30-7:30 pm

**AC 1184-2** 3/17-4/9 T & Th 6:30-7:30 pm

**AC 1184-3** 4/21-5/21 T & Th 6:30-7:30 pm

**No Class 4/28, 4/30**

## HARMONY AIKIDO

Build confidence and effective self-defense through physical conditioning, balance and flexibility. Use wooden hardware, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen joints and muscles, while helping align the body for correct techniques. See instructor to purchase optional uniform and wooden hardware.

**Instructor** Ethan Tam

**Location** DBC, Oak Room

**Wks** 10      **Res** \$130      **NR** \$135

**Age** 6+

**AC** 1017-1      1/16-3/19      Th      5:30-7 pm

**AC** 1017-2      3/26-6/4      Th      5:30-7 pm

**No Class** 4/16

## JAZZERCISE

Obtain fitness results fast with this danced-based workout that combines cardio moves with strength-training to burn up to 800 calories per session. Wear exercise attire and bring a mat or towel, and water. Hand-held weights optional.

**Instructor** Connie Lillie

**Location** BC, Sycamore Rm (T/Th), Oak Rm (Sa)

**Wks** 5

**Age** 16+

**Days/Times** Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am

**AC** 1029-1      1/11-2/13      1 Day      **Res** \$36      **NR** \$41

**AC** 1029-2      2/15-3/19      1 Day      **Res** \$36      **NR** \$41

**AC** 1029-3      3/21-4/23      1 Day      **Res** \$36      **NR** \$41

**AC** 1029-4      4/25-5/30      1 Day      **Res** \$51      **NR** \$56

**AC** 1030-1      1/11-2/13      2 Days      **Res** \$51      **NR** \$56

**AC** 1030-2      2/15-3/19      2 Days      **Res** \$51      **NR** \$56

**AC** 1030-3      3/21-4/23      2 Days      **Res** \$56      **NR** \$61

**AC** 1030-4      4/25-5/30      2 Days      **Res** \$56      **NR** \$61

**AC** 1031-1      1/11-2/13      3 Days      **Res** \$56      **NR** \$61

**AC** 1031-2      2/15-3/19      3 Days      **Res** \$56      **NR** \$61

**AC** 1031-3      3/21-4/23      3 Days      **Res** \$56      **NR** \$61

**AC** 1031-4      4/25-5/30      3 Days      **Res** \$56      **NR** \$61

**No Class** 5/26

## BOYS HIP-HOP

This boys-only class provides the ideal atmosphere to learn breakdancing and cool dance moves set to high-energy hip hop beats while building upper body strength.

**Instructor** Sheri Liebe

**Location** iDance & Fitness

2707 S Diamond Bar Blvd #105, Diamond Bar, CA 91765

**Wks** 6      **Res** \$100      **NR** \$105

**Age** 8-16

**AC** 1139-1      1/9-2/13      Th      6-7 pm

**AC** 1139-2      2/10-3/26      Th      6-7 pm

## COMPUTER PROGRAMMING

Use tablets to learn programming and coding in an easy-to-use system. Learn loops, algorithms, variables, graphic design, and other computer programming concepts while making fun games and educational programs. Workbook is yours to take home. \$15 material fee payable to instructor on first day of class.

**Instructor** Sigma Coding Instructor

**Location** Pantera Park, Activity Room

**Wks** 8      **Res** \$180      **NR** \$185

**Age** 8-13

**AC** 1102-1      1/14-3/3      Tu      5:15-6:45 pm

## WEB DEVELOPMENT PROGRAMMING

Course uses a visual approach to teaching HTML – the underlying structure of websites that defines the fonts, images and tables, arrangement of information and graphics on a webpage. \$15 material fee payable to instructor at first class.

**Instructor** Sigma Coding Instructor

**Location** Pantera Park, Activity Room

**Wks** 8      **Res** \$180      **NR** \$185

**Age** 11-15

**AC** 1062-1      1/13-3/9      M      5-6:30 pm

**Age** 16+

**AC** 1063-1      1/13-3/9      M      6:45-8:15 pm

**No Class** 2/17

## JAVA

Build a solid foundation in introductory programming topics and computer science. Topics are consistent with the AP computer science A exam; conditional statements, loops, variables, Boolean logic, and methods. Laptops available for students who cannot bring one from home. \$15 material fee payable to instructor on first day of class.

**Instructor** Sigma Coding Instructor

**Location** Pantera Park, Activity Room

**Wks** 8      **Res** \$180      **NR** \$185

**Age** 14-18

**AC** 1064-1      1/17-3/6      F      5-6:30 pm

## CRITICAL READING SKILLS

Enhance reading comprehension skills by identifying important information, assumptions, values, and language use, while also building vocabulary skills in preparation for the standardized tests. Bring pen and notebook. \$10 material fee is payable at first class.

**Instructor** AGI Academy

**Location** DBC, Sycamore Room

**Wks** 6      **Res** \$120      **NR** \$125

**Age** 7-12

**AC** 1073-1      2/7-3/13      F      3-4 pm

**AC** 1073-2      3/20-5/1      F      3-4 pm

**AC** 1073-3      5/8-6/12      F      3-4 pm

**No Class** 4/17

## MATH WORKSHOP

A great refresher course for students who want to prepare for a test or just gain additional practice. Experience a new approach to math problem solving and hands on practice for students in in third through eight grade. Bring pen and notebook. \$10 material fee is payable at first class.

**Instructor** AGI Academy

**Location** DBC, Sycamore Room

**Wks** 6      **Res** \$120      **NR** \$125

**Age** 8-13

**AC** 1078-1      2/7-3/13      F      4-5 pm

**AC** 1078-2      3/20-5/1      F      4-5 pm

**AC** 1078-3      5/8-6/12      F      4-5 pm

**No Class** 4/17

## MICROSOFT OFFICE APPLICATIONS

Learn how to make slideshows, spreadsheets and tables using Microsoft software. Experienced users can sharpen skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable at the first class.

**Instructor** AGI Academy

**Location** DBC, Maple Room

**Wks** 6      **Res** \$120      **NR** \$125

**Age** 16+

**AC** 1076-1      2/4-3/10      Tu      8-9 pm

**AC** 1076-2      3/17-4/28      Tu      8-9 pm

**AC** 1076-3      5/5-6/9      Tu      8-9 pm

**No Class** 4/14

## FIGURE AND ANATOMY DRAWING

Explore both contemporary and traditional approaches to the figure from master drawings. Study different gesture drawing techniques and how major bone and muscular structures of the human body change with movements and emotions.

**Instructor** Julianna Balogh, MFA

**Location** DBC, Maple Room

**Wks** 6      **Res** \$110      **NR** \$115

**Age** 16+

**AC** 1125-1      1/13-2/24      M      7-9 pm

**AC** 1125-2      3/9-4/20      M      7-9 pm

**No Class** 2/17, 4/13

## BEGINNING DRAWING – NEW!

Train with a skilled artist! Explore negative space, proportion, composition, perspective, line quality and different shading techniques through the study of master drawings. Bring 11"x14" drawing pad and a 4b pencil. A supply list will be provided at first class.

**Instructor** Julianna Balogh, MFA

**Location** DBC, Sycamore Room

**Wks** 6      **Res** \$110      **NR** \$115

**Age** 15+

**AC** 1178-1      1/11-2/15      Sa      11 am-1 pm

**AC** 1178-2      2/22-4/4      Sa      11 am-1 pm

**AC** 1178-3      4/11-5/16      Sa      11 am-1 pm

**No Class** 3/7

## PORTRAIT DRAWING – NEW!

Study the anatomy of the head, neck, shoulders, major bony landmarks, and muscles. Explore different techniques to enhance facial features and the hair from the frontal view, side profile, and three-quarter view. Bring 11"x14" drawing pad and a 4b pencil. A supply list will be provided at first class.

**Instructor** Julianna Balogh, MFA

**Location** DBC, Maple Room

**Wks** 6      **Res** \$110      **NR** \$115

**Age** 15+

**AC** 1179-1      1/12-2/16      Sun      9-11 am

**AC** 1179-2      2/23-4/5      Sun      9-11 am

**AC** 1179-3      4/12-5/17      Sun      9-11 am

**No Class** 3/8

## FONDANT FUNDAMENTALS

Simple and fun! Learn how to create carnations, calla lilies, daisies, a variety of roses and small filler flowers for cookies and cupcakes, as well as how to paint fondant for that extra touch! Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

**Wks** 1      **Res** \$50      **NR** \$55

**Age** 10+

**AC** 1176-1      1/29      W      6:30-8:30 pm

**AC** 1176-2      2/5      W      6:30-8:30 pm

**AC** 1176-3      4/29      W      6:30-8:30 pm

## CUPCAKE BOUQUETS IN A BASKET

Enjoy this fun spring project! Color, tint and decorate cupcakes with flowers using buttercream icing and turn them into a bouquet in a basket! Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

**Wks** 1      **Res** \$55      **NR** \$60

**Age** 10+

**AC** 1175-1      3/25      W      6:30-8:30 pm

**AC** 1175-2      4/8      W      6:30-8:30 pm

**AC** 1175-3      5/6      W      6:30-8:30 pm

# ADULTS

## TABLE TENNIS

Come join the fun and improve your table tennis skills at this FREE program! All ages are welcome to participate on Thursday evenings from 6:30 to 9:30 p.m. and Sundays from 5 to 8 p.m. at the Heritage Park Community Center. Bring your paddle, table tennis balls, and be ready to play! All participants are required to sign a waiver form and register prior to playing. For more information, call (909) 839-7070.

**AC** 1561-1

## ADULT COED VOLLEYBALL

Improve your skills with our recreational volleyball program! This 10-week program is designed for those who want to get on the court and play. There are no officials, no strict rules, and teams will be formed informally as players arrive. Violations are called using the honor system. For more information, call the Parks and Recreation Department at (909) 839-7070.

**Location** South Point Middle School Gymnasium

**Wks** 10      **Res** \$40      **NR** \$45

**Age** 18+

**AC** 1581-1      1/27-4/6      M      7-9 pm

**No play** on 2/17

## PICKLEBALL DROP IN PROGRAM

A combination of tennis, badminton and ping pong, pickleball is for you if you play tennis but would prefer a less strenuous alternative, give Pickleball a try. This tennis-like sport is played with a whiffle ball and paddle on a smaller court with a modified net. Drop-in program is held every Wednesday. Limited equipment available for borrowing so feel free to bring your own.

**Location** Maple Hill Park

**Age** 18+      W      9 am-12 pm

## SENIOR COED SOFTBALL

The Diamond Bar Softball Team is actively recruiting new players age 50 or older. This team is part of the Inter-City Senior Co-ed Softball League which is made up of men and women mostly in their 60s and 70s. Teams are made up of 11-15 players, at least three of whom must be women. The playing season runs April through November, with games starting at 9 a.m. or 10:15 a.m. and lasting approximately 75 minutes. For more information or to join the team, visit [intercitysoftball.org](http://intercitysoftball.org).

Bring a racquet and one unopened can of tennis balls to the first class. Missed classes may be made up only within the same session and in a class of the same level. **Rain-Out Line: (909) 625-2060.**

## ADULT TENNIS ACADEMY – INTERMEDIATE/ADVANCED

Improve your technique while getting a workout and making new friends. Students will learn and train in the intermediate to more advanced areas of the game. For more information visit us at [www.tennisanyone.info](http://www.tennisanyone.info).

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park Tennis Courts

**Age** 18+

**Days/ Time** Mondays (Advanced w/instructor clearance) & Wednesdays (Int/Adv) 6:30-8 pm

**Wks** 4

**AC** 1081-1      1/6-1/29      1 Day      **Res** \$79      **NR** \$84

**AC** 1081-2      2/3-2/26      1 Day      **Res** \$79      **NR** \$84

**AC** 1081-3      3/2-3/25      1 Day      **Res** \$79      **NR** \$84

**AC** 1081-4      3/30-4/22      1 Day      **Res** \$99      **NR** \$104

**AC** 1081-5      4/27-5/20      1 Day      **Res** \$99      **NR** \$104

**AC** 1082-1      1/6-1/29      2 Days      **Res** \$108      **NR** \$113

**AC** 1082-2      2/3-2/26      2 Days      **Res** \$123      **NR** \$128

**AC** 1082-3      3/2-3/25      2 Days      **Res** \$123      **NR** \$128

**AC** 1082-4      3/30-4/22      2 Days      **Res** \$154      **NR** \$159

**AC** 1082-5      4/27-5/20      2 Days      **Res** \$154      **NR** \$159

## ADULT SEMI PRIVATE TENNIS LESSONS-BEG.

Intended for newcomers who want to learn tennis in a small group setting of two to four students. Expect plenty of attention from the coach while learning a sport that can be enjoyed for a lifetime.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park

**Age** 18+

**Days/ Time** Mondays & Wednesdays 8-9 pm

**Wks** 4

<b>AC</b> 1083-1	1/6-2/29	1 Day	<b>Res</b> \$99	<b>NR</b> \$104
<b>AC</b> 1083-2	2/13-2/26	1 Day	<b>Res</b> \$99	<b>NR</b> \$104
<b>AC</b> 1083-3	3/2-3/25	1 Day	<b>Res</b> \$99	<b>NR</b> \$104
<b>AC</b> 1083-4	3/30-4/22	1 Day	<b>Res</b> \$99	<b>NR</b> \$104
<b>AC</b> 1083-5	4/27-5/20	1 Day	<b>Res</b> \$99	<b>NR</b> \$104
<b>AC</b> 1084-1	1/6-2/29	2 Days	<b>Res</b> \$189	<b>NR</b> \$194
<b>AC</b> 1084-2	2/13-2/26	2 Days	<b>Res</b> \$189	<b>NR</b> \$194
<b>AC</b> 1084-3	3/2-3/25	2 Days	<b>Res</b> \$189	<b>NR</b> \$194
<b>AC</b> 1084-4	3/30-4/22	2 Days	<b>Res</b> \$189	<b>NR</b> \$194
<b>AC</b> 1084-5	4/27-5/20	2 Days	<b>Res</b> \$189	<b>NR</b> \$194

## GOLF

Designed for players of all levels, this class is for anyone who wants to learn or improve their game on the links! Clubs and range balls are available. Please arrive 15 minutes early to select clubs. Students need to wear golf or tennis shoes and a collared shirt.

**Instructor** Jeffrey Hirose

**Location** Diamond Bar Golf Course

22751 Golden Springs Dr., Diamond Bar, CA 91765

**Wks** 4 **Res** \$100 **NR** \$105

**Age** 16+

<b>AC</b> 1157-1	1/16-2/6	Th	7:15-8:15 pm
<b>AC</b> 1157-2	2/20-3/12	Th	7:15-8:15 pm
<b>AC</b> 1157-3	4/16-5/14	Th	7:15-8:15 pm

## INTRODUCTION TO SABRE FENCING – NEW!

Get introduced to the basics of fencing, etiquette equipment, environment, footwork and movements. Course covers controlled sparring and teaches fencers to be patient while using strategy techniques, quick-thinking and problem-solving skills. \$25 material fee required after the first class.

**Instructor** James Chen

**Location** LA Fencing Academy of Pomona

3503 W. Temple Ave Unit G Pomona, 91768

**Wks** 5 **Res** \$85 **NR** \$90

**Age** 7+

<b>AC</b> 1143-1	1/7-2/4	Tu	4-4:45 pm
<b>AC</b> 1150-1	1/9-2/6	Th	4-4:45 pm
<b>AC</b> 1143-2	2/11-3/10	Tu	4-4:45 pm
<b>AC</b> 1150-2	2/13-3/12	Th	4-4:45 pm
<b>AC</b> 1143-3	3/17-4/14	Tu	4-4:45 pm
<b>AC</b> 1150-3	3/19-4/16	Th	4-4:45 pm
<b>AC</b> 1143-4	4/21-5/19	Tu	4-4:45 pm
<b>AC</b> 1150-4	4/23-5/21	Th	4-4:45 pm

## HARMONY AIKIDO

Build confidence and effective self-defense through physical conditioning, balance and flexibility. Use wooden hardware, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen joints and muscles, while helping align the body for correct techniques. See instructor to purchase optional uniform and wooden hardware.

**Instructor** Ethan Tam

**Location** DBC, Oak Room

**Wks** 10 **Res** \$130 **NR** \$135

**Age** 6+

<b>AC</b> 1017-1	1/16-3/19	Th	5:30-7 pm
<b>AC</b> 1017-2	3/26-6/4	Th	5:30-7 pm

**No Class** 4/16

## KAJUKENBO KARATE

Improve physical fitness and building self-confidence with self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu). Wear loose fitting clothing. Returning students can purchase a required uniform from the instructor. More details on Facebook: Diamond Bar Kajukenbo.

**Instructor:** John Bishop

**Location:** DBC, Oak Room

**Wks** 5

**Res** \$50

**NR** \$55

**Age** 12+

<b>AC</b> 1026-1	1/14-2/13	Tu & Th	7:30-9 pm
<b>AC</b> 1026-2	2/25-3/31	Tu & Th	7:30-9 pm
<b>AC</b> 1026-3	4/7-5/7	Tu & Th	7:30-9 pm
<b>AC</b> 1026-4	5/19-6/18	Tu & Th	7:30-9 pm

**No Class** 3/3

## ADULT SELF-DEFENSE CRASH COURSE

Build self-confidence, strength and endurance as you learn self-defense basics in this one-day course for adults. Wear loose fitting clothing.

**Instructor** Renato Migliaccio

**Location** Sampa Brazilian Jiu Jitsu School

355 South Lemon Ave. Unit L, Walnut 91789

**Wks** 1

**Res** \$45

**NR** \$50

**Age** 18+

<b>AC</b> 1180-1	2/7	F	6-8 pm
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## GET FIT IN THE A.M.

See your energy levels rise with the sun! This morning workout combines cardio, core strengthening, flexibility and muscle conditioning that gives you results you can see and feel!

**Instructor** Sheri Liebe

**Location** iDance & Fitness

2707 S Diamond Bar Blvd #105, Diamond Bar, CA 91765

**Wks** 6

**Res** \$85

**NR** \$90

**Age** 18+

<b>AC</b> 1087-1	1/6-2/12	M&W	6-7 am
<b>AC</b> 1087-2	2/19-3/30	M&W	6-7 am

## YANG STYLE TAI CHI

Reduce stress, improve balance, lower blood pressure, and enhance the immune system. Often referred to as "moving meditation," Tai Chi promotes health by focusing on the mind-body connection. To better learn and understand each movement, martial arts applications are also taught.

**Instructor** Thomas Barrett

**Location** DBC, Sycamore Room

**Wks** 5

**Res** \$60

**NR** \$65

**Age** 18+

<b>AC</b> 1032-1	1/2-2/6	Th	7:30-8:30 pm
<b>AC</b> 1032-2	2/13-3/12	Th	7:30-8:30 pm
<b>AC</b> 1032-3	3/26-4/30	Th	7:30-8:30 pm

**No Class** 1/9, 4/16

## DAOIST MEDITATIVE MOVEMENT

Focus on traditional practices used by ancient Daoist masters to quiet the mind and rejuvenate the body. Simple exercises will be taught to help reduce stress, gain mental clarity, meet weight loss goals, and increase energy levels.

**Instructor** Steve Feng

**Location** DBC, Pine Room

**Wks** 4

**Res** \$85

**NR** \$90

**Age** 18+

<b>AC</b> 1177-1	1/14-2/6	Tu&Th	7:30-8:30 pm
<b>AC</b> 1177-2	2/11-3/5	Tu&Th	7:30-8:30 pm
<b>AC</b> 1177-3	3/10-4/2	Tu&Th	7:30-8:30 pm
<b>AC</b> 1177-4	4/7-5/7	Tu&Th	7:30-8:30 pm
<b>AC</b> 1177-5	5/12-6/4	Tu&Th	7:30-8:30 pm

**No Class** 4/14, 4/16

### VINYASA FLOW YOGA

Synchronize breath with movement by focusing on linking conscious breath with mindful flow. You'll be guided through postures in a Vinyasa style, beginning with basics poses and allowing for more challenging poses as you progress. Don't forget your yoga mat!

**Instructor** Joann Chung  
**Location** DBC, Pine Room

**Wks** 9                      **Res** \$127                      **NR** \$132

**Age** 18+

**AC** 1033-1                      1/13-3/16      M                      7-8 pm

**AC** 1033-2                      3/23-6/1      M                      7-8 pm

**No Class** 2/17, 4/13, 5/25

### TRAIL AND TREK

Each week discover a new trail in your backyard! Get safety tips and learn about hiking gear and local wildlife as you build your strength and endurance. Trail difficulty ranges from moderate to strenuous. First class meets at the Diamond Bar Center, Grand View Trail for assessment.

**Instructor** Sheri Liebe

**Location** Diamond Bar Center Trailhead, 1600 Grand Ave.

**Wks** 6                      **Res** \$60                      **NR** \$65

**Age** 18+

**AC** 1094-1                      1/6-2/10      M                      7:30-8:45 am\*

**AC** 1094-2                      2/24-3/30      M                      7:30-8:45 am\*

\*Ending time varies.

### KINETIC BODY BALANCE - NEW!

Come experience this new, targeted body conditioning workout! Kinetic therapists train clients to re-balance their bodies by stabilizing the surrounding muscles. Basic exercises and stretches for all the major joints and supporting musculature can help you succeed in all your fitness endeavors! Bring an exercise mat.

**Instructor** Gabriela Klein

**Location** DBC, Pine Room

**Wks** 5                      **Res** \$69                      **NR** \$74

**Age** 18+

**AC** 1135-1                      1/14-1/30      Tu&Th                      6-7 pm

**AC** 1135-2                      3/3-3/31      Tu                      6-7 pm

**AC** 1136-2                      3/5-4/2      Th                      6-7 pm

**AC** 1135-3                      4/7-5/12      Tu                      6-7 pm

**AC** 1136-3                      4/9-5/14      Th                      6-7 pm

**No Class** 4/14, 4/16

### ZUMBA FOR THE MATURE ADULT

A fun, energetic and low-impact Zumba workout at a pace designed for beginners, older adults, and individuals with knee or joint issues.

**Instructor** Limei Xiao

**Location** DBC, Sycamore Room

**Wks** 8                      **Res** \$50                      **NR** \$55

**Age** 18+

**AC** 1093-1                      1/13-3/9      M                      10-11 am

**AC** 1093-2                      3/16-5/4      M                      10-11 am

**No Class** 2/7

### GENTLE YOGA

These extremely accessible classes are perfect for anyone looking to develop a practice of conscious, mindful movement with some support - all levels welcome. Bring a mat, strap, or cotton belt, and yoga block.

**Instructor** Limei Xiao

**Location** DBC, Pine Room

**Wks** 8                      **Res** \$106                      **NR** \$111

**Age** 16+

**AC** 1088-1                      1/13-3/9      M                      8:30-9:45 am

**AC** 1088-2                      3/16-5/4      M                      8:30-9:45 am

**AC** 1090-1                      1/15-3/4      W                      8:30-9:45 am

**AC** 1090-2                      3/11-4/29      W                      8:30-9:45 am

### KUNDALINI YOGA

Experience deep relaxation and inner peace while learning Kundalini Yoga postures, mudras, mantra, and meditation. All levels welcome. Bring a mat and water. Yoga mats available for purchase from instructor.

**Instructor** Marlene Ramirez-Mooney

**Location** DBC, Oak Room

**Wks** 6                      **Res** \$88                      **NR** \$93

**Age** 18+

**AC** 1091-1                      1/18-3/7      Sa                      10-11 am

**AC** 1091-2                      3/28-5/16      Sa                      10-11 am

**No Class** 2/15, 2/29, 4/11, 5/2

### CHAN/ZEN MEDITATION BY HEART CHAN

This class will include floor sitting, belly breathing, cultivation of "chi," fundamental teachings of Heart Chan practice, and integrating body, mind and spirit in everyday life throughout the course. Wear loose-fitting clothing.

**Instructor** Viki Chao

**Location** DBC, Pine Room

**Wks** 8                      **Res** \$90                      **NR** \$95

**Age** 18+

**AC** 1127-1                      2/11-4/7      Tu                      7:30-9 pm

**No Class** 3/31

### LINE DANCING

This low impact class will get you up and dancing quicker than you can say "Yee-Haw!" Learn popular line dances like the Electric Slide, Cupid Shuffle, Cha Cha Slide, Boot Scootin' Boogie and Watermelon Crawl. No partners needed!

**Instructor** Crystal Shum

**Location** DBC, Oak Room

**Wks** 5                      **Res** \$65                      **NR** \$70

**Age** 16+

**AC** 1131-1                      1/13-2/24      M                      7:45-8:45 pm

**AC** 1131-2                      3/9-4/6      M                      7:45-8:45 pm

**AC** 1131-3                      5/4-6/8      M                      7:45-8:45 pm

**No Class** 1/20, 2/17, 5/25

### JAZZERCISE

Obtain fitness results fast with this danced-based workout that combines cardio moves with strength-training to burn up to 800 calories per session. Wear exercise attire, and bring a mat or towel and water. Hand-held weights optional.

**Instructor** Connie Lillie

**Location** DBC, Sycamore Rm (T/Th), Oak Rm (Sa)

**Wks** 5

**Age** 16+

**Days/Time** Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am

**AC** 1029-1                      1/11-2/13      1 Day                      **Res** \$36 **NR** \$41

**AC** 1029-2                      2/15-3/19      1 Day                      **Res** \$36 **NR** \$41

**AC** 1029-3                      3/21-4/23      1 Day                      **Res** \$36 **NR** \$41

**AC** 1029-4                      4/25-5/30      1 Day                      **Res** \$36 **NR** \$41

**AC** 1030-1                      1/11-2/13      2 Days                      **Res** \$51 **NR** \$56

**AC** 1030-2                      2/15-3/19      2 Days                      **Res** \$51 **NR** \$56

**AC** 1030-3                      3/21-4/23      2 Days                      **Res** \$51 **NR** \$56

**AC** 1030-4                      4/25-5/30      2 Days                      **Res** \$51 **NR** \$56

**AC** 1031-1                      1/11-2/13      3 Days                      **Res** \$56 **NR** \$61

**AC** 1031-2                      2/15-3/19      3 Days                      **Res** \$56 **NR** \$61

**AC** 1031-3                      3/21-4/23      3 Days                      **Res** \$56 **NR** \$61

**AC** 1031-4                      4/25-5/30      3 Days                      **Res** \$56 **NR** \$61

**No Class** 5/26

## INSTRUCTOR HIGHLIGHT

### Julianna Balogh

Julianna has been creating, teaching, and studying art for over 30 year in southern California. She received her Bachelor of Arts from UCLA in 1988, an adult education teaching credential in 1991 and her Master of Fine Arts from Claremont Graduate University in 2000. Her experience includes drawing, painting, sculpture, installation, photography and ceramics. Julianna is deeply committed to making art relevant to the contemporary world. She organized a number of successful shows and curated numerous exhibitions for her students including some at the Latino Art Museum.



## FINE ART ACRYLIC PAINTING

Learn the basics of painting with acrylics including techniques, mediums and tools while creating a series of paintings. No experience required. Students furnish their own supplies (list provided at first meeting).

**Instructor** Ray Tucker

**Location** DBC, Sycamore Room

Wks 4	Res \$110	NR \$115		
<b>Age</b> 18+				
AC 1034-1	1/15-2/5	W	12:30-3:30 pm	
AC 1034-2	2/12-3/4	W	12:30-3:30 pm	
AC 1034-3	3/11-4/1	W	12:30-3:30 pm	
AC 1034-4	4/8-5/6	W	12:30-3:30 pm	
<b>No Class 4/15</b>				

## OIL PAINTING FOR THE ABSOLUTE BEGINNER

This workshop is designed for those interested in exploring the art of oil painting. No experience required. Students furnish their own supplies (email instructor for the materials and supplies list at raytuckerartist@gmail.com).

**Instructor** Ray Tucker

**Location** DBC, Sycamore Room

Wks 4	Res \$110	NR \$115		
<b>Age</b> 18+				
AC 1034-1	1/4-1/35	Sa	9am-12 pm	
AC 1034-2	2/8-2/29	Sa	9am-12 pm	
AC 1034-3	3/7-3/28	Sa	9am-12 pm	
AC 1034-4	4/4-4/25	Sa	9am-12 pm	

## FIGURE AND ANATOMY DRAWING

Explore both contemporary and traditional approaches to the figure from master drawings. Study different gesture drawing techniques and how major bone and muscular structures of the human body change with movements and emotions.

**Instructor** Julianna Balogh, MFA

**Location** DBC, Maple Room

Wks 6	Res \$110	NR \$115		
<b>Age</b> 16+				
AC 1125-1	1/13-2/24	M	7-9 pm	
AC 1125-2	3/9-4/20	M	7-9 pm	
<b>No Class 2/17, 4/13</b>				

## BEGINNING DRAWING – NEW!

Train with a skilled artist! Explore negative space, proportion, composition, perspective, line quality and different shading techniques through the study of master drawings. Bring 11"x14" drawing pad and a 4b pencil. A supply list will be provided at first class.

**Instructor** Julianna Balogh, MFA

**Location** DBC, Sycamore Room

Wks 6	Res \$110	NR \$115		
<b>Age</b> 15+				
AC 1178-1	1/11-2/15	Sa	11 am-1 pm	
AC 1178-2	2/22-4/4	Sa	11 am-1 pm	
AC 1178-3	4/11-5/16	Sa	11 am-1 pm	
<b>No Class 3/7</b>				

## PORTRAIT DRAWING – NEW!

Study the anatomy of the head, neck, shoulders, major bony landmarks, and muscles. Explore different techniques to enhance facial features and the hair from the frontal view, side profile, and three-quarter view. Bring 11"x14" drawing pad and a 4b pencil. A supply list will be provided at first class.

**Instructor** Julianna Balogh, MFA

**Location** DBC, Maple Room

Wks 6	Res \$110	NR \$115		
<b>Age</b> 15+				
AC 1179-1	1/12-2/16	Sun	9-11 am	
AC 1179-2	2/23-4/5	Sun	9-11 am	
AC 1179-3	4/12-5/17	Sun	9-11 am	
<b>No Class 3/8</b>				

## FONDANT FUNDAMENTALS

Simple and fun! Learn how to create carnations, calla lilies, daisies, a variety of roses and small filler flowers for cookies and cupcakes, as well as how to paint fondant for that extra touch! Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

Wks 1	Res \$50	NR \$55		
<b>Age</b> 10+				
AC 1176-1	1/29	W	6:30-8:30 pm	
AC 1176-2	2/5	W	6:30-8:30 pm	
AC 1176-3	4/29	W	6:30-8:30 pm	

## CUPCAKE BOUQUETS IN A BASKET

Enjoy this fun spring project! Color, tint and decorate cupcakes with flowers using buttercream icing and turn them into a bouquet in a basket! Materials included.

**Instructor** Geri Keller

**Location** DBC, Maple Room

Wks 1	Res \$55	NR \$60		
<b>Age</b> 10+				
AC 1175-1	3/25	W	6:30-8:30 pm	
AC 1175-2	4/8	W	6:30-8:30 pm	
AC 1175-3	5/6	W	6:30-8:30 pm	

## DOG OBEDIENCE CLASS

Improve your dog's social and obedience skills and come away with handling tips to better communication and understand your pet. Bring immunization records for each dog to first meeting. One dog per handler (at least 18 years of age).

**Instructor** Rouge K9 Academy

**Location** Pantera Park (near Bowcreek Dr.)

Wks 6	Res \$165	NR \$170		
<b>Age</b> 18+				
AC 1153-1	1/12-2/16	Sun	9-10 am	
AC 1153-2	3/1-4/5	Sun	9-10 am	

## MICROSOFT OFFICE APPLICATIONS



Learn how to make slideshows, spreadsheets or tables using Microsoft software. Experienced users can sharpen skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable at the first class.

**Instructor** AGI Academy

**Location** DBC, Maple Room

**Wks** 6                      **Res** \$120                      **NR** \$125

**Age** 16+

**AC** 1076-1                      2/4-3/10                      Tu                      8-9 pm

**AC** 1076-2                      3/17-4/28                      Tu                      8-9 pm

**AC** 1076-3                      5/5-6/9                      Tu                      8-9 pm

# ONLINE LEARNING EDUCATION TO GO

Over 300 courses you can complete from the convenience of your home or office. Fees start at \$115. Visit [www.ed2go.com/diamondbar](http://www.ed2go.com/diamondbar) or call (909) 839-7070 for more information.

### Topics Include:

- Speed Spanish
  - Social Media for Businesses
  - SAT/ACT/GRE Prep Courses
  - English, Grammar & Writing
  - Microsoft Application
- AND MORE!

### Session Dates:

Session 1	1/15/20-3/6/20
Session 2	2/12/20-4/3/20
Session 3	3/18/20-5/8/20
Session 4	4/15/20-6/5/20



## 2020 Rose Parade



Secure your spot for one of the most popular, traditional and memorable ways to welcome in the new year! The annual Rose Parade features dozens of spectacular floral and animated floats, spirited marching bands and magnificent equestrian units. Excursion includes continental breakfast, roundtrip transportation, grandstand seat, a Diamond Bar seat cushion and a snack for the ride home.

**Age** All                      **Res** \$105                      **NR** \$110  
**AC** 1450-1                      1/1/20                      W                      5 am-2 pm

**Registration open until filled.**

## Getty Center & Picnic Lunch



The Getty Center is a world-renowned cultural center dedicated to the preservation and celebration of the world's arts and culture. Start the day with a 45-minute tour of the unique architecture and gardens of the Getty Center. Tour will be followed by a casual, picnic lunch of turkey or veggie sandwich, chips, a cookie and drink. The rest of the afternoon is yours to spend exploring the museums art galleries, architecture, gardens and shop. Excursion includes roundtrip transportation, Getty tour, box lunch and a snack on the way home.

**Age** All                      **Res** \$38                      **NR** \$43  
**AC** 1451-1                      3/21                      Sa                      9 am-5 pm

**Registration deadline is Friday, February 28.**

### COMMUNITY EXCURSIONS

Community Excursions depart from and return to the Diamond Bar Center, located at 1600 Grand Avenue. Refunds will be given only when Recreation Services is able to resell your reservation to another party. All minors must be accompanied by an adult. All participants must sign a City liability waiver prior to participating in each excursion. For registration information please call (909) 839-7070.

## SENIOR EXCURSIONS

Senior Excursions depart from and return to the Diamond Bar Center, 1600 S. Grand Avenue. Excursions are for Senior Citizens, age 55+. Excursions are rated on a 1-3 walking level where 1 represents little or no walking, 2 is a moderate amount of walking and 3 is quite a bit of walking. Refunds will be given only when Recreation Services is able to resell your reservation to another party. All participants must sign a City liability waiver prior to participating in each excursion. For registration information, call (909) 839-7070.

### THE BROAD CONTEMPORARY MUSEUM & LUNCH - LEVEL 2-3

Enjoy Los Angeles without having to drive! First stop will be The Grove for free time and lunch on your own. Then, it's off to The Broad for a self-guided tour to view some of the most prominent holdings of postwar and contemporary art worldwide. This excursion includes roundtrip transportation, museum admission and a snack on the way home.

**Age** 55+      **Res** \$30      **NR** \$35  
**AC** 1630-1      1/22      W      10 am- 5 pm  
**Reservation deadline is Friday, January 10, 2020.**



### FANTASY SPRINGS CASINO - LEVEL 1

Spend the day at Fantasy Springs Casino in Indio! Upon arrival, everyone gets \$25 on their player's card (must present a valid California ID). Matinee Bingo is available from 2:30 to 4 p.m. Lunch is on your own. This excursion includes roundtrip transportation, and a snack on the way home.

**Age** 55+      **Res** \$22      **NR** \$27  
**AC** 1631-1      2/5      W      8:30 am-6 pm  
**Reservation deadline is Friday, January 24, 2020.**

### NEWPORT WHALE WATCHING & LUNCH AT NEWPORT LANDING - LEVEL 3

Late December through April coincides with the California Gray Whale annual migration along the Orange County coastline. A prime spot for whale watching is reserved from 10 a.m. until approximately 11:25 a.m. After whale watching, everyone will enjoy free time at the Newport Landing for shopping and lunch on their own. This excursion includes roundtrip transportation, admission and snack on the way home.

**Age** 55+      **Res** \$37      **NR** \$42  
**AC** 1632-1      3/11      W      8 am-4 pm  
**Reservation deadline is Friday, February 28, 2020.**



### BIG BEAR LAKE- LEVEL 2-3

Spend the day at Big Bear Lake! On this trip, we will take a cruise on the Big Bear Queen. The tour is on a Mississippi Paddlewheel Boat and lasts approximately 90 minutes with views of China Island, the solar observatory and the San Gorgonio Mountains. After the tour enjoy time at the Village for shopping and lunch on your own. This excursion includes roundtrip transportation, admission and snack on the way home.

**Age** 55+      **Res** \$38      **NR** \$43  
**AC** 1633-1      4/29      W      9 am-4 pm  
**Reservation deadline is Friday, April 3, 2020.**

**PREMIER WORLD DISCOVERY & COLLETTE GATEWAY**

Extended excursions are available through a partnership between the City and Premier World Discovery & Collette Gateway. Trips are "all-inclusive" at four-star accommodations. Excursions through Premier include doorstep pickup and drop-off. Travel modes include cars, trains, planes, boats and motor coaches. Don't see a trip that interests you? They can help. Call (909) 839-7068 for more information.

**SCOTLAND & NORTHERN IRELAND EXPLORER  
FEATURING EDINBURGH CITY TOUR, BELFAST CITY TOUR, FERRY FROM  
NORTHERN IRELAND TO SCOTLAND AND MORE!**

April 20, 2020

9 Days

\$4,250 per person double capacity



**COLLETTE VACATIONS TRIP SHOWCASE**

Representatives from Collette Gateway will share information and answer questions related to the various guided and arranged group trips it has planned for 2020.

Reserve your seat today by calling (909) 839-7070.

**Location** Diamond Bar Center

2/10 M 4-6 pm

**DISCOVER WASHINGTON, D.C., NIAGARA FALLS &  
NEW YORK CITY**

**FEATURING U.S. CAPITAL BUILDING TOUR, WORLD WAR II MEMORIAL, 9/11  
MEMORIAL & MUSEUM AND MORE!**

April 24, 2020

9 days

\$2,849 per person double capacity



**COLORADO ROCKIES, RAILS & WESTERN  
NATIONAL PARKS**

**FEATURING DURANGO & SILVERTON RAILROAD, PIKES PEAK COG  
RAILWAY, COWBOY DINNER & STAGE SHOW AND MORE!**

June 14, 2020

9 days

\$3,295 per person double capacity

## FREE CLINICS & SEMINARS

Advance registration is required for the following talks, workshops and services. Call (909) 839-7070 for more information or to reserve a spot.

### SENIOR LIVING AT ITS BEST!

Contemplating moving into a senior community? Come listen to this informative and interactive presentation that will provide insight on the differences between independent and assisted living communities as well as the benefits of senior living. Light refreshments will be provided.

**Sponsored by** Oakmont, Debora Main and Mari Markell, Marketing Directors

**Location** DBC, Pine Room  
1/21 Tu 10-11:30 am

### BRAIN HEALTH

Lifestyle has a profound impact on your brain health. What you eat and drink, how much you exercise, the quality of your sleep, your socialization habits and how you manage stress are all critically important to mental wellness. Come listen to this informative presentation for tips and techniques to keep your brain healthy. Light refreshments will be provided.

**Sponsored by** Silverado, Thomas Baird, LCSW-Senior Director of Residents

**Location** DBC, Pine Room  
1/28 Tu 10-11:30 am

### FALL PREVENTION

Falls, the majority of which occur in a home environment, are the leading cause of hospitalizations and fatal injuries among older adults. Attend this workshop to improve your fall prevention knowledge and awareness and learn what physical and environmental changes you can make to reduce the risk of slips, trips and falls. Light refreshment provided.

**Sponsored by** ChiroPlus, Dr. Kurt Bryant

**Location** DBC, Pine Room  
2/11 Tu 10-11:30 am

### BETTER BACKS: DEVELOPING AND MAINTAINING OPTIMAL BACK HEALTH

This presentation, we will cover some of the causes of back pain including, dysfunctional breathing patterns and poor posture. You will learn important steps you can take to improve and maintain long-term back health. Other areas covered in this presentation include: Correcting body positioning; improving flexibility & mobility; increasing CORE STRENGTH; and effective exercises for improving back strength

**Sponsored by** Fitness Advantage Diamond Bar

**Location** DBC, Pine Room  
2/25 Tu 10-11:30 am

## MEMORY LOSS - WHAT'S NORMAL, WHAT'S NOT

Age-associated memory impairment (AAMI) is defined by the National Institute of Mental Health as a natural, gradual decline in memory that occurs with ageing. Without knowing how to distinguish age-related memory difficulties from early signs of dementia or other cognitive disorder, some individuals may mistake one for the other. Attend this informative seminar to learn how to identify what is normal and what is not when it comes to memory loss. Free refreshments will be provided.

**Sponsored by** Silverado, Thomas Baird, LCSW-Senior Director of Residents

**Location** DBC, Pine Room  
3/3 Tu 10:15-11:45 am

### MOST COMMON PLANNING MISTAKES

This seminar will set the record straight when it comes to advance planning such as estate wills and trusts, heirs and Medi-Cal. Come and learn about common planning pitfalls and how to avoid them. Informative handouts and light refreshments will be provided.

**Sponsored by** Sara Polinsky, Estate Planning & Elder Law Attorney

**Location** DBC, Pine Room  
3/16 M 10:15-11:45 am

### HOW TO AGE WITHOUT PAIN

Regular physical activity as a way of keeping healthy becomes more important with advanced age, however, chronic pain and other age-related aches can sometimes pose a challenge. Chiropractic care has been known to have multiple benefits from increasing mobility to decreasing risk of falls and other injuries. Attend this talk to obtain tips on how to age without pain. Light refreshments will be provided.

**Sponsored by** ChiroPlus, Dr. Kurt Bryant

**Location** DBC, Pine Room  
4/21 Tu 10-11:30 am

## SENIOR SERVICES

### HEARING SCREENING

Connect Hearing offers free hearing screenings the third Wednesday of every month. Advance registration is required. Call (909) 839-7070 for an appointment.

**Staffed by** Tina Rogers, M.S Audiologist

**Location** DBC, Maple Room  
Dates W 9-11 am  
1/15, 2/19, 3/18, 4/15, 5/20

### TAX PREPARATION

AARP is offering seniors free tax preparation assistance every Wednesday starting February 5 and until April 8. Appointments fill up fast. Secure your spot by calling the Diamond Bar Center at (909) 839-7070.

**Sponsored by** AARP

**Location** DBC, Maple Room  
2/5-4/8 W 8 am-1 pm

See page 22 for a seminar on  
**LOSING THE BELLY FAT: Keys to successful weight loss**

### AARP MATURE DRIVING CLASS

This class offers instruction that refines existing skills and develops safe and defensive driving techniques. Produced by the American Association of Retired Persons (AARP). You must attend both classes in a session to receive your completion certificate. Pre-registration is required by calling (909) 839-7070.

**Instructor** AARP

**Location** City Hall, Windmill Room

**Fee** \$15 AARP member, \$20 non-member

<b>AC</b> 1621-1	1/23 & 1/24	Th & F	9 am-1 pm
<b>AC</b> 1620-1	2/21	F*	9 am-1 pm
<b>AC</b> 1621-2	3/11 & 3/13	W & F	9 am-1 pm
<b>AC</b> 1622-1	3/19	Th*	8:30 am-5 pm Mandarin Class

\*For returning students only.

### LOSING THE BELLY FAT: KEYS TO SUCCESSFUL WEIGHT LOSS

Achieving long-term weight loss is a constant challenge for many individuals. This presentation will provide you with simple yet effective tools to improve your body's ability to lose weight and to keep it off. We will cover: Keys to fat loss success; best foods to help you fight belly fat; tips to keep your cravings under control; and the benefits of maintaining your lean body mass.

**Sponsored by** Fitness Advantage Diamond Bar

**Location** DBC, Pine Room

3/10 Tu 10-11:30 am

### TALK WITH AN ATTORNEY

Obtain answers to your personal legal questions related to wills, trusts, powers of attorney, planning for incapacity, probate, elder law, medical and long-term care planning. Schedule your 20-minute appointment today by calling (909) 839-7070.

**Location** Diamond Bar Center

2/5	W	10 am-12 pm
3/4	W	10 am-12 pm
4/1	W	10 am-12 pm

### CASE MANAGEMENT

Intervale Senior Services can help seniors in private appointments. Services available include case management (in-home assessment, personalized care plan, service arrangement) home delivered meals, and information and referral. For more information, contact YWCA at (626) 214-9467.

### TECH TIME

Get answers to your technology-related questions or help with your mobile devices in one-on-one sessions with a teen volunteer member of DB4Youth. Help is free and can include such things as making your favorite photo a wallpaper, creating an email or social media account, or adjusting the custom settings on your smartphone, tablet or e-reader. Register in person at the Diamond Bar Center or by calling (909) 839-7070 to reserve your time slot.

**Staffed by** DB 4Youth teen volunteers

**Location** Diamond Bar Center

1/22	W	3:30-5 pm
2/19	W	3:30-5 pm
3/18	W	3:30-5 pm
4/22	W	3:30-5 pm
5/20	W	3:30-5 pm

### FREE FINANCIAL SEMINARS SERIES



#### WILLS AND TRUSTS

Trusts are only the beginning of good planning. Let us share helpful information about this topic and help you plan for the future.

**Sponsored by** United California Estate

**Location** DBC, Sycamore Room

2/4 Tu 10:30 am

#### MEDICAL & LONG TERM CARE

Understand the protection side of the law and the pitfalls that can devastate an estate. Learn how to save what you have worked for all of your life!

**Sponsored by** United California Estate

**Location** DBC, Sycamore Room

2/11 Tu 10:30 am

#### THE FACTS ABOUT ANNUITIES

What are the pros and cons about annuities and how they differ from other saving and growth vehicles? Get some tips on how to preserve your estate and not outlive your money.

**Sponsored by** United California Estate

**Location** DBC, Sycamore Room

2/18 Tu 10:30 am

## SPECIAL EVENTS

Paid reservations for all City-sponsored senior events are required. Purchase of 10 reservations will enable you to secure a table. For reservations and information, please call (909) 839-7070 or 909.839.7068

### VALENTINE'S DANCE

Come celebrate Valentine's Day with all your friends. There will be dinner, dancing and prizes. Ticket sales stop February 9.

**Location** DBC

**Age** 55+      **Res** \$15      **NR** \$20  
**AC** 1601-1      2/12      W      6-9 pm

### 50's DANCE

Let's bring back the '50s! Dress to the theme (or not) and enjoy a fun and memorable evening with great food, music, dancing and prizes! Ticket sales stop March 13.

**Location** DBC

**Age** 55+      **Res** \$15      **NR** \$20  
**AC** 1602-1      3/19      Th      6-9 pm

### MOTOWN MADNESS

Get ready to shake, shimmy and dance the night away, or just enjoy all the great Motown classics and regular favorites with our favorite DJ. Dinner, dancing and prizes – what more can you ask for! Ticket sales stop April 3.

**Location** DBC

**Age** 55+      **Res** \$15      **NR** \$20  
**AC** 1603-1      4/9      Th      6-9 pm

## ACTIVITIES

### BINGO! BINGO! BINGO!

Every Monday and Friday, adults and seniors are invited to an afternoon of fun and socialization over a few games of bingo. Only \$2 for 10 games. Arrive early to purchase your cards and secure your seat!

**Location** DBC

**Age** 18+

M Card Sales 11:30 am-12 pm  
 Games 12:15-2:45 pm  
 F Card Sales 9:30-11 am  
 Games 11:15 am-1:45 pm

### PICKLEBALL DROP-IN PROGRAM

If you play tennis but would prefer a less strenuous alternative, give Pickleball a try. This tennis-like sport is played with a whiffle ball and paddle on a smaller court with a modified net. Drop in program will be held every Wednesday. Equipment provided; limited paddles available feel free to bring your own.

**Location** Maple Hill Park, Tennis Courts

**Ages** 18+      W      9 am-12 pm

### SENIOR COED SOFTBALL

The Diamond Bar Softball Team is actively recruiting new players age 50 or older. For more information or to join the team visit <http://intercitysoftball.org>

## PHOTO CLUB

Meet fellow photographers to share and learn by exchanging photo tips and joining group photo excursions. Meeting takes place the third Wednesday of each month.

**Location** DBC, Sycamore Room

**Ages** 55+

1/15, 2/19, 3/18, 4/8\*      W      6-8 pm  
 Different date due to scheduled facility closure for maintenance.

## SENIOR CLASSES

### MT. SAN ANTONIO COLLEGE CLASSES

These classes are held at the Diamond Bar Center (1600 Grand Avenue) or Heritage Park Community Center (2900 S. Brea Canyon Road). Please note that Mt. Sac conducts its own class registration. To inquire about details of a class, call Mt. Sac's Older Adult Program at (909) 594-5611 ext. 4192. **Registration cannot be processed at Heritage Park**

**Community Center or the Diamond Bar Center.** If you miss the pre-registration date, it is recommended you attend the first class and speak to the instructor.

#### Spring Pre-registration Dates

Registration cards will be handed out on the dates listed below, and 30 completed registration cards will be randomly drawn for each class. Individuals may only register themselves and must be present during the registration process.

#### HEALTHY AGING

Wednesday, February 5 at 9 am

#### HEALTHY AGING PRINCIPLES OF SLOW MOVEMENT

Thursday, February 6 at 10 am

### MOBILE INFORMATION TECHNOLOGY FOR BEGINNERS

Introduction to mobile information technology skills, concepts, and principles to safely and effectively use mobile platform devices and the internet.

**Instructor** TBD

**Location** DBC, Sycamore Room

1/13-2/14      M      1-4 pm  
 2/24-2/10

### ENGLISH AS A SECOND LANGUAGE

Learn beginning level English skills. Focus is on practicing speaking, learning new vocabulary, improving pronunciation, and basic reading and writing

**Instructor** TBD

**Location** DBC, Sycamore Room

1/17-2/14      F      8:30-11:30 am  
 2/24-6/8

### DRAWING - BEGINNING THROUGH ADVANCED

Perceptual and technical skills of drawing. Includes dry and fluid media for the older adult population. Focus on single objects, still life, and landscape

**Instructor** Ray Tucker

**Location** Heritage Park Community Center

1/13-2/10      M      1-4 pm  
 2/24-6/8

**Location** DBC, Sycamore Room

1/14-2/18      Tu      12:30-3:30 pm  
 2/25-6/9

**WATERCOLOR PAINTING**

Principles of watercolor painting for the older adult. Emphasis on creative expression to develop primary skills for watercolor as they relate to composition and technique.

**Instructor** Yasmin Cardona

**Location** DBC, Pine Room  
1/16-2/20 Th 1-4 pm  
2/27-6/11

**Location** Pantera Activity Room  
1/17-2/21 F 1-4 pm  
2/28-6/12

**HOME GARDENING**

Organic gardening, plants, fruit orchards, and traditional gardening. Including design, propagation methods, pruning and pest control.

**Instructor** Steven Williams

**Location** DBC, Sycamore Room  
1/15-2/19 W 10 am-12 pm  
2/26-6/10

**SEWING AND DESIGN**

Basic sewing techniques including basic tailoring, pattern reading, cutting and style design to construct professional looking garments.

**Instructor** S. Stringfellow

**Location** DBC, Sycamore Room  
1/23-2/20 Th 9 am-12 pm (quilting)  
2/27-6/11 12:30-3:30 pm

**HAND CRAFTED NEEDLEWORK**

Needlework techniques including knitting, crocheting, embroidery, needlepoint for plastic, canvas and emerging technology to construct finished products for sale.

**Instructor** Pam Henry

**Location** DBC, Maple Room  
1/23-2/20 Th 9 am-12 pm  
2/27-6/11

**HEALTHY AGING/ POSTURE AND FLEXIBILITY**

Healthy aging, including diet, nutrition, disease prevention, and application of Yoga principles to maintain health while aging.

**Instructor** Adam Bresciani

**Location** Heritage Park  
1/7-2/20 T & Th 7:30-8:30 am  
2/25-6/11 (No Class 3/31)

**Instructor** TBA

**Location** DBC, Pine Room  
1/23-2/20 Th 4:30-6 pm  
2/27-6/11

**HEALTHY AGING/ SLOW MOVEMENT**

Healthy aging, including diet, nutrition, disease prevention, and application of Tai Chi principles to maintain health while aging.

**Instructor** John Rafter

**Location** DBC, Pine Room  
1/23-2/20 Th 9-11 am  
2/27-6/11

**HEALTHY AGING/FITNESS**

Healthy aging including diet, nutrition, disease prevention, and application of physical fitness principals to maintain health while aging.

**Instructor** Alexi Cena

**Location** DBC, Oak Room  
**Age** 55+  
1/13-2/14 M/W/F 8-9 am  
2/24-6/12 9-10 am  
**No Class** 1/20, 5/25 10-11 am

**Instructor** Adam Bresciani

**Location** Heritage Park  
1/6-2/19 M/W 7:30-8:30 am  
2/24-6/10 (No Class 1/20, 5/25)

**Instructor** Vanessa Jones

**Location** Heritage Park Community Center  
1/10-2/14 F 7:30-8:30 am  
2/28-6/12

*Senior Clubs*

**EVERGREEN SENIOR CLUB** meets five days a week 9 a.m. until 5 p.m. at the Diamond Bar Center. Activities include; karaoke, mahjong, gardening and more. For more information visit [www.diamondbarevergreen.com](http://www.diamondbarevergreen.com)

**DIAMOND AGE SENIORS** meet on Wednesday from 10 a.m. until 9 p.m., and on Thursday from 10 a.m. until 5 p.m. at the Heritage Park Community Center. Activities include; ballroom dance, line dance, crochet and more. For more information, stop by during meeting hours.

**DIAMOND BAR SENIOR CITIZENS CLUB** meets at the Diamond Bar Center on Mondays at 10:30 a.m. Activities include; bingo, luncheons, day and extended trips. For more information, stop by their meeting at 9:30 a.m. on Mondays.

**SUNSHINE SENIORS** meet every Friday, Saturday and Sunday from 7:30 a.m. to 11 a.m. at the Diamond Bar Center. Activities include; yoga, Zumba and private evening events. For more information visit <http://dbsunshineseniors.com/>

**SUPER DIAMOND AGE** meet at the Heritage Park Community Center on Tuesday from 9:30 a.m. until 9 p.m., and Fridays from 9:30 a.m. until 5 p.m. Activities include; folk dancing, tai-chi, karaoke and more. For more information, stop by during meeting hours.

# Signing up for your favorite recreation activities is now easier and more convenient!

Please be advised that beginning August 1 a 2.5% convenience fee will apply for all credit/debit payments for City of Diamond Bar Parks & Recreation purchases, activity registrations, and facility rentals. The fee will be collected by a third party vendor named Card Connect. Payments may also be made in person at the Diamond Bar Center in cash, check, cashier's check, or money order without the convenience fee. Also, phone registration will no longer be accepted. For more information please call the Parks & Recreation Department at (909) 839-7070.

The City has launched a new registration system - visit [www.diamondbarca.gov/recregistration](http://www.diamondbarca.gov/recregistration) to set up a new account. Search by category or keyword, and complete your registration online.

## Three Easy Ways to Register:

### 1 Online

[www.DiamondBarCA.gov/recregistration](http://www.DiamondBarCA.gov/recregistration)

### 2 Mail

**Must pay with personal check, cashiers check or money order.**

Visit [www.diamondbarca.gov/recregistration](http://www.diamondbarca.gov/recregistration) to download the registration form and mail to:

City of Diamond Bar  
Attn: Parks and Recreation  
21810 Copley Drive  
Diamond Bar, CA 91765

### 3 In Person

Diamond Bar Center  
1600 Grand Avenue  
(in Summitridge Park)

## Diamond Bar Center Recreation Office Hours

**Monday - Thursday 7:30 am - 5:30 pm • Friday 7:30 am - 4:30 pm**

- Offices may be open later on weekdays and on weekends as scheduled classes and rentals permits.
- A signed waiver is due at the time of registration.
- All class registration forms will be processed by Parks & Recreation staff, no exceptions.
- All class registration will be on a "first-come, first-served" basis. Waiting lists will be established in the event that additional staff and facilities become available.
- All classes are subject to change or cancellation.
- All refunds must be requested before the second scheduled class meeting. Requests for refunds for one or two-week workshops must be made prior to the first class meeting.
- There will be a \$15 fee charged (per class) for the processing of all refund requests. Please refer to the separate policies for Excursion, Day Camp and Tiny Tots cancellations.
- Your information and e-mail address will only be used to send City-related communication, and will not be sold to or shared with other entities.

## DIRECTORY

City Services:	839-7000
City Council	839-7010
Building & Safety	839-7020
City Clerk's Office	839-7010
City Manager's Office	839-7010
Community Development	839-7030
Facility Reservations	839-7065
Finance	839-7050
Human Resources	839-7018
Library	861-4978
Neighborhood Improvement	839-7030
Parks, Facility, Fields Maintenance	839-7060
Planning	839-7030
Post Office	860-2469
Public Information Office	839-7055
Public Works/Engineering	839-7040
Parks and Recreation	839-7070
(Classses/Excursions/Sports/Special Events)	
Senior Services	839-7068
(Senior Excursions/Workshops/Classes)	
Transit Information	839-7045
Voter Registration	562.462.2748
Business Information:	
Business Licenses	839-7030
Chamber of Commerce	869-0701
School Districts:	
Pomona Unified	397-4700
Walnut Valley Unified	595-1261
Utilities:	
So Cal Edison (electric)	800.611.1911
So Cal Gas (gas)	800.427.2200
Charter Spectrum (cable, Internet)	855.757.7328
Frontier (phone, FiOS)	800.921.8101
Walnut Valley Water	595-7554
Waste Disposal:	
Valley Vista (businesses)	800.442.6454
Waste Management (residents)	599-1274
Public Safety:	
Animal Control	623-9777
Fire (LA County)*	629-9671
Police (LA Co. Sheriff)*	595-2264
Vector Control	562.944.9656
24-Hour Hotlines:	
Building Inspection	839-7027
Employment Opportunities	348-8300
Field/Weather	348-8310
Graffiti Removal	800.794.7384

\*For emergencies, call 9-1-1



## FACILITIES

- 1 Diamond Bar Center (DBC)**  
1600 Grand Avenue (in Summitridge Park)
- 2 Diamond Bar City Hall**  
21810 Copley Drive
- 3 Heritage Park & Community Center (3.4 acres)**  
2900 S. Brea Canyon Road
- 4 Larkstone Park**  
20668 Larkstone Drive  
(across from South Pointe Middle School)
- 5 Maple Hill Park**  
1309 S. Maple Hill Road
- 6 Pantera Park, Activity Room & Dog Park (15.5 acres)**  
738 Pantera Drive
- 7 Paul C. Grow Park (5 acres)**  
23281 E. Forest Canyon Drive
- 8 Peterson Park / Skate Park**  
24142 E. Sylvan Glen Road
- 9 Ronald Reagan Park (6 acres)**  
2201 S. Peaceful Hills Road
- 10 Sycamore Canyon Park (4 acres)**  
22930 Golden Springs Drive

## TRAIL HEADS

- A Peterson Park Trail**  
24142 E. Sylvan Glen Road
- B Pantera Park Trail**  
738 Pantera Drive
- C Sycamore Canyon Park Trail**  
22930 Golden Springs Drive
- D Summitridge Park Trails**  
1600 Grand Avenue
- E Steep Canyon Trail**  
Cul-de-sac on Clear Creek Canyon at Steep Canyon Road





Published by the City of Diamond Bar, DBCONNECTION contains information on City issues, policies, events, and programs. It is published and mailed monthly to all residences and businesses in Diamond Bar. Every effort is made to ensure that the information printed in this publication is correct. If you find typographical errors or become aware of any inaccuracies, please let us know by calling (909) 839-7056.



City of Diamond Bar  
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# Healthy Diamond Bar



## Volleyball

**Monday, January 13**  
**South Pointe Middle School Gymnasium**

Youth Play: 6-7 p.m.

Adult Play: 7-8 p.m.

Don't miss this fun night of indoor Volleyball! Instruction for basic techniques, fundamentals will be given. You can also just enjoy the courts and play.

## Trail Hike Day

**Saturday, February 8 – 9-11 a.m.**

**Sycamore Canyon Park, 22930 Golden Springs Drive**

Bring out your family and lace up your hiking shoes to join us on a group hike along the ity's most scenic trail with breathtaking views. All ages and abilities are welcome. A drinking water station and snacks will be provided.

## “Yappy Hour” at the Dog Park

**Thursday, March 12 – 4-7 p.m.**

**Pantera Park Dog Park, 738 Pantera Drive**

Looking for fun activities you and your dog can enjoy? Come play fetch, move through agility equipment and meet other pooches at the dog park where we will play some games and activities with you and your dog.

## Rec Open House

**Saturday, April 11 – 8:30 – 10:30 a.m.**

**Diamond Bar Center, 1600 Grand Avenue**

Experience what Rec has to offer in your community at this exciting, jam-packed, open house showcasing all we have to offer. We will have games and activities for all ages to give the community a taste of the programs going on in the city. Also, there will be information on upcoming programs that you can register for.

## Tai Chi & Yoga in the Park

**Saturday, May 9 – 9-11 a.m.**

**Larkstone Park, 20668 Larkstone Drive**

Get your Zen on with some Tai Chi and Yoga in the park. Experienced instructors will instruct and give some tips and techniques to take home with you. Whether you are a beginner or experienced come on by and get fit.

## Picnic and Paint in the Park

**Wednesday, June 3 – 6-8 p.m.**

**Pantera Park, 738 Pantera Drive**

You bring the picnic we bring the paint! Experienced instructors will guide you as you create your own masterpiece. Relax and get creative – no experience needed. All ages welcome.

