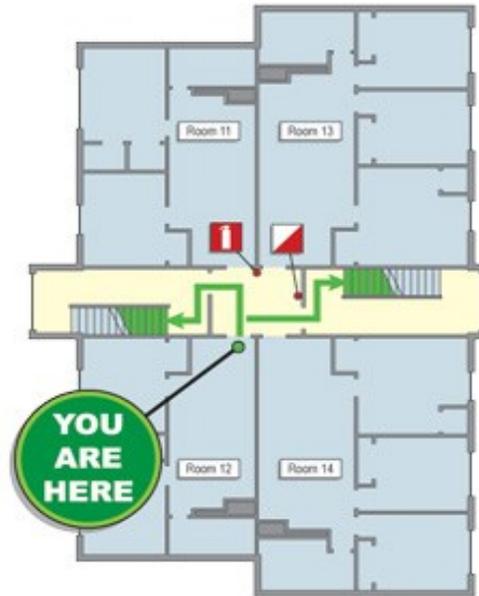


School Earthquake Safety Tips

With fall upon us and children back at school, right now is a great time to think about earthquake safety and preparedness. Schools are one of the safest places to be, and with a few easy tips you can help keep your family be emergency prepared.

Throughout the year, schools actively prepare for natural disasters including earthquakes. Both parents and students need to be aware and learn what to do during an emergency. Practicing drop, cover, and hold on drills are essential to remain safe in the classroom. Learning the safe evacuation routes, assembly areas, and school emergency procedures will also give you peace of mind. Check with your school if you can prepare an emergency kit to leave in your child's classroom.

EVACUATION PLAN



Talking to your child's teacher or school administrator about their planning efforts and sign-out procedures is important. Also make sure your child's emergency contact form is up-to-date and includes the current authorized adults able to pick up your child. If you have any questions, visit <https://www.fema.gov/earthquake-safety-school> for additional information.

Drop, Cover and Hold On

The "Drop, Cover and Hold On" method will give you the best chance of making it through an earthquake unharmed. During an earthquake follow these easy steps:



1. **DROP** to the ground.
2. Take **COVER** by getting under a sturdy desk or table.
3. **HOLD ON** it until the shaking stops.

For a quick step-by-step tutorial visit <http://www.dropcoverholdon.org> or watch the [Los Angeles County Fire Department video](#) on YouTube. You may also visit the City website at <http://www.diamondbarca.gov/> or call 909.839.7013.